

At HOME

on the Sound



THE SOUND REPORT

Winter Newsletter

December, 2013

The Director's Chair

At Home on the Sound is all about people, and in this expanded edition of our newsletter you'll read about many wonderful people who are integral to our organization. They donate their time and talents to forward our mission of ensuring safety, comfort, convenience, and engaging activities for our neighbors who want to age in place.

In the center pages of this issue we are featuring our Community Associates. These generous local vendors provide discounts to At Home on the Sound members. You will be so impressed by the number and variety of stores and restaurants on our list. What a great perk of membership! Our Community Associates program demonstrates the depth of support we receive from the business sector in Mamaroneck and Larchmont.

(continued inside)

Our Third Annual Gala Set for May 1, 2014

Plans are underway for our 2014 Spring Gala at the Hampshire Country Club. Our annual dinners are wonderful occasions to come together to celebrate our accomplishments and socialize in a beautiful setting on the Sound shore. We are very pleased to announce that our 2014 honoree is Ellie Fredston.



Ellie is a founding board member of At Home on the Sound. A Larchmont resident for over 40 years, Ellie has been instrumental in many important local organizations including The Larchmont-Mamaroneck Center for Continuing Education, The Sheldrake Conservation Area, The Larchmont-Mamaroneck Student Aid Fund, and Friends of the Larchmont Library.

"Ellie has deep roots in our community," said Gala Chair Janet O'Connell. "She embodies the best of Larchmont and Mamaroneck's residents and we are thrilled to be honoring her at this year's gala. Her energy and community involvement are inspirational, and demonstrate her heartfelt commitment to our area."

If your business is interested in a gala sponsorship opportunity, or if you would like to volunteer for one of the gala planning committees, leave a message for Janet O'Connell at our office number: 914-899-3150.

We are in the midst of our important year-end fundraising drive. I hope you will participate with a tax-deductible donation. Use the envelope we provided in our recent mailing, or make a gift with a credit card on our website. If you are not already a member of At Home on the Sound, please contact me to learn about all the benefits of joining. I look forward to hearing from you.

Best wishes for a happy new year!



Elaine Weingarten
Executive Director

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[www.facebook.com/
AtHomeontheSound](http://www.facebook.com/AtHomeontheSound)

Profile

Wendy Vega, Volunteer

Wendy has worked with At Home on the Sound since its founding three years ago. She can be found in the office every week taking phone calls from members and coordinating transportation. She helps out with special events and galas, supports Elaine Weingarten, our Executive Director, and serves as a driver to take members who need rides to their appointments. Wendy likes doing office work and enjoys the people she works with. As she said, "I'm happy to be a part of keeping people in their homes."



"Wendy always comes through when we need her," said Volunteer Coordinator, Pat Hachey. "She is constantly willing to make herself available to our members, to escort them to appointments or serve as an advocate when necessary."

Wendy was born and raised in Greenwich Village. In 1978, she moved to Los Angeles and worked as a news audio mixer. Six years ago she moved back East. When not volunteering at At Home on the Sound, Wendy enjoys doing the New York Times crossword puzzles, doing needlepoint, and hiking.

~Carole Woods

Many Thanks to our Gala Photographers

Marilyn Proctor Monsanto and Barrie Proctor Bonacci, whose beautiful pictures were featured in our May 2013 newsletter, photograph rehearsals and performances for three area opera com-



Marilyn Monsanto



Barrie Bonacci

panies, as well as galas and parties. The sisters attribute their love of photography to their parents, who both belonged to the Color Camera Club of Westchester. Marilyn can be reached via email at: Marilynmonsanto@aol.com.

NEW ADDITIONS TO OUR BOARD OF DIRECTORS

Five new members joined our Board of Directors this year. They bring a combined impressive depth of experience to At Home on the Sound. We are happy to welcome them.



