

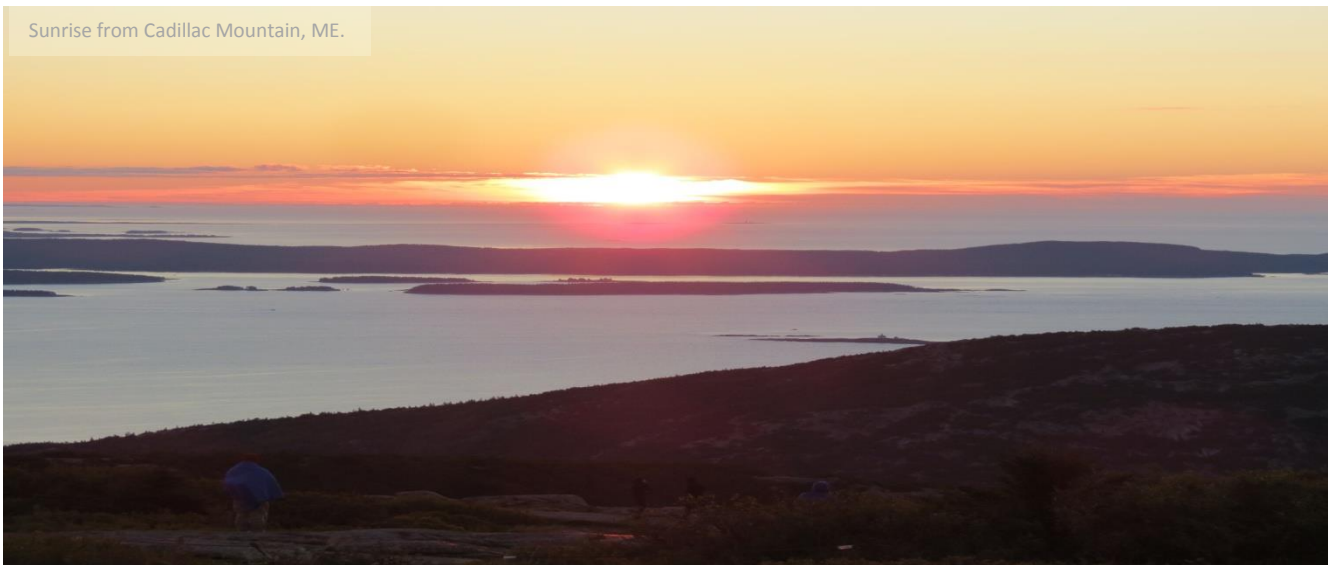
Emotional CPR Workshop

Sponsored by NAMI Columbia County, NY and the Apogee Center
In collaboration with Parsons Child and Family Center

Emotional CPR (eCPR) is a public health education program designed to teach people to assist others through an emotional crisis.

eCPR was developed from principles shared by: trauma-informed care, counseling after disasters, peer support, emotional intelligence, suicide prevention, psychological first aid, and cultural empathy.

Sunrise from Cadillac Mountain, ME.



The workshop is appropriate for family members, peer supporters, mental health and medical service providers, social workers, spiritual leaders, police, fire, EMTs, and teachers. No previous training necessary.

When: Sat., November 7, 2015, 9am – 4:30 pm.

Where: 555 Joslen Blvd., Hudson, NY

Cost: \$10, or \$60 with CEU credits, \$25 for optional workbook

Pre - Registration required prior to October 23rd

Six CEU's available for LMSW and LCSWs

For details and a registration form:

www.namicolumbiacountyny.org or www.apogeecenter.com