



Summer 2016

Simply Social Kids @ One Industrial Way, Tyngsboro

Social Groups: Simply Social Kids offers social skills groups in an accepting, welcoming, environment where kids make social connections and form lasting friendships.

20% off tuition if fully registered by May 1st

10% off tuition if fully registered by May 28th

Fully registered includes paperwork and full payment by received by Simply Social Kids sale date. Special applies to tuition only and not registration fee.

Create bucket lists * Minute to win it games * Discussion gift * Cooperative building * Create anti-anxiety kit * Create sensory kit * Play Coping games * Craft projects * Kindness activities * Recess Rehearsal

Coping and Personal Power Clubs also available this summer

Please check each box to indicate that you understand and comply with the participation requirements for

(Child's Name)_____:

- ☐ **My child does not require one-on-one adult attention for safety or participation in a group of 8-10 participants**
- ☐ **My child does not have a current history of physical aggression toward others or having to be restrained for aggressive or bolting behaviors**
- ☐ **My child is fluent in their use of language and refrains from using profanity**
- ☐ **My child is interested in socializing with others**
- ☐ **My child is able to independently take care of restroom needs**
- ☐ **My child does not have any history of mental health issues or psychosis as we are not mental health providers**
- ☐ **I understand that if the program is not a good fit for my child due to the any of the reasons above, a refund will not be given**
- ☐ **I understand no refunds are given for missed groups**

Signature_____Date_____

Participation requirements are for the safety of the children. Simply Social Kids staff are not trained to address issues of physical aggression toward others. We are not mental health professionals as we are social skills coaches. Contact us if you're uncertain about the participation requirements to discuss your situation.

Summer program payment is due in full to reserve the slot for you child. All new families pay a one-time \$60 registration fee.

To complete registration, contact Nadine Briggs for an intake phone call so we may determine if the Simply Social Kids program meets your child's needs.

Mail completed registration form and complete payment:

Nadine Briggs, Director, Simply Social Kids

One Industrial Way, Unit 4, Tyngsboro, MA 01879

978-764-2758 - nbriggs@simplysocialkids.com

Registration Information



Photo Use Authorization

Yes, I **grant** permission for Simply Social Kids to photograph _____ to be published on social media (ex. Facebook) and other marketing vehicles such as brochures, postcards and web sites.

No, I **DO NOT** grant permission for Simply Social Kids to photograph _____ to be published on social media (ex. Facebook) and other marketing vehicles such as brochures, postcards and web sites.

Photo authorization is completely optional

Parent/Guardian Signature _____ Date _____

Pick Up Permission

The following people have permission to pick up my child from group (include spouse):

Name _____

Name _____

Name _____

Parent Signature _____ Date _____

Photo IDs will be required

Social Skills Goals

Please describe the social issues that you would like us to address with your child:



1 Industrial Way, Unit 4, Tyngsboro, MA 01879
Nadine Briggs, Director – 978-764-2758
nbriggs@simplysocialkids.com
Christie Cleaver, Office Manager – 978-888-7874
ccleaver@simplysocialkids.com

Payment Authorization Form

Child's Name: _____

Payment made:

- ☐ In person via cash/check/credit card
- ☐ Via PayPal (nbriggs@simplysocialkids.com)
- ☐ Please deduct amount due automatically from the credit card listed below

Payment Information:

Summer Social Groups - \$390

Summer Specialty Groups - \$375

Registration Fee (new families only) - \$60

Please supply your credit card information:

Name on Card _____

Billing Address _____

Card Number _____

Expiration Date _____ (MMYY)

