



*** Connect * Share * Learn * Support * Resources ***

**The NAMI Basics Program is for
Parents and Caregivers of adolescents
and children who have behavioral issues, undiagnosed
emotional issues, ADHD, ODD, OCD, DMDD or have
developed symptoms of mental illness(brain disorder)**

Program covers: the impact of illness on family, biology, treatment options,
overview of the systems available, communications & problem solving
skills, crisis planning, latest research, and much more.

**Classes will be held 3 Saturdays
Participants must be able to attend all three sessions.**

**LaGrangeville Middle School (Room 113)
110 Stringham Road
LaGrangeville NY 12540**

9:00am – 3:00pm

**There is NO cost for this program
To register for class, call Jo Ann Brown (845)832-6368 or
email: programs@namimidhudson.org**

For an informational video on NAMI Basics: nami.org/basics

**Class Presented by NAMI Mid-Hudson
www.namimidhudson.org**