



Bali Yoga Retreat  
with Linda McGrath & Matece Skow  
Sat. March 19 – Sat. March 26, 2016  
at the Uma Como in Ubud, Bali

**Please PRINT all information:**

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

Food Preferences/Allergies: \_\_\_\_\_

Roommate Preference(s): \_\_\_\_\_

Shared Bed: Y   N

Everybody signing up for shared room (double/triple) is guaranteed to share either double or triple occupancy. Register for your preference and we will do our best to accommodate it. Final room assignment will be decided onsite, one day prior to start of retreat. Refunds or Balances resulting from change in occupancy will be processed upon our return.

**Price:** (Please circle one)

Triple: \$2,345

Double: \$2,595

Single: \$3,795

A deposit of \$750 is due with registration to reserve your spot. \$500 of that is non-refundable.

Full tuition is due by December 31, 2015.

**Earlybird Discount: Pay in full by June 15 for \$200 off.**

**Price Includes:**

7 Nights Luxury Accommodation

1 60 minute Massage

1 Dynamic and 1 Mellow Yoga Class each day with Linda and Matece alternating

Gourmet Breakfasts and Lunch

**Price Does Not Include:**

Airfare  
Airport Transfer  
Activities and excursions  
The cost of obtaining passports and visas  
Laundry  
Medical fees  
Extra baggage fees  
Phone calls  
Tips  
Travel insurance

**Cancellation Policy:**

If written notice of cancellation is received before December 31, \$250 of the \$500 deposit will be refunded.

If written notice of cancellation is received after December 31, and if the spot can be filled, the entire tuition less the \$500 non-refundable deposit will be returned. If the spot cannot be filled, the participant will forfeit the entire tuition.

**Make checks payable to: YogaSource Los Gatos****Please send:**

1. Completed registration form and Payment
2. Signed liability waiver (keep a copy for yourself)

**Snail Mail or Drop Off to:**

YogaSource Los Gatos  
c/o Bali Retreat  
16185 Los Gatos Blvd.  
Los Gatos, CA 95032

We will notify you by email to confirm your reservation. Thank you. We are looking forward to sharing this adventure with you!

Once reservation is confirmed and the departure date draws near we will email with further information regarding schedule, packing list, a FAQ sheet with answers to common questions, and *some* support in booking flights and/or other hotel arrangements for those coming early or staying late.

## Terms and Conditions

### **Please note:**

There is a \$750 deposit due at the time of registration to reserve your spot on the trip. \$500 of that deposit is non-refundable.

Full tuition is due by December 31, 2015.

If written notice of cancellation is received before December 31, \$250 of the \$500 deposit will be refunded.

If written notice of cancellation is received after December 31, and if the spot can be filled, the entire tuition less the \$500 non-refundable deposit will be returned. If the spot cannot be filled, the participant will forfeit the entire tuition.

Any participant who returns home or chooses to leave the group prior to the end of the trip will not receive a refund.

If a participant acts in any way that is injurious to him/herself, people of the host country, other participants on the trip or generally conducts him/herself in a way that is disruptive to the trip, we reserve the right to send the participant home without refund. Abuse of alcohol and the use of illegal drugs are cause for dismissal. Participants sent home early, or who choose to return for any reason, including sickness, personal emergencies, or injury, will be responsible for all medical costs and will absorb travel and related costs associated with an unscheduled departure.

### **Price:**

Triple: \$2,345

Double: \$2,595

Single: \$3,795

**Incentive: Register and pay in full by June 15 and receive a \$200 discount.**

### **Price Includes:**

7 Nights Luxury Accommodation

1 60 minute Massage

1 Dynamic and 1 Mellow Yoga Class each day with Linda and Matece alternating

Gourmet Breakfasts and Lunch or Dinner

### **Price Does Not Include:**

Airfare

Airport transfer

Extra baggage fees

Activities and excursions

The cost of obtaining passports and visas

Laundry

Medical fees

Phone calls

Tips

Travel insurance

**Cancelled Trip:**

We reserve the right to cancel the trip if there are insufficient registrations and the trip is not economical feasible. A full refund will be granted for cancelled trips, but YogaSource Los Gatos is not responsible for other costs incurred by members preparing for the trip.

**Travel Documents:**

Every person must be in possession of valid passport for international travel. Travel visa for Indonesia is issued at the airport in Bali. US \$25

**Health Requirements and Safety Considerations:**

Our programs require good physical conditioning. If you have any questions regarding the physical demands of your program, please contact us.