E-Mail address for receipt _____

SIGNATURE _____

DATE _____

Name _____

Group _____



Summer Program Descriptions 2016

One Industrial Way, Unit 4, Tyngsboro, MA 01879

Monday	Tuesday	Wednesday	Thursday
Social Group June 27 – August 22 (no group July 4) Coach: Nadine Briggs Ages 5-7: 3:00 - 4:30 Ages 8-11: 4:45 - 6:15 Ages 12-17: 6:30 - 8:00 8 Weeks \$390	Social Group June 28 – Aug 16 (not 23) Coach: Nadine Briggs Ages 5-9: 3:00 – 4:30 Ages: Girls Tween/teen: 4:45 - 6:15 Ages 12-17: 6:30 – 8:00 8 Weeks \$390	Social Group June 29 - August 17 (not 24) Coach: Jesse Lowe Ages 5-7: 3:00 – 4:30 Ages 8-11: 4:45 - 6:15 Ages 12-17: 6:30 – 8:00 8 Weeks \$390	Specialty Clubs Coach: Norah Lasorsa Tweens 3:30 – 5:30 Teens 6:00 – 8:00 Coping Club: 5 Weeks June 23 – July 21 \$375 Personal Power Club: 5 Weeks July 28 – August 25 \$375

New families also pay a \$60 non-refundable registration fee
 Vacation plans? No worries – call us to discuss partial sessions
 Social coaches are subject to change

Do you have questions about any of these programs? Let's chat!
 Nadine Briggs, Simply Social Kids @978-764-2758 - nbriggs@simplysocialkids.com

Join us this summer where kids will hang out with peers, play games all while learning:

Friendship Skills * Empathy & Respect * Communication/Conversation * Emotion Management * Conflict Resolution * Transitioning * Sportsmanship * Impulse Control * Flexibility * Body Language * Executive Function * Perspective Taking * Bullying Prevention * Kindness and more

Summer Fun Includes:

Teens:	Under 12:
Create bucket lists Be a Talk Show Host Minute to win it games Discussion gift Cooperative building Create anti-anxiety kit Create sensory kit Make Coping game Craft projects Gratitude Jars Dream Boards	Create bucket lists Minute to win it games Discussion gift Cooperative building Create anti-anxiety kit Create sensory kit Play Coping games Craft projects Kindness activities Friendship Dice Recess Rehearsal



SIMPLY SOCIAL KIDS' FREQUENTLY ASKED QUESTIONS

Which children benefit most from your programs?

Simply Social Kids offers social skills coaching for children with mild to moderate social challenges. Our programs are language-based, so children must have good receptive and expressive language skills and be able to participate. Our programs offer both guided learning experiences as well as unstructured time to replicate the times of day that are hardest for kids, recess, lunch etc.

What curriculum do you use?

We don't use any one curriculum but draw from several different approaches that teach:

Empathy/Respect	Problem solving	Learned optimism
Impulse control	Conflict resolution	Transitioning
Flexible thinking	Sportsmanship	Communication/conversation
Body language	Perspective Taking	Emotion/anxiety management
Personal space	Mindfulness	

We use strategies and techniques that are action-based so kids gain the skills needed to react quickly in social situations. Examples include Collaborative Problem Solving, positive psychology, Coping Cat, The Incredible 5 Point Scale, among others. Director, Nadine Briggs, has dual graduate level certifications in coaching children and teens and coaching children and teens with ADHD. The program is outlined in detail in the *How to Make & Keep Friends: Tips for Kids to Overcome 60 Common Social Challenges* and *How to Make & Keep Friends: Helping Your Child Achieve Social Success* books.

What do I tell my child he or she is going to be doing?

We recommend that you simply tell your child that they will be trying out a new after school activity and let us do the rest! Attending our open house and orientation will allow your child to visit and become comfortable in our space prior to participating in our programs. For teens, we suggest telling them that they are there to interact with other teens and learn relationship skills needed to be a successful adult.

How do I know how my child is doing?

Facilitators debrief parents in the last 10 minutes of group. If you have specific questions about your child's progress, please feel free to e-mail or call. We also encourage you to send us specific information on anything your child might be struggling with socially so that we can help support him or her.

How long before I see improvement in my child's ability to socialize?

