

**Social Groups:** Simply Social Kids offers social skills groups in an accepting, welcoming, environment where kids make social connections and form lasting friendships. Simply Social Kids programs are successful in teaching participants age 5-adult skills that are easily generalized into other environments. The social skills programs infuse a combination of Social Thinking lessons, Collaborative Problem Solving (CPS), and in-the-moment social coaching delivered in an unstructured, recess-like environment. Children are taught strategies to develop optimism and resilience while managing anxiety. Young adults are taught how to manage their independence.

**Drop Off & Pick Up:** Parents are asked to stay in the parent waiting area for the first session as we become acquainted with your child. Parents may drop off for subsequent sessions but should stay within 15 minutes of the center. To hear a summary of the group, plan to pick up 10 minutes early to hear the facilitator overview. If you need a more in-depth conversation, a future appointment may be needed since our groups often run subsequently.

**Attendance, Closings, Missed Sessions:** Our groups run monthly through the school year and we have a different schedule for the summer. Simply Social Kids usually closes if Tyngsboro closes due to weather. We will verify through e-mail and on Facebook. We may also close if a social coach is unable to facilitate due to illness or emergency. If your child misses group due to their illness or other commitment, **we are unable to provide a refund for a missed group.** Every effort will be made to provide a substitute class. Two or more unexplained absences indicate a vacant spot. Please text, call or leave an e-mail message if your child will be absent. Text or call 978-764-2758.

**Group Formation:** Groups are formed based on age and friendship potential. As we get to know your child, we may ask you to switch the day/time if we feel the friendship possibility may have a higher potential in another group. All groups need a minimum of 4 participants.

## Simply Social Kids Schedule for School Year 2015-2016

Cost is per 4 week month unless otherwise noted

Day	Groups	Coach	Cost	Program/Dates
Monday	5:30 – 6:30 Ages 12+ Girls	Norah	\$150	Weekly Social Group Sept. 14, 2015 – June 13, 2016
	6:45 – 7:45 Ages 12+ Boys	Norah	\$150	
Tuesday	4:15 – 5:15 Ages 8-11 Girls	Nadine	\$150	Weekly Social Group September 8, 2015 – June 7, 2016
	5:30 – 6:30 Ages 10-12 Girls	Nadine	\$150	
	6:45 – 7:45 Ages 12-17 Mixed	Nadine	\$150	
Wednesday	4:15 – 5:15 Ages 5-7 Mixed	Nadine	\$150	Weekly Social Group September 9, 2015 – June 8, 2016
	5:30 – 6:30 Ages 8-11 Mixed	Nadine	\$150	
	6:45 – 7:45 Ages 11-13 Mixed	Nadine	\$150	
Thursday	4:15 – 5:15 Ages 5-7 Mixed	Nadine	\$150	Weekly Social Group September 10, 2015 – June 9, 2016
	5:30 – 6:30 Ages 8-11 Mixed	Nadine	\$150	
Saturday	10:00 – 11:00 Ages 5-7 Mixed	Norah	\$150	Weekly Social Group Sept. 12, 2015 – June 11, 2016
	11:15 – 12:15 Ages 8-11 Mixed	Norah	\$150	
	12:30 – 1:30 Ages 8-11 Mixed	Norah	\$150	10/3, 10/10, 10/17, 10/24, 11/7, 11/14 1/9, 1/16, 1/23, 1/30, 2/6, 2/13
	2:30 – 4:30 Coping Club Ages 10+	Norah	\$380	
	2:30 – 4:30 Personal Power 10+	Norah	\$380	

October 12: Closed Columbus Day

November 25-28: Closed Thanksgiving

December 24-January 1: Closed Holiday Break

February 15-19: Closed Winter Break

April 18-22: Closed Spring Break

May 28-30: Closed Memorial Day

June 11: Last Day of Group

Registration process includes a phone interview with Director, Nadine Briggs:

978-764-2758

[nbriggs@simplysocialkids.com](mailto:nbriggs@simplysocialkids.com)

Mail completed registration form and \$210 for registration fee and first month:

Nadine Briggs, Director

Simply Social Skills, LLC

One Industrial Way, Unit 4, Tyngsboro, MA 01879

## Payment Information



Tuition is \$150 per four week month. As not all months will have 4 groups, the chart below lists the tuition due each month by day.

