Honorable Mayor Adrian O. Mapp
and
The City of Plainfield
presents

COMMUNITY

ACTION MONTH

THE MONTH OF MAY

PLAINFIELD ACTION SERVICES
CITY OF PLAINFIELD

Community Action Events

(See event schedule)

CONSUMER AFFAIRS WORKSHOPS

PARENTING SKILLS WORKSHOP

HIV TESTING

BLOOD PRESSURE & GLUCOSE TESTING

FREE DENTAL EXAMS

ZUMBA FOR SENIORS

PLAINFIELD ACTION SERVICES

510 Watchung Avenue
Plainfield, NJ 07060

Additional Information contact our office at (908) 753-3519

Community Action Month
May 2015 Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3	4	5 Union County Consumer Affairs Workshop for Seniors **Plainfield Senior Center – 1:00pm**	6 Parenting Skills Workshop – Kids ages 0-5 Maria Lopez - 10:30am **Location– Plainfield Action Services**	7	8	9 St Mark's Episcopal Church Youth Community Service Day
10	11 United Healthcare Nutrition Workshop **Location: Plainfield Senior Center - 1:00pm**	12 Senior Zumba – Covenant Manor 11:00am **Residents Only**	13 Senior Zumba - **Plainfield Senior Ctr.- 11:00am**	14 Senior Zumba – Cedarbrook Park Apartments – 9:00am **Residents Only** ___ **Smile NJ** - Free Dental Exams – **Location: Plainfield City Hall Annex – WIC Office**	15	16
17	18 HIV Testing Mobil Unit **Location: Plainfield City Hall 10:00am-3:00pm**	19 Blood Pressure & Glucose Testing - PAS & Health Dept. in partnership with Horizon Blue Cross **Location: Plainfield City Hall – 10:00am-3:00pm**	20 NJ Commission for the blind & visually Impaired **FREE** Eye Screening – 10:00am-3:00pm **Location: Plainfield Action Services**	21 HIV Testing Mobil Unit **Location: Plainfield City Hall 10:00am-3:00pm**	22	23
24	25	26	27	28	29	30 Nutrition, Wellness & Fitness Workshop – Dr. Stephanie Bryan **"FUN – FOOD – RAFFLE" – 12:00 noon Location: To Be Determined**
31						

Notes:
- May 19th - Plainfield Action Services Open House/Reception (Light Refreshments) – Location Plainfield City Hall Library
- Plainfield Action Board Meeting (closed session)
- Additional activities may be added