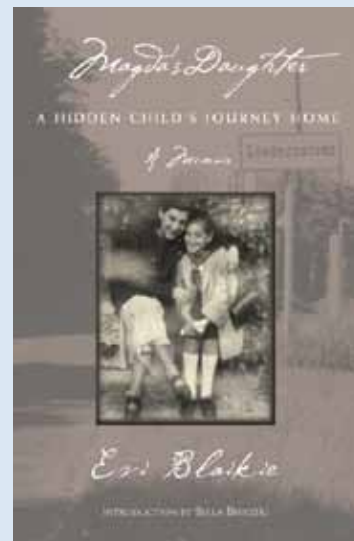
Bruce Schearer is a civic leader, former non-profit executive, and an expert in international development and philanthropy. He, his wife, Pamela, and their two sons have lived in Larchmont since 1989. Bruce is a co-founder of the Larchmont-Mamaroneck Local Summit and contributed to the formation of the Hispanic Resource Center and At Home on the Sound. He is a graduate of Lafayette College and earned his Ph.D. in biochemistry from Columbia University where he was also an International Fellow at the School of International and Public Affairs.

At Home in Action *Free Lectures Twice Every Month*

Our Wednesday lecture programs, arranged by Board Member Ellie Fredston, cover a vast array of interesting topics. Health and wellness are always popular themes with our members and this year some of those talks have dealt with nutrition, pain-free living, improving communications with your doctor, stroke prevention, and advances in home health technology.

Presentations have also included a behind-the-scenes look at the film and television industry, the history of the New York Yankees, an overview of new resources available in our local libraries, the role of the Federal Reserve, estate planning, and a lively discussion on the intersecting worlds of cricket and baseball.

In November, our audience was absolutely riveted by author Evi Blaikie's recounting of her childhood experiences as one of the Hidden Children of World War II.



Check our website or Facebook page for upcoming lectures. These programs are held at Saints John and Paul in Larchmont and open to the public. If you can't attend in person watch on LMC-TV, Wednesday nights at 6:00 pm: Cablevision channel 75 or Verizon channel 36.



Fitness expert Catherine Kazienko and a member demonstrate how to safely recover from a fall at a Wednesday program held in August.

NEW ADDITIONS TO OUR BOARD OF DIRECTORS

(continued)



Ellen Freeman and her husband, David, have lived in the Larchmont/Mamaroneck community for 32 years. They have two adult children. Ellen has been involved in the education field for the past 35 years. She served for six years as a Trustee on the Mamaroneck School Board. As a family, the Freemans have long been involved in helping the elderly in our community. Among other things, the family sponsors a music program that includes concerts and music therapy for the residents of Sarah Neuman. Ellen became involved in At Home because she believes it is crucial for our multi-generational community to remain a place where seniors and young families can live together and learn from one another.

Give a Toast to our Volunteers! *Volunteer Appreciation Cocktail Party*

On a sunny afternoon in September, sixty-five dedicated At Home on the Sound volunteers attended a lovely cocktail party given in their honor. Pat and David Hachey opened their beautiful Mamaroneck home for the event.

Many of our board members were on hand to acknowledge the selfless efforts of this incredible group. Wine and a delicious array of homemade appetizers were enjoyed by all on the Hachey's patio.



Volunteers Trish Doyle and David Finch

Board President Penny Oberg thanked everyone at the party saying, "The success of At Home on the Sound depended on the vision of the founding group of organizers and the tenacity of our volunteers. I am constantly surprised by the variety of skills they bring. Our members certainly are appreciative of their warmth and caring. At Home on the Sound volunteers are a mirror of our communities - and we can all be proud of that."

At Home on the Sound volunteers provide transportation, computer assistance and minor handyman help for our members, offer home safety assessments, videotape our events, (design and write our newsletters), handle our bookkeeping and plan our galas. They are unanimous in their enthusiasm about how enriching their volunteer experience is. To join this warm, caring - and fun - group, please call our office at 914/899-3150.

"Personal advantages for me as a member have been the yoga classes and the current events breakfasts. Since I no longer have a car, rides are given and it makes for added independence. I enjoy the important opportunity to make new friends. Who could ask for more?"