	September	October	November	December	January	February	March	April	May/June
<b>Monday</b>	\$112.50	\$112.50	\$187.50	\$112.50	\$150	\$150	\$150	\$112.50	\$225
<b>Tuesday</b>	\$150	\$150	\$150	\$150	\$150	\$112.50	\$187.50	\$112.50	\$225
<b>Wednesday</b>	\$150	\$150	\$112.50	\$150	\$150	\$112.50	\$187.50	\$112.50	\$225
<b>Thursday</b>	\$150	\$187.50	\$112.50	\$112.50	\$150	\$112.50	\$187.50	\$112.50	\$225
<b>Saturday</b>	\$112.50	\$187.50	\$112.50	\$112.50	\$187.50	\$150	\$150	\$187.50	\$187.50

**Payment Policy:** \$60 Registration fee required to confirm registration for all new participants. First monthly payment is due on or before the first day of your child's group. All future monthly payments are due on the first session of the month. Group commitment is month-to-month. To discontinue groups, we must be notified by the 20<sup>th</sup> of the month to avoid charges for the following month.

### Monthly payment options:

- In person via cash/check/credit card no later than the first session of each month
- Via PayPal ([nbriggs@simplysocialkids.com](mailto:nbriggs@simplysocialkids.com)) no later than the first session of each month
- **New in 2015** - Automatic deduction from a credit card/bank account on the 8<sup>th</sup> of each month.

**Also new in 2015, all families are required to submit bank account or credit card information to SSK. Regardless of the payment method selected, in the event that payment has not been received by the 15<sup>th</sup> of any month, SSK will automatically deduct the month's tuition from the credit card/bank account provided.**

Simply Social Kids and its staff commit to guarding and securely storing your financial information.

To update your card/account information at any time throughout the year, or with any payment questions or concerns, contact our Office Manager, Christie Cleaver, at [ccleave@simplysocialkids.com](mailto:ccleave@simplysocialkids.com) or 978-888-7874.

**Sibling Discount:** Families with two or more siblings enrolled in groups receive a 10% Sibling Discount. New families only pay one registration fee.

**Coping Club** and **Personal Power Club** payment due in full at time of registration.

# SIMPLY SOCIAL KIDS' FREQUENTLY ASKED QUESTIONS

## Which children benefit most from your programs?

Simply Social Kids offers social skills coaching for children with mild to moderate social challenges. Our programs are language-based, so children must have good receptive and expressive language skills and be able to participate. Our programs offer both guided learning experiences as well as unstructured time to replicate the times of day that are hardest for kids, recess, lunch etc.

## What curriculum do you use?

We don't use any one curriculum but draw from several different approaches that teach:

Empathy/Respect	Learned optimism	Conflict resolution
Impulse control	Transitioning	Sportsmanship
Flexible thinking	Communication/conversation	Perspective Taking
Body language	Emotion/anxiety management	Mindfulness
Personal space	Problem solving	

We use strategies and techniques that are action-based so kids gain the skills needed to react quickly in social situations. Examples include Collaborative Problem Solving, Superflex characters, Coping Cat, The Incredible 5 Point Scale, among others. Director, Nadine Briggs, has dual graduate level certifications in coaching children and teens and coaching children and teens with ADHD. The program is outlined in detail in the *How to Make & Keep Friends: Tips for Kids to Overcome 60 Common Social Challenges* and *How to Make & Keep Friends: Helping Your Child Achieve Social Success* books.

## What do I tell my child he or she is going to be doing?

We recommend that you simply tell your child that they will be trying out a new after school activity and let us do the rest! Attending our open house and orientation will allow your child to visit and become comfortable in our space prior to participating in our programs. For teens, we suggest telling them that they are there to interact with other teens and learn relationship skills needed to be a successful adult.

## How do I know how my child is doing?

Facilitators debrief parents in the last 10 minutes of group. If you have specific questions about your child's progress, please feel free to e-mail or call. We also encourage you to send us specific information on anything your child might be struggling with socially so that we can help support him or her.

## How long before I see improvement in my child's ability to socialize?

Every child is different in terms of how long it will take before improvements are apparent. Some kids may need a little social tune-up and others may be in need of support for the long term. Generally, when children meet the guidelines for success, they improve and graduate from the program. It's difficult to predict how quickly a child will learn and generalize so we are unable to provide a definitive answer for any individual child.

## Do all the children have a diagnosis? Will my child learn behaviors from other children?

Our goal is to provide the most natural peer setting possible for kids to learn and practice social skills. Our program is similar to other after school activities, but offers an extra layer of social support. Many of our friends do not have a documented diagnosis, and are with us for guidance around friendship skills. However, we welcome children who have been identified as having profiles including ADHD, Asperger's, or Social Anxiety. If a child requires more intensive support around behavior, we are happy to assist a family in locating the right resources for their child.



