

## Mid-season Athletic News

### Winter Student Athletes of the Week

Week of December 11<sup>th</sup> - December 18<sup>th</sup>



Congratulations to senior Ian Fogarty, Indoor Track. Ian came in 1<sup>st</sup> against SJP with a throw of 43' 2.25", more than 3 feet better than his previous personal best. This qualified him for the Div.3 State Championship and places him 3<sup>rd</sup> in the conference.

Week of December 18<sup>th</sup>- December 25<sup>th</sup>



Congratulations to sophomore Patrick Kilburn, Varsity Wrestling. Pat went 2-0 on the week with victories over Saugus and Greater Lawrence. Both times the team needed Pat to step up and he responded with his 2 best matches of the season.

Week of December 25<sup>th</sup> -January 1<sup>st</sup>



Congratulations to Junior Tommy Albert. Tommy is a member of the Varsity Hockey team, he had goals in both the Hingham and Austin Prep games of the Christie Serino Christmas Classic assisting the team in

winning the Championship Game vs Austin Prep. Tom was named All Tournament MVP.

Week of January 1<sup>st</sup> –January 8<sup>th</sup>



Congratulations to Sophomore Jack O'Brien. Jack's tremendous effort, hustle and toughness along with double digit scoring led JV basketball to two league wins over Xaverian and St. Johns Prep.

Week of January 8<sup>th</sup> –January 15<sup>th</sup>



Congratulations to Varsity Swim's 200 Free Style Relay team – juniors Fred DeNisco, Alex Phan and Chris Cafferty, and senior Sean Xaio. At the meet vs East Boston on January 14th the team placed first in all their events, qualifying the team for sectionals.

Week of January 15 – January 21<sup>st</sup>



Congratulations to Student Athletes of the Week the 4x400 Indoor Track Relay Team. Team members Cam Albert, Mike Cahill, Dante Egizi, Colin Harvey posted a 5<sup>th</sup> place finish at the Div. 3 State Relay Championship meet, lowering their State Qualifying time. Two days later, the same team beat Division 1 St. John's Shrewsbury at the team's dual meet, once again lowering their season best time to 3:40.54.

Individually, Cam Albert has qualified for the State Championship meet in the 300m Dash. Dante Egizi and Colin Harvey are within one-tenth of a second away from qualifying in the 300 and 600 respectively. Mike Cahill is just 3 seconds off qualifying for the 1000m.

## Winter Captains



## MIAA Ambassadors



Junior James Hutchinson and Senior Anthony DeSouza attended their first MIAA Student Ambassadors Huddle at MIAA in Franklin, brain storming with other teen Ambassadors about how to inspire and promote, fan attendance at events and positive fan support.



Varsity Hockey hosted New Jersey's Delbarton High School at Merrimack College on December 19<sup>th</sup>. A Reception for family, friends and alumni was held prior to the game, during intermission and immediately following the game at the Blue Line Club in the Merrimack Athletic Complex. Half of all proceeds collected that day to benefit t Autism Speaks and Spectrum for Hope. A family from Spectrum for Hope was on hand to meet and talk with the boys before the game. The game didn't end in a win. MC fell to Delbarton 4-1, but it was a great day spent with both new and old friends.



Sophomore Carson Tully has been submitting some great hockey game write-ups for the Athletic Dept. You can read his game wrap ups on the Athletic Facebook page. (Malden Catholic Lancer Athletics)

### Over Christmas Break





The Hockey team hosted the 4<sup>th</sup> Annual Christie Serino Christmas Classic. Participating teams: Austin Prep, St. Mary's Lynn, Hingham H.S and MC. MC played Hingham on the 1<sup>st</sup> day of the tourney taking the win 2-1 and AP over St. Mary's 3-2. Leaving MC vs Austin for the 2<sup>nd</sup> day of the tourney and the Championship Game, MC held the Championship title with a 5-1 win over AP. Tommy Albert was awarded the All Tournament MVP. And Brian Cannata named All Tournament.



Basketball participated in the Saugus Christmas Tournament, taking the win on the 1<sup>st</sup> day 65-44 over Marblehead and the win over Danvers 61-60 for the Championship win



Coach McCune earned his 400th career win at O'Bryant School on January 21<sup>st</sup>



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