-At Home on the Sound Member

At Home on the Sound Community Associates

At Home on the Sound members enjoy perks and discounts on shopping, services, and dining at many local stores and restaurants.

We are most grateful for the participation and support of these generous vendors who provide these benefits.

Be sure to carry your At Home membership card to take advantage of these offers. Check our website frequently for new additions to this list.

If you are a business or service provider in our area and would like to participate in our Community Associate program, please call our director at 914-899-3150.

MAMARONECK

360 American Grille

360 Mamaroneck Avenue
914-630-7737

10% discount Tuesdays through Sundays. Must be seated by 5:00 pm.

Arcadia Floral

411 Mamaroneck Avenue
914-777-2800

10% discount on flowers and plants in service area.

The Art of Astrology

418 West Boston Post Road
914-835-7015

Free readings on Mondays.

Artuso Pastry Shop

270 Mamaroneck Avenue
914-630-7880

10% discount on breakfast items. 10% off all occasional cakes 8" or larger. Excludes tier cakes.

Balloon World

311 Mamaroneck Avenue
914-381-1975

25% discount at all times.

Bodicures

735 East Boston Post Road
914-777-2873

10% off on Mondays and Fridays.

Café Mozart

308 Mamaroneck Avenue
914-698-4166

10% discount.

Carriage Dry Cleaners

1204 West Boston Post Road
914-834-3358

10% off dry cleaning.

Chocolations

607 East Boston Post Road
914-777-3600

10% discount.

Cindy Hair Studio

137 Mamaroneck Avenue
914 835-3876

Wash and cut: \$35; Color: \$55; Perm: \$65.

Doc James Cigar Lounge

133 East Prospect Avenue
914-630-7333

10% discount on cigar purchases.

The Emelin Theatre

153 Library Lane
914- 698-0098

10% off all shows; excluding tickets already discounted for the Early Bird rate.

Emily & Mary Gift Shop

266 Mamaroneck Avenue
914-381-2314

10% discount all items except sale items.

Esy's Kafe

1220 W. Boston Post Road
914-834-4540

Free small yogurt with a purchase of \$10 or more.

Frankie & Fanucci's Wood Oven Pizza

301 Mamaroneck Avenue
914-630-4360

10% discount Mondays through Fridays from 2:00pm - 5:00 pm.

Go Green Dry Cleaning

1163 Boston Post Road
914-341-1313

15% off anytime.

Gusano Loco Mexican Grill Restaurant

1137 West Boston Post Road
914 777-1512

10% discount.

Impressive Invites

619 Boston Post Road
914-698-4088

10% discount.

A. Kuritzky Glass and Mirror

426 Mamaroneck Avenue
914-698-5900

10% discount.

At Home on the Sound Community Associates

La Maree Smoke House

434 Waverly Avenue
914-698-4848
10% off on purchases on
Mondays and Tuesday.

La Piccola Casa

410 W. Boston Post Road
914-777-3766
10% Monday and Tuesday for
lunch and dinner.

Larchmont Bicycle

125 East Prospect Avenue
914-630-2600
10% discount.

Main Hosiery & Lingerie

263 Mamaroneck Avenue
914-698-4488
10% discount on Wednesdays
on items not already on sale.

Mamaroneck Flowers

615 East Boston Post Road
914-698-2585
10% discount on any cash and
carry.

Miller's Toy Store

335 Mamaroneck Avenue
914-698-5070
10% off non-sale items; not
to be combined with other
coupons.

Molly Spillane's Bar & Restaurant

211 Mamaroneck Avenue
914-899-3130
10% off all lunch and dinner
checks.

Natural Motion Salon

317 Mamaroneck Avenue
914-698-2882
10% discount on Thursdays
(cash only).

Objects of Desire

236 Mamaroneck Avenue
914-630-7660
15% discount.

Pizza Gourmet

597 E. Boston Post Road
914-777-1056
10% discount.

Rani Mahal Indian Cuisine

327 Mamaroneck Avenue
914-835-9066
20% discount Mondays
through Thursdays, dinner
only. Discount does not apply
to buffet.

