



The Utah Parent Center and Davis School District  
are pleased to provide the following informational workshops  
for families of children with disabilities and special health care needs.



All classes are **FREE** of charge. Pre-registration is requested and appreciated.  
Pre-Register today by calling 801-402-5120 or 801-272-1051 or email: [rozw@utahparentcenter.org](mailto:rozw@utahparentcenter.org)

**Parents as Partners in the IEP Process**

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their student with disabilities. However, they often lack information. This workshop will help parents understand their role, rights and responsibilities in the IEP process. They will learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student.

**March 13, 2012**  
**Professional Development Center (East Side of Room)**  
**6:30-8:30PM**

**From No Where to Know Where: Transition to Adult Services**

As families of youth and young adults with disabilities, we have learned many things, but most of us admit that we have much more to learn. The transition to adult life can leave you feeling you are "NO Where"-- totally lost! Get to "KNOW Where" by learning about transition planning and related issues. We will also discuss how to prepare your teen to participate in the transition planning process as well.

**April 17, 2012**  
**Professional Development Center (East Side of Room)**  
**6:30-8:30PM**

**Guardianship**

*Featured Presenter: Anamarie Rodabough, Guardianship Associates of Utah*

What is guardianship and why is it important? How does it affect parents of teens with disabilities as they reach 18, the age of majority?

**December 6, 2011**  
**Professional Development Center (West Side of Room)**  
**6:30-8:30PM**

**"Connecting to the Future"- Transition Information Fair**

**January 5, 2012 6:00-8:00PM**  
Davis Applied Technology College, 550 East 300 South Kaysville

**"Tame the Lion without a Whip"**

**- Managing Problem Behavior in Positive Ways.**

*Featured Presenter: Marian Hunt*

The focus of this class will be to help participants understand problem behavior (Why the child presents the behavior). Participants will also assess various interventions that have been successful in changing problem behavior.

**November 17, 2011 Vista Training Room 6:30-8:30 PM**

**From Early Intervention to Preschool Special Education**

**- A workshop for parents of children who are turning three**

The Utah Parent Center is offering to parents of children enrolled in Early Intervention a transition workshop to answer your questions about the differences between an IFSP to IEP. We are repeating this class throughout the year to accommodate your child's 3<sup>rd</sup> birthday. Please choose the class that is just prior to your student turning three.

<b>November 9, 2011</b>	<b>6:30-8:30PM</b>	<b>Family Enrichment Center</b>
<b>January 25, 2012</b>	<b>6:30-8:30PM</b>	<b>Family Enrichment Center</b>
<b>March 14, 2012</b>	<b>6:30-8:30PM</b>	<b>Family Enrichment Center</b>
<b>May 9, 2012</b>	<b>6:30-8:30PM</b>	<b>Family Enrichment Center</b>

**"Avoid the Melt Down"**

*Featured Presenters: Lori Hunt and Kim Kettle, Valley Mental Health*

Participants will learn research based skills to help the child learn how to better calm themselves down, manage their moods more effectively and tolerate stressful situations or changes that may occur in their life.

**January 19, 2012 Vista Training Room 6:30-8:30 PM**

**"Will We Survive?"**

**- Alleviating Stress in your Family with a Child with a Disability**

Taught by Marian Hunt, Rian Jensen, and Jessica Burdick

The cost of dealing with children with disruptive behavior is high. However, one of the most damaging costs is the emotional turmoil to the family supporting that child. This class will focus on strategies to alleviate stress and allow the family to de-stress.

**March 22, 2012**  
**Professional Development Center**  
**6:30-8:30PM**

**Parent to Parent Family Training on ADHD Sponsored by CHADD**

This 7 week series will be held three times this year. Invite your child's teacher to attend as well, they will receive credit. To register, email Carolyn at [carolynk@xmission.com](mailto:carolynk@xmission.com) or call 801.447.3553.

**Winter:** Begins February 8, 2012

**Spring:** Begins March 6, 2012

**Save the date: January 26, 2012 – Annual ADHD Conference**

**Davis High School Auditorium - 6:30 PM**

*Featured Presenters: Dr. Adam Schwebach & Dr. Samantha Bostrum*

*More information on CHADD events and supports can be found on their website at [www.chadd.net/10r](http://www.chadd.net/10r)*

Pre-registration is requested and appreciated. The Utah Parent Center reserves the right to cancel any workshop for which there are no individuals pre-registered.

**WORKSHOP LOCATIONS:**

**VISTA CENTER** - 97 South 200 East, Farmington, UT

**DAVIS PROFESSIONAL DEVELOPMENT CENTER**

70 East 100 North, Farmington, UT (2<sup>nd</sup> Floor of Kendall Bldg. East or West side of the room.)

**FAMILY ENRICHMENT CENTER** - 320 South 500 East, Kaysville, UT