**Are there children who do not benefit from your programs?**

Just like any program, we're not for everyone. We are social educators, not counselors, and cannot provide mental health services. We recommend a traditional therapeutic setting with licensed counselors for kids who struggle with significant aggression, bolting behaviors, oppositional defiant disorder or other related disorders that might cause a safety risk for your child. Our participation requirements are:

- Not require one-on-one adult attention for safety or participation in a group of 8-10 participants
- Not have a current history of physical aggression toward others or having to be restrained for aggressive or bolting behaviors
- Be fluent in their use of language and refrain from using profanity
- Be interested in socializing with others
- Be able to independently take care of restroom needs
- Not have any history of mental health issues or psychosis as we are not mental health providers

*Participation requirements are for the safety of the children. Simply Social Kids staff are not trained to address issues of physical aggression toward others. We are not mental health professionals as we are social skills coaches. Contact us if you're uncertain about the participation requirements to discuss your situation.*

**My child pushed someone on the playground - is that what you mean by aggression?**

No. We completely understand that sometimes a child will have an isolated incident and mildly and briefly lash out in frustration. If you have any questions about this particular issue, please feel free to contact us to discuss your child's specific needs.

**How do I get my child enrolled in your programs?**

New friends are accepted into our programs each month if space is available. You're welcome to attend an open house or contact us for an appointment. Registration requires a conversation with the program facilitator to insure that you have the information needed to make a fully informed decision and for all of us to make sure it's a good fit for your child. We are careful to accept children that we are qualified to instruct.

**What is your professional background?**

**Nadine Briggs, Director of Simply Social Kids**, is an accomplished social educator. Nadine has expertise and certifications in bullying and cyberbullying prevention, dual graduate level certifications in Coaching Children and Teens and Coaching Children and Teens with ADHD, she is a certified Sibshop facilitator and has been trained by the Child Anxiety Network at Boston University. She uses collaborative problem solving to teach children conflict resolution and is able to communicate social coaching in a simplified manner to children of all abilities. All her programs have elements to teach learned optimism, resilience and improve self-esteem. Her life has been dedicated to teaching social awareness since 1996 when her daughter was born with Down syndrome. Parenting a child with challenges provided a fertile learning environment with which to teach children how to manage complex social situations. Nadine co-authored two books, both available now on Amazon.com, *How to Make & Keep Friends: Tips for Kids to Overcome 60 Common Social Challenges* and *How to Make & Keep Friends: Helping Your Child Achieve Social Success*.

**Are your services covered by insurance?**

No, we cannot bill insurance companies for services as we are coaches and not therapists. We operate very much like friendship tutors. However, some families have been successful in having our services reimbursed through employer Flexible Spending Accounts and others have been able to receive grants through other organizations. We strive to keep our tuition costs in the range of an average insurance co-payment or tutoring fee.

**How does tuition work?**

Tuition for our social educational programs is \$150 for a 4-week month and new families also pay a one-time \$60 registration fee. Tuition is due the first session of each month and we take cash, checks, and credit and debit cards. In the case of a missed class we unfortunately cannot offer a refund but we can offer make-up opportunities at other programs during the same month. Please see Payment Information Sheet for all other payment details.



## Registration Information

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Child's DOB: \_\_\_\_\_ M or F

Requested Group Day/Time: \_\_\_\_\_ Expected Start Date \_\_\_\_\_

Address: \_\_\_\_\_ City, ST, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Siblings (name/age) \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Cell: \_\_\_\_\_

Parent E-Mail: \_\_\_\_\_

(At least one parent's e-mail is required)

Parent Name: \_\_\_\_\_

Parent Cell: \_\_\_\_\_

Parent E-Mail: \_\_\_\_\_

Disability Diagnosis: \_\_\_\_\_ (optional) School \_\_\_\_\_

Does your child receive special education services (IEP/504)? Yes\_\_\_\_ No\_\_\_\_

What social skill issues are your primary concerns?

\_\_\_\_\_

\_\_\_\_\_

How did you learn about us? \_\_\_\_\_

Please answer the following questions to ensure the safety of your child (any answers of yes or sometimes must be discussed with program facilitator):

My child has food-related allergies or special diet yes no specify \_\_\_\_\_

My child has medical issues that may affect his/her safety (such as diabetes, seizure disorder, etc.) yes no  
specify \_\_\_\_\_

### Emergency Contacts:

Name: \_\_\_\_\_ Cell: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Cell: \_\_\_\_\_ Relationship: \_\_\_\_\_

## Payment Authorization Form

Child's Name: \_\_\_\_\_

We will make monthly payments:

- ☐ In person via cash/check/credit card no later than the first session of each month
- ☐ Via PayPal ([nbriggs@simplysocialkids.com](mailto:nbriggs@simplysocialkids.com)) no later than the first session of each month
- ☐ Please deduct amount due automatically from the credit card/bank account listed below on the 8<sup>th</sup> of each month.

### Payment Information:

Tuition is \$150 per four week month. As not all months will have 4 groups, the chart below lists the tuition due each month by day.