**Waiver, Release of Liability & Assumption of Risk:**

I am aware that travel (whether in civilized or remote areas and regardless of the transportation conveyance) and participation, particularly in adventure activities that may be planned on this trip (such as, but not limited to kayaking, snorkeling, swimming) contain inherent risks of illness (including, but not limited to malaria), injury (including, but not limited to those caused or contributed to by auto and or boating accident and the inadequacy and/or absence of safety devices, such as seat belts or floatation devices), emotional trauma, and/or death, which may be caused by negligence, forces of nature, or other agencies known or unknown. I recognize that such risks may be present at anytime before, during and after the trip that I am participating in with YogaSource Los Gatos.

I am also aware that adequate medical services or facilities may not be readily available or accessible during some or all of the time in which I am participating in the trip, and that evacuation, if necessary, and if available, can be prolonged, difficult and expensive.

I am also aware that in developing nations such as Indonesia (Bali), the level of infrastructural development, sense of urgency, communication skills, attention to detail, quality standards, hygiene, political stability, cuisine, sanitation facilities, cleanliness, and business practices, among other things, may be deemed far inferior to those found in most industrialized nations. Further, I am aware and accept that travel to such areas involves these and other elements of risk above and beyond those that would normally be encountered in industrialized nations.

If applicable, as a participant in a group retreat, I am aware that group travel requires compromise to accommodate varying personalities, wants, abilities and objectives of group members. I understand and accept that, my personal desires notwithstanding, my retreat leader may be required, based on her experience and upon the wishes of the group members, to improvise and exercise her judgment and/or make good-faith decisions concerning the management of the retreat. I agree further to abide by any such decisions.

I understand that due to the nature of the destinations to which we are going, and the necessary long lead times required to organize such retreats, situations such as the following can and might be expected to occur: changes in the trip leader assignments; changes in the sequence or timing of the itinerary; and/or changes in accommodations or transport. I understand further that due to the above stated reasons YogaSource Los Gatos cannot guarantee exact adherence to any itinerary that has been provided. I

accept that if any of the aforementioned situations arise either before or during my trip, YogaSource Los Gatos may be required to make decisions to address the changed circumstances and that it may not be possible to provide me with advanced notification. I agree to release YogaSource Los Gatos from any and all liability whatsoever in connection with such decisions, provided that they are made in good faith and do not substantially or significantly adversely affect the overall content or quality of the retreat package.

In consideration of, and as part payment for, the right to participate in the trip, and the activities, services, and food arranged for me by YogaSource Los Gatos in connection with the trip, I have and do hereby fully assume all risk of illness, injury, property damage, emotional trauma, and death, and hereby fully and forever release and discharge YogaSource Los Gatos and its agents, officers, directors, employees, successors, assigns and associates from any and all actions, claims, or demands which might result in any way or from any cause, whether or not specifically named herein, related to my participation in the trip. I agree that the foregoing obligation in binding upon me personally, as well as upon my heirs, executors, and administrators, and all members of my family including minors.

I also acknowledge that I have been informed that YogaSource Los Gatos is acting in an agency capacity in making travel arrangements and affirm that neither YogaSource Los Gatos nor any of its agents, officers, directors, employees, successors, assigns, and associates has any responsibility or liability arising from failure on the part of any contractors, including transportation companies, retained by YogaSource Los Gatos in connection with this trip to perform their contracts of carriage except for reimbursement for ground services contracted for, but not provided due to error or omission on the part of YogaSource Los Gatos or any of their contractors.

I understand and acknowledge that all fares of passage of travel and rates quoted have been quoted in good-faith, but are subject to change without notice at the sole discretion of YogaSource Los Gatos, if costs change because of currency fluctuations or any other circumstances.

My rights arising from or in anyway relating to contracts of travel and/or passage shall be based upon the form of contract from time to time utilized by each transportation company as represented by their ticketing or other documentation supplied as part of the tour.

I understand that YogaSource Los Gatos, reserves the right to take photographic or film records of me during my trip, and hereby agree that YogaSource Los Gatos may use any such photographic or film records for promotional and/or commercial purposes.

I have carefully read this document and fully understand its contents. I am aware that this is a release of liability and a contract between me and YogaSource Los Gatos, and sign it of my own free will on behalf of myself and my heirs. By signing this document, it is my intent to release, waive, and indemnify all of the Released Parties from all liability connected with my participation in the trip and to personally assume all risk of injury or death, I also acknowledge that I have carefully read the above information, including the section on cancellations and refunds and agree to all stated conditions therein.

I understand and embrace the educational and cultural nature of this trip.

Signed\_\_\_\_\_ Date\_\_\_\_\_