

JULY 2015

# Creative THINKING

# freedom



**A Multimedia Experience**

*featuring Treatments, Articles, and Videos*

June 2015

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*Letter from the Editor*

Dear Reader,

First, let me thank you again for your subscription. It is the desire of the *Creative Thinking* eMag team to grow this magazine into its own unique publication dedicated to uplifting and supporting humans everywhere.

Now, I am very excited to introduce you to a new featured article called: *A Little Bit of History!* One of our organization's ministers, Rev. Bill Arrott, is always sharing these wonderful stories with the other ministers. Now we will share them with you.

In addition, July will be the first time that we are featuring a Center, its minister, and its ministry through treatments, articles, and photos about their Center. Part of our vision is to find more and more ways to practice collaboration and mutual support throughout all the different Centers that practice the Science of Mind.

I know you'll agree with me that this teaching is the best thing that has ever come into my life. So, through this magazine, its articles, and its treatments, we ready ourselves to be a stand for transformation, first in our lives, and in the lives of the people we love. Together as we practice, we move forth into the loving transformation of the planet by NOT being part of the problem any longer.

Enjoy our July issue, featuring Rev. Bill Arrott with *A Little Bit of History*, and The DuPage Center for Spiritual Living.

Peace and blessings,



Michelle Wadleigh  
Editor-in-Chief

# Creative Thinking

## Credits

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*We would like to extend a warm thank you to all who have  
contributed in making this possible.*

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Featuring Treatments, Articles and Videos From Centers Worldwide.

This month featuring...

## DuPage Center for Spiritual Living

### Get Out Of Jail Free Card

Rev. Celeste A. Frazier, Spiritual Leader  
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### Video Treatment for Freedom

### About Rev. Celeste A Frazier

### About DuPage Center for Spiritual Living

### THIS MONTH

Keep an eye out for treatments  
by the DuPage CSL community

# Featured Articles

Click Here!

## Dear Hazel

"I Can't Stand It Any More" pg.45

## Inspirations

**18 Expressions of Freedom That We All Deserve But Do Not Equally Enjoy**

Rev. Michelle Wadleigh - pg.46

Click on a title to jump to that article

## One Human Family

**Say Yes To A Higher Energy**

Dr. Rev. Kenn Gordon - pg.48

## A Little Bit of History

**Prosperity On Demand**

Rev. Bill Arrott - pg.51

## Light In Spirit

**Random Quips** - pg.53

## Tratamiento de oración - en español

**Soy libre para ser todo lo que deseo ser.** - pg.7

## *Contents*

---

July 1	<a href="#"><u>Rev. Michelle Wadleigh</u></a>	<a href="#"><u>Pg. 8</u></a>
July 2	<a href="#"><u>Rev. Jennifer Picinic, PhD, CSC</u></a>	<a href="#"><u>Pg. 9</u></a>
July 3	<a href="#"><u>Elaine L. DeMars, Practitioner Intern</u></a>	<a href="#"><u>Pg. 10</u></a>
July 4	<a href="#"><u>Rev. Vanecia Wills-Leufroy</u></a>	<a href="#"><u>Pg. 11</u></a>
July 5	<a href="#"><u>Linda Ruoho, RScP</u></a>	<a href="#"><u>Pg. 12</u></a>
July 6	<a href="#"><u>Rev. Jim Starke</u></a>	<a href="#"><u>Pg. 13</u></a>
July 7	<a href="#"><u>Rev. Angelica Jayne Taggart</u></a>	<a href="#"><u>Pg. 14</u></a>
July 8	<a href="#"><u>Kris Ferraro, RScP</u></a>	<a href="#"><u>Pg. 15</u></a>
July 9	<a href="#"><u>Rev. Dr. Maxine Kaye</u></a>	<a href="#"><u>Pg. 16</u></a>
July 10	<a href="#"><u>Rev. Nancy Fagen</u></a>	<a href="#"><u>Pg. 17</u></a>
July 11	<a href="#"><u>Rev. Bill Arrott</u></a>	<a href="#"><u>Pg. 18</u></a>
July 12	<a href="#"><u>Brian Jude</u></a>	<a href="#"><u>Pg. 19</u></a>
July 13	<a href="#"><u>Neil Pinkman</u></a>	<a href="#"><u>Pg. 20</u></a>
July 14	<a href="#"><u>Rev. Davine Young</u></a>	<a href="#"><u>Pg. 21</u></a>
July 15	<a href="#"><u>Rev. Brian Akers</u></a>	<a href="#"><u>Pg. 22</u></a>
July 16	<a href="#"><u>Rev. Linda Fisher</u></a>	<a href="#"><u>Pg. 23</u></a>
July 17	<a href="#"><u>Rev. Richard Zayas, Practitioner Intern</u></a>	<a href="#"><u>Pg. 24</u></a>
July 18	<a href="#"><u>Rev. Faith Woods</u></a>	<a href="#"><u>Pg. 25</u></a>
July 19	<a href="#"><u>Jo Christiana, Practitioner Intern</u></a>	<a href="#"><u>Pg. 26</u></a>
July 20	<a href="#"><u>Rev. Celeste A. Frazier</u></a>	<a href="#"><u>Pg. 27</u></a>
July 21	<a href="#"><u>Jillby Beck</u></a>	<a href="#"><u>Pg. 28</u></a>
July 22	<a href="#"><u>Rev. Celeste A. Frazier</u></a>	<a href="#"><u>Pg. 29</u></a>
July 23	<a href="#"><u>Christine Milostan</u></a>	<a href="#"><u>Pg. 30</u></a>
July 24	<a href="#"><u>Karl P. Castro</u></a>	<a href="#"><u>Pg. 31</u></a>
July 25	<a href="#"><u>Jean Miner, RScP</u></a>	<a href="#"><u>Pg. 32</u></a>
July 26	<a href="#"><u>Rev. Paulette C. Trum</u></a>	<a href="#"><u>Pg. 33</u></a>
July 27	<a href="#"><u>Celina Smith, RScP</u></a>	<a href="#"><u>Pg. 34</u></a>
July 28	<a href="#"><u>Carol Parker</u></a>	<a href="#"><u>Pg. 35</u></a>
July 29	<a href="#"><u>Michael Pietrzak, RScP</u></a>	<a href="#"><u>Pg. 36</u></a>
July 30	<a href="#"><u>Suzanne Case</u></a>	<a href="#"><u>Pg. 37</u></a>
July 31	<a href="#"><u>Diane McFarlin</u></a>	<a href="#"><u>Pg. 38</u></a>