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<b>Thursday</b>	\$150	\$187.50	\$112.50	\$112.50	\$150	\$112.50	\$187.50	\$112.50	\$225
<b>Saturday</b>	\$112.50	\$187.50	\$112.50	\$112.50	\$187.50	\$150	\$150	\$187.50	\$187.50

**All families are required to submit bank account or credit card information. Please see Payment Information Sheet for all related details.**

Please complete one of the following statements:

**Automatic Payment Option** - I \_\_\_\_\_ authorize Simply Social Kids to charge my credit card or bank account indicated below for the amount indicated in the chart above on the 8<sup>th</sup> of each month for payment of my child's SSK tuition.

**Back-up Payment Information** - I \_\_\_\_\_ authorize Simply Social Kids to charge my credit card or bank account indicated below for the amount indicated in the chart above on the 15<sup>th</sup> of any month in which I haven't already made payment of my child's SSK tuition.

Please supply either bank account or credit card information:

#### Checking/Savings Account

Name on Account \_\_\_\_\_

Billing Address \_\_\_\_\_

Account Number \_\_\_\_\_

Bank Routing Number \_\_\_\_\_

#### Credit Card

Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ (MMYY)

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

I understand that this authorization will remain in effect until I cancel it in writing, and I agree to notify Simply Social Kids in writing of any changes in my account information or termination of this authorization at least 15 days prior to the next billing date. If the above noted payment dates fall on a weekend or holiday, I understand that the payments may be executed on the next business day. For ACH debits to my checking/savings account, I understand that because these are electronic transactions, these funds may be withdrawn from my account as soon as the above noted periodic transaction dates. In the case of an ACH Transaction being rejected for Non Sufficient Funds (NSF) I understand that Simply Social Kids may at its discretion attempt to process the charge again within 30 days, which will be initiated as a separate transaction from the authorized recurring payment. I acknowledge that the origination of ACH transactions to my account must comply with the provisions of U.S. law. I certify that I am an authorized user of this credit card/bank account and will not dispute these scheduled transactions with my bank or credit card company; so long as the transactions correspond to the terms indicated in this authorization form.

# Parent Agreements



## Participation Requirements

Please check each box to indicate that you understand and comply with the participation requirements for  
(Child's Name)\_\_\_\_\_:

- My child does not require one-on-one adult attention for safety or participation in a group of 8-10 participants
- My child does not have a current history of physical aggression toward others or having to be restrained for aggressive or bolting behaviors
- My child is fluent in their use of language and refrains from using profanity
- My child is interested in socializing with others
- My child is able to independently take care of restroom needs
- My child does not have any history of mental health issues or psychosis as we are not mental health providers
- I understand that if the program is not a good fit for my child due to the any of the reasons above, a refund will not be given
- I understand no refunds are given for missed groups

Parent/Guardian Signature\_\_\_\_\_ Date \_\_\_\_\_

*Participation requirements are for the safety of the children. Simply Social Kids staff are not trained to address issues of physical aggression toward others. We are not mental health professionals as we are social skills coaches. Contact us if you're uncertain about the participation requirements to discuss your situation.*

## Photo Use Authorization (optional)

Yes, I **grant** permission for Simply Social Skills, LLC to photograph \_\_\_\_\_ and for those photos to be published on social media (ex. Facebook) and other marketing vehicles such as brochures, postcards and web sites.

No, I **DO NOT** grant permission for Simply Social Skills, LLC to photograph \_\_\_\_\_ and for those photos to be published on social media (ex. Facebook) and other marketing vehicles such as brochures, postcards and web sites.

Parent/Guardian Signature\_\_\_\_\_ Date \_\_\_\_\_

## Pick Up Permission (Photo IDs will be required)

The following people have permission to pick up my child from group (include spouse):

Name\_\_\_\_\_ Name\_\_\_\_\_

Name\_\_\_\_\_ Name\_\_\_\_\_

Parent/Guardian Signature\_\_\_\_\_ Date \_\_\_\_\_

**Drop Off & Pick Up:** Parents are asked to stay in the parent waiting area for the first session as we become acquainted with your child. Parents may drop off for subsequent sessions but should stay within 15 minutes of the center. To hear a summary of the group, plan to return 10 prior to pick up to hear the facilitator overview. If you need a more in-depth conversation, contact us to schedule an appointment.

**Missed Sessions:** Make-up groups will be available for missed sessions. **We are unable to provide refunds for missed groups.**

I understand and agree to participation requirements, drop off & pick up, attendance, closings, missed sessions, group formation and payment policies. In case of injury, I do hereby waive all claims or legal actions, financial, or otherwise against Simply Social Skills, LLC, Nadine Briggs or any contractor, employee or volunteer connected with the program. In absence of a signature, registration and participation in the program shall constitute acceptance of the conditions set forth in the release. I understand that refunds will not be given for missed classes.

Parent/Guardian Signature\_\_\_\_\_ Date \_\_\_\_\_