

Enrollment Form: Fall 2015



NAMI Rochester Office 320 N. Goodman St. Rochester, NY, 14607

Wednesday, September 16th & Thursday, September 17th 6:30PM – 9:00PM

NAMI Family-to-Family 12 – week, no cost, course is for families of individuals or persons living with schizophrenia, bipolar disorder, depression, anxiety disorders, PTSD and borderline personality disorder. Course participants gain vital information, insight and understanding of their loved one that many describe as life-changing.

Family-to-Family provides caregivers with communication and problem solving techniques, coping mechanisms and the self-care skills needed to deal with their loved one's mental illness.

Check which day you wish to enroll for:	Wednes	sday Thursday
Name:		
Address:		
City:	State:	Zip:
Phone:		
E-mail:		
Who is ill?	Age:	Diagnosis:

REGISTER EARLY - CLASS SIZE IS LIMITED !!!

Classes are only offered in the Spring and Fall. There are three methods of registration. (1) To register online, follow this link by going to <u>namiroc.org/get-help/p2/f2f/</u>. (2) Scan and Email to <u>info@namirochester.org</u>. (3) Mail ENTIRE completed form to: F2F Registration: NAMI Rochester, 320 Goodman St. N. Suite 102, Rochester, NY 14607. For additional information call NAMI Rochester at (585) 423-1593.

NOTE: Although you do not need to be a member to attend NAMI programs, we at NAMI Rochester would appreciate your support. The annual membership fee is \$35.00 (\$3.00 for individuals with limited income). You can mail us your check payable to "NAMI Rochester" or credit card payment via online: <u>www.namirochester.org</u>.