Every child is different in terms of how long it will take before improvements are apparent. Some kids may need a little social tune-up and others may be in need of support for the long term. Generally, when children meet the guidelines for success, they improve and graduate from the program. It's difficult to predict how quickly a child will learn and generalize so we are unable to provide a definitive answer for any individual child.

Do all the children have a diagnosis? Will my child learn behaviors from other children?

Our goal is to provide the most natural peer setting possible for kids to learn and practice social skills. Our program is similar to other after school activities, but offers an extra layer of social support. Many of our friends do not have a documented diagnosis, and are with us for guidance around friendship skills. However, we welcome children who have been identified as having profiles including ADHD, Asperger's, or Social Anxiety. If a child requires more intensive support around behavior, we are happy to assist a family in locating the right resources for their child.



Are there children who do not benefit from your programs?

Just like any program, we're not for everyone. We are social educators, not counselors, and cannot provide mental health services. We recommend a traditional therapeutic setting with licensed counselors for kids who struggle with significant aggression, bolting behaviors, oppositional defiant disorder or other related disorders that might cause a safety risk for your child. Our participation requirements are:

- Not require one-on-one adult attention for safety or participation in a group of 8-10 participants
- Not have a current history of physical aggression toward others or having to be restrained for aggressive or bolting behaviors
- Be fluent in their use of language and refrain from using profanity
- Be interested in socializing with others
- Be able to independently take care of restroom needs
- Not have any history of mental health issues or psychosis as we are not mental health providers

Participation requirements are for the safety of the children. Simply Social Kids staff are not trained to address issues of physical aggression toward others. We are not mental health professionals as we are social skills coaches. Contact us if you're uncertain about the participation requirements to discuss your situation.

My child pushed someone on the playground - is that what you mean by aggression?

No. We completely understand that sometimes a child will have an isolated incident and mildly and briefly lash out in frustration. If you have any questions about this particular issue, please feel free to contact us to discuss your child's specific needs.

How do I get my child enrolled in your programs?

New friends are accepted into our programs each month if space is available. You're welcome to attend an open house or contact us for an appointment. Registration requires a conversation with the program facilitator to insure that you have the information needed to make a fully informed decision and for all of us to make sure it's a good fit for your child. We are careful to accept children that we are qualified to instruct.

What is your professional background?

Nadine Briggs, Director of Simply Social Kids, is an accomplished social educator. Nadine has expertise and certifications in bullying and cyberbullying prevention, dual graduate level certifications in Coaching Children and Teens and Coaching Children and Teens with ADHD, she is a certified Sibshop facilitator and has been trained by the Child Anxiety Network at Boston University. She uses collaborative problem solving to teach children conflict resolution and is able to communicate social coaching in a simplified manner to children of all abilities. All her programs have elements to teach learned optimism, resilience and improve self-esteem. Her life has been dedicated to teaching social awareness since 1996 when her daughter was born with Down syndrome. Parenting a child with challenges provided a fertile learning environment with which to teach children how to manage complex social situations. Nadine co-authored two books, both available now on Amazon.com, *How to Make & Keep Friends: Tips for Kids to Overcome 60 Common Social Challenges* and *How to Make & Keep Friends: Helping Your Child Achieve Social Success*.

Are your services covered by insurance?

No, we cannot bill insurance companies for services as we are coaches and not therapists. We operate very much like friendship tutors. However, some families have been successful in having our services reimbursed through employer Flexible Spending Accounts and others have been able to receive grants through other organizations. We strive to keep our tuition costs in the range of an average insurance co-payment or tutoring fee.

How does tuition work?

Tuition for our summer social educational programs is paid in full at the time of registration. New families also pay a one-time \$60 registration fee. We accept cash, checks, and credit and debit cards. In the case of a missed class we cannot offer a refund but we can offer make-up opportunities at other programs during the same month. Special programs are priced as indicated.