

Tift Regional Medical Center's
9th Annual Men's Event

KICKOFF to Men's Health

featuring radio's "Triangle Furniture
Football Friday Night" Host Chris Beckham

Join us as area high school football coaches preview their
upcoming seasons:

including:

Tift County High School- Ashley Anders
Tiftarea Academy – Tully Payne
Fitzgerald High School- Jason Strickland
Irwin County High School- Buddy Nobles
Turner County High School- Ben Simmons
Cook High School- Bobby Jones
Lee County High School- Dean Fabrizio

The day will also offer free health screenings,
health tips, great giveaways and fantastic food.

SATURDAY, JULY 25
8 -11:30 A.M.

AGENDA:

8:00 - 10:00 AM Free Health Screenings
9:00 AM Dr. Ryan Byrnes, Tift Regional Pain Management
"Lower Back Pain Prevention and Techniques"
10:00 a.m. - 11:30 AM - Coaches' Season Preview and Door Prizes

TIFT REGIONAL COMMUNITY EVENTS CENTER
1657 CARPENTER ROAD SOUTH, TIFTON

No registration is required. For more information,
call (229) 353-6316 or visit the Calendar of Events at
www.tiftregional.com.

 **TIFT REGIONAL**
MEDICAL CENTER
Community Spirit

The TRIANGLE FURNITURE
FOOTBALL FRIDAY NIGHT
Radio Show