

Victori Productions, LLC

Presents:

Japa Meditation Classes



Japa Meditation is very simple, and offers uplifting benefits for yourself, mankind and the earth!

Join us and learn how to use *mala beads* for Japa Meditation, as well as experience Pranayama (Correct Breathing) which complements this practice.

Mala beads will be available for purchase or you may bring your own.

Sunday May 15 4:15 pm

Where: The School of Royal Yoga ~ Annex
57 Main Street Chester, NJ

Fee: By Donation

Registration: 908-617-0411 or Office@VictoriProductions.com