Roasted Peppers Restaurant

320 Mamaroneck Avenue
914-341-1140
10% discount on Mondays.

Robert's Department Store

342 Mamaroneck Avenue
914-698-1025
10% discount on clothing.

Royal Barber Shop

428 Mamaroneck Avenue
914-698-2790
\$12 haircut.

Shampooch

390 Palmer Avenue
914-698-2468
10% off dog grooming.

Strauch Jewelers, Inc.

228 Mamaroneck Avenue
914-698-2581
10% off non-sale items.

Toy Box

300 West Boston Post Road
914-698-7110
10% discount every day.

Village Cafe

443 Mamaroneck Avenue
914 630-4747
10% discount.

Village Paint Supply

365 Mamaroneck Ave.
914-834-3300
10% discount; not to be com-
bined with any other offer.

Vinifera Wine and Spirits

410 Mamaroneck Avenue
914-698-3802
5% off 1-5 bottles; 10% off 6-11
bottles; 15% off 12+ bottles.

Vinny's Meat Market

432 Mamaroneck Avenue
914-698-4460
10% discount on Tuesdays and
Wednesdays, excluding holi-
days and holiday weeks.

Yogi's Paw

325 Mamaroneck Avenue
914 630-4700
10% discount.

LARCHMONT

Addison Street Spa

9 Addison Street
914-833-3223
10% discount on services Tues-
days, Wednesdays, Thursdays
and Fridays.

Anna Maria's Restaurant

18 Chatsworth Avenue
914-833-0555
15% discount on Tuesdays,
Wednesdays and Thursdays,
seating by 5:00 pm and
Sunday brunch.

At Home on the Sound Community Associates

Arrow Lamp & Lighting

2091 Boston Post Road
914-834-1992
20% discount except lamp repairs and custom shades.

The Art of Astrology

2095 Boston Post Road
914-835-7015
Free readings on Mondays.

Chatsworth Cleaners

120 Chatsworth Avenue
914-834-7203
10% off on Wednesdays.

Chit Chat Wine and Spirits

18A Chatsworth Avenue
914-630-0119
5% off single bottle of wine;
15% off a case of wine.

D'Agostino Clothiers

138 Larchmont Avenue
914 834-0630
20% discount anytime.

Designer One

139 Larchmont Avenue
914-834-5080
10% discount on women's boutique clothing.

Domenic's Fine Cigars

2074 Boston Post Road
914-834-3750
10% off any cigar.

Everything's Hair

1258 Boston Post Road
914-833-9522
10% discount Tuesdays through Saturdays.

The Flower Bar

11 Addison Street
914-834-3900
10% discount anytime. 10% off local orders. Out-of-town wire-out orders cannot be discounted.

Flowers by Stephanie

Larchmont
914-834-1165
12% discount.

Foley's Hardware

2088 Boston Post Road
914-834-7200
\$5.00 off a \$25.00 purchase.

Futterman's Stationery

2096 Boston Post Road
914-834-1173
10% off cards and stationery.

Gisele's Salon

141 Larchmont Avenue
914-834-1700
10% discount on hairstyling on Tuesdays and Wednesdays.

Home Fair Camera

1330 Boston Post Road
914-834-4564
15% off in-store work on. Excludes electronics.

Jack's Automotive

2067 Palmer Avenue
914-833-3500
10% discount on oil changes Tuesdays through Thursdays.

Kurt Sauer Opticians, Inc.

1935B Palmer Avenue
914-834-8015
15% discount.

