



The Greater Allen A.M.E Cathedral of New York
Is offering an

FREE EDUCATIONAL PROGRAM

For family members, and friends of Individuals with

Major Depression
Bipolar Disorder (Manic Depression)
Schizophrenia and Schizoaffective Disorder
Borderline Personality Disorder
Panic Disorder and Obsessive Compulsive Disorder
Co-occurring Brain Disorders and Addictive Disorders

Family-to-Family

Family to Family is a **FREE** series of 12 weekly classes structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders.

Over 1,300,000 people in the U.S., Canada and Mexico have completed this course. We think you will be pleased by how much assistance the program offers. We invite you to **call** for more information. September 23, 2016 **is last day to register.**

STARTING DATE –Saturday, September 10, 2016

WHEN: 9/10/2016 THROUGH 11/26/2016

WHERE:

The Greater Allen A.M.E. Cathedral of New York
110-31 Merrick Boulevard
Jamaica, NY 11433

TIME: 1:30-4:00 PM

Register: (718) 347-7284 or (516) 326-0797 or email namiqn@aol.com

Registration and phone interview required. Classes limited to 25 Participants.
Sponsored and funded by NAMI New York State and NAMI Queens/Nassau

The Rev. Floyd H. Flake, D. Min., Pastor –The Rev. M. Elaine Flake, D. Min., Co-Pastor

