

Mindfulness Based Chronic Pain Management (MBCPM)

Patient Referral Form

The MBCPM course is a 13 week program designed to assist chronic pain patients in dealing with their pain conditions through mindfulness meditation and lifestyle education. Patients will learn and practice meditation techniques specifically focused on coping with chronic pain and illness in a group setting lead by a trained physician facilitator. Classes are delivered either on site in North York or through telemedicine in Aurora and Brampton. The majority of the cost for this physician lead program is covered by OHIP. There is a required fee charged for registration and program materials including a book and guided meditation CDs. Additional optional materials for purchase and additional information on the program can be found at the Neuronova website:

www.neuronovacentre.com

Patient Name _____

Date of Birth _____ Gender _____

Health Card Number _____ Version Code _____ Expiry Date _____

Address _____ City _____ Postal Code _____

Phone Number _____ Alternate Phone Number _____

E-mail address _____

Preferred location North York /Aurora /Brampton _____

Reason for Referral

Referring Physician Name _____ OHIP Billing Number _____

Address _____ City _____ Postal Code _____

Phone Number _____ Fax Number _____

Family Physician Name _____ Phone Number _____

Signature _____

Please fax referrals to:

Toronto Poly Clinic 5460 Yonge St. Unit 204 Toronto, ON, M2N 6K7

Fax: (416) 250-0323; Tel (416) 250-7171; info@tpclinic.com; www.tpclinic.com