

Semmes Senior Center

April 2015

9635 Moffett Road

Semmes, AL 36575

Telephone 251-649-2010

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Events & Classes

Welcome

HOURS

Monday—Friday

New Hours

8:00 AM – 4:00 PM

DUES

\$40.00

Paid annually

Min. age – 62

Terry Dixon

Program Director

Membership Update:

As of March 16, we had 276 members!

Semmes Senior Center is now a certified Silver Sneakers Facility. Call the Center for more information at 649-2010.



April 2-Thursday

11:30 Lunch-Semmes House of Pizza-\$5.50 (Sign up)

12:00 Mayor Judy Hale

April 5-Sunday



April 7-Tuesday

10:30 "Medicare Insurance and Medicaid", Iras Wagner, United Healthcare

April 8-Wednesday

10:00 Bingo and Prizes, Darla Torbert, Covenant Hospice

12:00 "Butterfly Gardens", Master Gardener, Alice Marty

April 9-Thursday

11:30 Lunch-Hickory Pit-\$5.50 (Sign up)

12:00 Speaker Cindy Johnson, Mobile County Department of Environmental Enforcement

12:30 Birthday Celebration

April 16-Thursday



11:00 Center's Two Year Anniversary Celebration Cookout (Sign up)

April 18-Saturday

10:00-2:00 Semmes Heritage Day



April 23-Wednesday

11:30 Lunch-Provided by Speaker

12:00 "Red Cape Syndrome", Cathy Wyatt, Gentiva Hospice

April 29-Wednesday

10:30 "Fencing", Home Depot Celebration

April 30-Thursday

11:30 Pot Luck Lunch- (Sign up)

12:00 "Talk With Terry", Terry Dixon

APRIL CLASSES/ACTIVITIES

MONDAYS

9:00 Mexican Train Dominoes

9:00 Watercolor (**April 13th only**)

Instructor: Mary Rodning

12:30 Line Dancing-Beginner

Instructor: Linda Petty

1:30 Line Dancing-Intermediate

Instructor: Linda Petty

TUESDAYS

8:00 Walk With Wanda & Friends

9:00 Billiards

9:00 Genealogy

Instructor: David Ditto

1:00 Mexican Train Dominoes

2:00 Aerobics-Beginner

Instructor: Ali Botsis

WEDNESDAYS

8:00 Walk With Wanda & Friends

9:00 Guitar 101

Instructor: Don Jenkins

9:00 Computer 101

Instructor: Karen Brown

April 15th only, "Smart Phone Use", M. McKenzie

1:00 Shanghai Rummy

THURSDAYS

8:00 Walk With Wanda & Friends

8:00 Men's Bible Study (1st and 3rd Thursdays each month)

9:00 Rook

1:00 Mexican Train Dominoes

FRIDAYS

8:00 Walk With Wanda & Friends

9:00 Crochet-Advanced

Instructor: Edna Townsend

10:00 Needle Arts/Crafts

Instructor: Various

10:00 Open Billiards/Horseshoes

11:00 Open Cards

1:00 Advanced Guitar Group

1:00 Painting 101

Instructor: Warren Gatwood

Events / Sponsor Information

Judy Hale

Mayor of Semmes

Mayor Hale will be with us on the 2nd. Come find out what is going on in our community.

Iras Wagner

United Healthcare

United Healthcare is an operating division of UnitedHealth Group, the largest single health carrier in the United States. Ms. Wagner will talk to us and answer questions about Medicare and Medicaid on the 7th.

Darla Torbert

Covenant Hospice

Covenant Hospice has been providing care for more than 30 years. Their mission is to ensure patients live as fully and comfortably as possible, without regard to their ability to pay. They provide specialized care for those with life-limiting illnesses, offering hospice services wherever the patient considers "home". Ms. Tolbert will be here on the 8th to sponsor Bingo and Prizes.

Alice Marty

Master Gardener

Mobile County Master Gardeners are volunteers dedicated to improving quality of life by sharing horticultural knowledge and facilitating community projects. Ms. Marty will be with us on the 8th to teach us about "Butterfly Gardens".

Cindy Johnson

Mobile County Environmental Enforcement

The Environmental Enforcement Department is charged with carrying out the following responsibilities:

- Enforce complaints regarding: illegal dumps, yards with garbage and junk that are blighting neighborhoods
- Issue tickets for litter
- Educate schools and neighborhoods about littering
- Work with communities on "Clean Sweeps"
- Coordinate with Community Corrections on work crews for community and road clean ups.

Ms. Johnson will be with us on the 9th to talk about the agency and the upcoming "Clean Sweep" which will take place on Saturday, the 18th.

Senior Center Artists



Patty Loebig is the Senior Center's featured artist for March and April. Her work will be displayed here at the Center.

Cathy Wyatt

Gentiva Hospice

Gentiva has been bringing great health care home for 40 years.

Caring for a loved one can be stressful. It can interfere with your work, your personal relationships, and even your ability to care for your loved one. If you are struggling, hospice may be the answer. Hospice can provide comfort to your loved one, skilled care, and nursing visits. It can even help your family with things like supplies, equipment and hospice medications, care services. Ms. Wyatt will talk to us about these issues on the 23rd.

Home Depot

Home Depot will be with us on the 29th to conduct a workshop on "Fencing".

Senior Center

Two Year Anniversary Celebration Cookout

The Center will celebrate its anniversary on the 16th. Come and enjoy music and entertainment, good food, and fellowship!

Community Event

Semmes Heritage Day

This community event hosted by Alumni and Friends of Semmes School will take place at Semmes Heritage Park at 3871 Wulff Road, on Saturday, April 18 from 10:00 AM -2:00 PM. Enjoy music and entertainment, arts and crafts, hat contest, exhibits and family fun.

Call Jeanette Byrd at 649-1647 if you need further information.

Wal-Mart, Richard Eubanks, Manager (Birthday Cake)

Walgreens, Semmes, Jeffrey McMillan, Manager (Ice cream)

A special word of thanks goes to our local partners for sponsoring treats for our Birthday Celebrations. Please stop by and show your appreciation and say thank you in person.

Fitness Instructors Needed

We are looking for volunteer fitness instructors - Individuals who can teach Tai-Chi, Zumba, Yoga, etc. Please contact the Center at 649-2010

Volunteers Needed

If you would like to help work the reception desk, we **need** you. It is a great way to meet people and share all that the Senior Center has to offer. If interested, contact the Center at 649-2010

CLASS DESCRIPTIONS

Aerobics - Learn basic aerobic and stretching exercises.

Computer 101 - Learn basic knowledge of operating features, storing files, and general overview.

Genealogy - Learn to research your family history.

Crochet - Beginners and advanced crochet class - bring a J-hook and yarn.

Needle Art/Crafts - Various crafts will be taught.

Line Dancing - Learn basic beginning line dancing steps. Intermediate classes are also available.

Men's Bible Study - Participate in Bible classes and discussion.

Painting 101 - Learn beginning painting. Supply list is available at reception desk.

Intro to Water Color - Learn this fun and simple art form.

Guitar 101 - Learn basic 5-string acoustic guitar.

Walk With Wanda and Friends – Walk the trail with group behind the Center to Snow Road and back for 1.5 miles of exercise!



Check us out on Facebook and follow Semmes Senior Center!

******Time to renew your membership if you joined or renewed your membership in April 2014******