

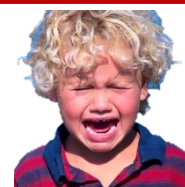


Workshops & Resources  
for Parents & Caregivers of Young Children  
By Bloom Training & Consulting

**FREE Parent Workshop!**

# ***Body Image, Health, and Fitness***

## **Parents!**



**It's not just about obesity... Children's overall development and long-term success are strongly affected when their nutrition, health and fitness are neglected or compromised.  
What you can (and must) do about it to change your child's life!**

**DATE:** Tuesday, April 16<sup>th</sup>, 2013

**TIME:** 5:00pm – 6:00pm

**PLACE:** Bright Horizons – Bothell Campus

*19801 North Creek Parkway, Bothell, WA, 98011*

[Both@brighthorizons.com/bothell](mailto:Both@brighthorizons.com/bothell)

**Contact:** Please RSVP: 425.415.1066 or [both@brighthorizons.com](mailto:both@brighthorizons.com)

**Presented by:**

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**Early Childhood Education Specialist**



[www.bloomlearning.com](http://www.bloomlearning.com)