Larchmont Art

1899 Palmer Avenue
914-834-0288
10% off framing.

Larchmont Drugs/Almarc

2127 Palmer Avenue
914-834-5000
10% discount, some exclusions.

Larchmont Floral Design

114 Chatsworth Avenue
914-834-3036
10% discount on Wednesdays.

Larchmont Tavern

104 Chatsworth Avenue
914-834-9821
10% discount on lunch and dinner Mondays through Thursdays only.

Larchmont Wine and Liquor

1945 Palmer Avenue
914 833-9666
10% discount on one bottle.

La Parisienne French Bakery Café

2116 Boston Post Road
914-630-4317
One free mini croissant with purchase of coffee.

La Reserva Trattoria

2382 Boston Post Road
914-834-5584
10% discount.

Leonardo's Restaurant & Pizzeria

2133 Palmer Avenue
914-833-2400
10% discount any time.

At Home on the Sound Community Associates

Longford's Ice Cream

1941 Palmer Avenue
914-834-0207
10% discount Mondays and Tuesdays.

Mancino Tailors & Clothiers

1931 Palmer Avenue
914-834-9373
10% off any day.

Manor Park Delicatessen

137 Larchmont Avenue
914-834-1986
10% discount on Mondays, Tuesdays and Wednesdays.

My Essentials

11 Addison Street
914-834-2220
10% discount on Tuesdays, Wednesdays and Thursdays.

Nicky's Pizzeria & Restaurant

144 Chatsworth Avenue
914-834-3232
10% discount Mondays through Thursdays.

P&M Hairstylists of NY

2122 Boston Post Road
914-833-8300
\$13 haircut.

Palmer Jewelers

1925 Palmer Avenue
914-834-9342
10% discount all day Tuesdays on new purchases only.

Plaster Palace Pottery Studio

2005 Palmer Avenue
914-833-2321
10% discount.

Post Wine & Spirits

2112 Boston Post Road
914-834-2134
10% discount on wine.

Raymond Opticians

1923 Palmer Avenue
914-834-5576
15% discount on all services except for contact lenses.

Red Mango

1924 Palmer Avenue
516-567-3828
10% off yogurt before 2:00 pm.



*Look for this decal
in local establishments*

Seasons, Too

1331 W. Boston Post Road
914-834-0433
10% discount.

Shear Artistry Hair Salon

133 Larchmont Avenue
914-834-1087
10% discount for any service on Wednesdays and Thursdays.

Silver Canvas

12 Chatsworth Avenue
914-834-4868
10% off regularly priced yarn.

Tequila Sunrise

145 Larchmont Avenue
834-6378
10% discount for lunch and dinner if seated before 6pm.

Village Paint Supply

2084 Boston Post Road
914-834-3300
10% discount; not to be combined with any other offer.

Walter's Clocks and Watches

136 Chatsworth Avenue
917-501-1176
Special watch battery replacement for \$7.50.

Wendy Gee!

1949 Palmer Avenue
914-834-8507
10% discount on purchases exceeding \$50.00. Excludes sale items, furniture and special orders.

Winetasters

100 Chatsworth Avenue
914-834-0800
10% off 6 bottles of wine; 15% off 12 bottles of wine; Offer excludes sale items.

Write On!

1935 Palmer Avenue
914-834-1770
15% off greeting cards.

*Every effort has been made
to assure that this information
is accurate as of press time.*

Offers are subject to change.

NEW ADDITIONS TO OUR BOARD OF DIRECTORS

(continued)



Harmon C. McAllister was born in Durham, NC and attended the University of North Carolina in Chapel Hill, graduating with a BS degree in Chemistry and a Ph.D. in Biochemistry from the medical school. In 1967, he joined the faculty of Wayne State University in Detroit, eventually becoming Director of its Office for Institutional Research. In 1983, he, his wife, and two sons moved to New York, where he joined the staff of a biomedical research funding organization. Since retiring in 2000, he has given numerous scientific lessons to children in grades K-5 through the Museum Without Walls program of the Westchester Children's Museum. Harmon was aware of Aging in Place as an important concept nationwide and was delighted to learn of the existence of At Home in our community while attending a Summit meeting.

Members in Action *Interest Groups*



Some of our members and volunteers now meet regularly to converse in German. Participants in this group say they love the opportunity to discuss topics of mutual interest, reminisce and "brush the cobwebs off their mother tongue." We have many bilingual member and are currently forming other foreign language groups. Contact the office to let us know what language(s) you speak so you can be included in these enriching get-togethers.

