

# HEALING ARTS



ERIC LINDEMER, LMT

**\*FROM STRESS TO DEEP RELAXATION\***

**\*FROM FEAR TO CREATIVITY AND INSPIRATION\***

*EXPERIENCE SOUND HEALING AND DEEP RELAXATION.*

- *EXPERIENCE CLEARING, MEDITATION AND BALANCING YOUR ENERGY.*
- *LEARN HOW TO SUPPORT THE HEALTH, HEALING AND AWAKENING OF YOUR MIND/BODY ENERGY SYSTEMS.*
- *UNDERSTAND THE BASICS OF HANDS-ON ENERGY HEALING TECHNIQUES.*
- *EXPERIENCE A DEEPENING OF YOUR MEDITATION PRACTICE WITH TECHNIQUES THAT HAVE WORKED FOR AGES.*



## Star Nation Foundation for the Healing Arts

A Not for Profit Corporation

Please see the attached sheet for additional information.

For Registration, please contact Ms. White at 706-317-2163.

Hurry!!! Class size limited.

### MERIDIAN CLEARING

APR 17<sup>TH</sup> 3 PM – 5 PM

1443 17<sup>TH</sup> ST

COLUMBUS GA 31901

### MEDITATION, PRANAYAMA, AND ENERGY BALANCING

APR 23<sup>RD</sup> 10 AM – 11:30 AM

1443 17<sup>TH</sup> ST

COLUMBUS GA 31901

### FOUNDATIONS OF ENERGY HEALING

APR 23<sup>RD</sup> 1 PM – 2:30 PM

1443 17<sup>TH</sup> ST

COLUMBUS GA 31901

### DEEPENING MEDITATION PRACTICE AND TEMPLE OF THE LIGHT MEDITATION

APR 24<sup>TH</sup> 1 PM – 4 PM

1443 17<sup>TH</sup> ST

COLUMBUS GA 31901

### ADVANCED WORKSHOP: DEEPENING MEDITATION PRACTICE AND ANOINTING OF THE LIGHT MEDITATION

APR 30<sup>TH</sup> 10 AM – 4 PM

SPIRIT FARM & STABLES

7539 ROOSEVELT HWY

WARMS SPRINGS, GA 31830

### STAR NATION FOUNDATION FOR THE HEALING ARTS

1443 17<sup>TH</sup> ST

COLUMBUS GA 31901

[onagraham@msn.com](mailto:onagraham@msn.com)