



WWW.PLAYHERSPORTS.COM

Teaching girls through sports...

"I CAN and I WILL!"

contact us at: info@playhersports.com

**Winter Indoor 7 v 7 HS Lacrosse League – ON TURF at Michael & Sons Sportsplex
Sundays: 1/3, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21 Games 2pm – 5pm**

The indoor league is where competitive athletes come to get prepared for the spring season! Each team is guaranteed 8 games. All players register individually. Unless other arrangements have been made with PlayHer Sports. Please enter your team name in the coach/team request field on the application. **All players MUST have prior playing experience.** Open to all high school and advanced middle school level players **FEE:** \$225 (late fee starts 12/1/15)

**Winter Indoor 7 v 7 MS Lacrosse League – ON TURF at Discovery Sports Center
Sundays 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28 Games 7am – 12pm**

The indoor league is where competitive athletes come to get prepared for the spring season! Each team is guaranteed 8 games. All players register individually. Unless other arrangements have been made with PlayHer Sports. Please enter your team name in the coach/team request field on the application. **All players MUST have prior playing experience.** Open to middle school level players **FEE:** \$225 (late fee starts 12/1/15)

**Winter Indoor 5 v 5 Box Lacrosse League– ON SNAP COURTS at Champions Club House
Sundays 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28**

This indoor league is where elite athletes come to get prepared for the spring season. The 5 v 5 format will ensure fast paced games with an emphasis on stick skills. Each team is guaranteed 8 games. Teams register together and pay together. (10 player minimum) **All players MUST have Varsity/Travel team prior playing experience.** Open to all high school and travel middle school teams. **FEE:** \$1500 a team (10 player minimum) Games 10:30am – 4:30pm

**Winter Indoor Girls Lacrosse Clinic I ON TURF at Michael & Sons Sportsplex
1/7, 1/14, 1/21, 1/28, 2/4, 2/11 5pm or 6pm**

1 hour of instruction. **Open to ages 8 – 11 @ 5pm 12 - 15 @ 6pm** will be grouped according to age/skill level. This session enables players to get detailed attention to basic skill development while learning rules, positions and general "how to's" in the sport of lacrosse. An energetic and knowledgeable staff comprised of former and current collegiate players/ high school coaches will be on hand to instruct and teach the various elements of lacrosse. Stick skills, offensive and defensive positioning and game knowledge will all be enhanced by the end of the program.

FEE: \$195 (late fee starts 12/15/15)

**Winter Indoor Girls Lacrosse Clinic II ON TURF at Michael & Sons Sportsplex
2/18, 2/25, 3/3 5pm - 7pm**

2 hours of instruction. **Open to ages 12 – 17** Get ready for tryouts intense clinic. Two hours each week working on conditioning, stick skills, defensive and attack specific skills. Goalie coaches will also be present.

FEE: \$195 (late fee starts 1/15/16)

Visit www.playhersports.com to register online

Disclaimer "These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent, or this school.