Our monthly Dine-Abouts attract an average of 20 members to each outing. Over the past few months we have enjoyed exceptional meals at Manor Inn Restaurant, Roasted Peppers, Palomino Restaurant and Larchmont Shore Club.

Scrabble and Mahjong are two more clubs that our members and volunteers enjoy together. Our enthusiastic Scrabble players meet weekly in our office. Executive Director Elaine Weingarten has been sharing her mahjong expertise since early summer in fun classes held in our office.

When you join At Home on the Sound, you may be surprised to learn how many members share your interests!



"I so enjoy being a member of At Home on the Sound. The luncheons have afforded me an opportunity to meet and socialize with many people who share my interests and desire to be an active senior member of Mamaroneck and Larchmont. The twice-monthly lectures are always insightful and relevant to the issues that concern me at this point in my life."

-At Home on the Sound Member

NEW ADDITIONS TO OUR BOARD OF DIRECTORS

(continued)



The Rev. Julie Emery is an ordained minister in the Presbyterian Church. She is a graduate of the University of Michigan and Princeton Theological Seminary. Prior to moving to Larchmont with her husband and two boys in 2008, she worked as a hospice chaplain in New Hampshire. She currently serves as Associate Pastor at the Larchmont Avenue Presbyterian Church. In her free time, Julie enjoys gardening and bicycling as well as watching her boys play ice hockey. Julie is excited and honored to be a board member of At Home on the Sound.

"It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself."

~Ralph Waldo Emerson

Our Community Associate: *Main Hosiery & Lingerie Shop*



I went shopping last week. I was looking for something that made me look younger and thinner and sexier and oh, felt really, really comfortable. I was looking for a new bra.

Main Hosiery has been a Mamaroneck fixture for over 50 years. The owner, Mary Reed, is a professionally trained bra fitter who worked in the store before purchasing it in 1971.

"We can help you find the perfect garment," says Mary. "And more importantly, the perfect fit for your unique body. We are committed to finding women the right fit that offers style, shape and comfort."

This local lingerie landmark sells quality brands like Maidenform, Vanity Fair, Wacoal, Chantelle, Matori, Olga, Betsy Johnson, Cosabella, Playtex, Warners and Jockey as well as the latest trends in seamless, lacy, couture, push-up, minimizers, sports bras and convertible bras all at great prices.

With all the impersonal shopping malls and discount stores around, it's nice to be able to go to downtown Mamaroneck and know you'll be getting individual attention from a professionally trained staff. They also carry robes, garters, stockings and everything else you might need.

As for me, I can't say enough about my new bra. But if I happen to run into you about town, mum's the word. I prefer to credit "my new gym routine" for my fabulous new look.

Main Hosiery is one of our community associates and we'd like to thank Mary Reed for supporting our organization. Stop by for your personal fitting and don't forget to ask for an At Home on the Sound discount.

Main Hosiery is located at 263 Mamaroneck Avenue, Mamaroneck, NY 10543. (914)698-4488. Store hours: Monday through Saturday 9:00 am – 5:00 pm. www.mainhosieryshop.com

~Sheila Liebowitz

NEW ADDITIONS TO OUR BOARD OF DIRECTORS

(continued)



Janet O'Connell attended Mount Holyoke College and earned an MBA from the NYU Stern School of Business. She worked on Wall Street for about ten years before becoming a financial administrator, paying bills, balancing checkbooks, and handling financial matters for families, individuals and elderly people. Janet, her husband, Ryan, and their two children, moved from New York City to Larchmont in 1993. As a teenager, Janet worked one summer for Ralph Nader as a "Nader's Raider." She and six high school classmates investigated nursing homes and other issues related to the elderly. Their report was eventually published as a book entitled, "Old Age: The Last Segregation."

~Carole Woods

Profile

Bob Milburn, Member

One of our newest members, Bob Millburn is also an active At Home volunteer, driving fellow members to various appointments and events. When I asked Bob how he came to be a volunteer driver, he said, "my wife (board member Friedhilde Milburn)." But when I asked him why he continues to drive, he said the people he has met are so interesting that he would love to see oral histories recorded. And this is coming from a man who has certainly had and still has a very interesting life.



Born in Lubbock, Texas, Bob lived in many different places as a young boy. A scholarship to Andover Prep brought him East, and he went on to Columbia College School of Architecture. During the Berlin crisis, he was drafted into the Army. Sent to Karlsruhe, Germany, he met Friedhilde at a *Fasching* (Mardi Gras) ball. He said, "I wooed her in my old Mercedes, which I bought for a \$150 from a second lieutenant.

Bob returned to Columbia; Friedhilde followed on a Norwegian freighter from Germany, and six months later they were married.

Bob learned to sail in Vermont through one of his summer jobs while in college. But it was Friedhilde who got the family into it while on a vacation in Martha's Vineyard. They bought a classic Ensign sailboat in 1977 from Nichols Yacht Yard. While sailing, they would often pass 490 Bleeker Street in Mamaroneck, and Bob said not only did the building have wonderful architectural detail, but "there were always people sitting out by the pool and partying." So in 1990 he and Friedhilde bought a condo and moved from Manhattan to Mamaroneck.

Members of Larchmont Yacht Club, Bob and Friedhilde have cruised on Long Island Sound, the Gulf of Maine, and on larger boats in Greece. Together, they raced their Ensign for 23 years in Yacht Racing Association on Long Island Sound.

In 2005 Bob retired as Associate Partner from Pei Cobb & Partners where he had worked on the JFK Presidential Library, the Javits Center, National Constitution Center in Philadelphia, and other projects.

If you happen to get Bob as your volunteer driver, be sure to remember that he is always up for a good story!

~Sheila Liebowitz

At HOME *on the Sound*

PO Box 1092
Larchmont, NY 10538

NON-PROFIT
U.S. POSTAGE
PAID
PERMIT NO. 4304
WHITE PLAINS, NY 10601

Call for Volunteer Drivers

"We are friends caring about friends"



One of the most important services At Home on the Sound offers is local transportation for those of our members who no longer drive or who have temporary driving restrictions. We are always looking to expand our pool of generous volunteers who provide these rides to appointments and errands.

"Driving for At Home on the Sound is a great volunteer opportunity for people who have recently retired and want to become more involved in the community," said Volunteer Coordinator Pat Hachey. "It's also perfect for anyone who has an hour or two to spare while their children are in school. The time commitment is very flexible."

"What we offer is so essential," said volunteer driver Lois Herzberg. "Being able to get around is how people stay connected to the world. On several occasions I drove a lovely woman to visit with her sister who was in a nursing home at the time. I was so happy to help. They would not have been able to see each other otherwise. We are not a taxi service; we are friends caring about friends."

Please consider becoming a volunteer driver. Drive to suit your schedule: just once or twice a month; on the same day every week; or on an as-needed basis. Call Pat Hachey to learn more: 914/899-3150. Drivers must be at least 25 years old.

BOARD OF DIRECTORS

Penny Oberg, *President*

Leslie Molinoff
Vice President at Large

John D. Bradley
Vice President for Development

Friedhilde H. Milburn
Vice President for Membership

Nedra Gillette, *Secretary*

Philip Horner, *Treasurer*

Teddi Becker
Rudy Demasi

William T. Dentzer, Jr.

Rev. Julie Emery

Ellie Fredston

Ellen Freeman

Simon Marlow

Harmon McAllister

Janet K. O'Connell

Lynn Reichgott

S. Bruce Schearer

Rose Silvestro

Lois Steinberg, Ph.D.

Elaine Weingarten
Executive Director

The mission of At Home on the Sound is to improve the quality of life for adults age sixty and older who live in the Larchmont-Mamaroneck area. We provide an array of individualized services and group activities designed to enhance their comfort, safety and connection to the community.