*La libertad deja nada que perder.*

Janis Joplin

Reconozco la unidad, la interdependencia, y la perfección de la vida. Sé que hay una expansión continuo de la vida eterna. El efusión de la vida se expresa cada día, cada minuto, y en cada respiración. Acepto que mi vida baila al ritmo de una vibración divina - que es todo, perfecta y completa. Con esta conciencia, me dejo liberar de mi resistencia, mis dudas, mis preocupaciones y mis temores.

Declaro mi libertad de las construcciones mentales y las asociaciones emocionales que de otra manera me unen a ilusiones, decepciones, o remordimiento.

En su lugar, me declaro libre de ser y dejar ser -

y yo reclamo mi derecho de nacimiento a vivir con alegría y en armonía.

Confío en orden divino y acepto que todo demuestra para el mayor bien y en el momento perfecto. Acepto la vida en sus términos. Dejo ir y dejar a Dios.

Estoy muy agradecido por el poder personal que viene a mí a través de la conciencia.

Por esta y las bendiciones infinitas de vida, digo gracias.

Sabiendo que es así, yo libero estas palabras en la ley y los principios espirituales y permito que sea.

¡Y así es!

Rev. Richard R. Zayas, Practitioner Intern  
Center for Spiritual Living North Jersey

Afirmación: Soy libre para ser todo lo que deseo ser.

*America will never be destroyed from the outside.  
If we falter and lose our freedoms, it will be because we destroyed ourselves.*

Abraham Lincoln

Thank you Spirit for the freedom that I love, enjoy, and accept as a gift. I accept this gift as a natural out-picturing of the good and the beauty of Life Itself by means of me. Yes, I am thoroughly and whole-heartedly appreciative of the gift of freedom that is a vital aspect of my divine birthright.

At a cellular level and with every ounce of breath in my body temple, I know freedom for all sentient beings. I recognize the rights of all to experience a fully expressed life of health, wealth, creative self-expression, and spiritual expression. I call forth the rights afforded to us by God. I call forth for every human the right to live life unencumbered. And, I declare with my faith and conviction in the power of the Word, there is an expansion of consciousness now that releases this possibility to, for, and in all. It is with abundant celebration that I know and embody this truth.

With bountiful appreciation for being one with the One, I surrender this word into the Law that creates all things under the sun.

And so it is!

Rev. Michelle Wadleigh  
Center for Spiritual Living North Jersey

AFFIRM: I am FREE! I am FREE! Thank God I'm FREE!

*When prayer removes distrust and doubt and enters the field of mental certainty, it becomes faith; and the universe is built on faith.*

Ernest Holmes

Truth is love, is Principle, is Spirit, it is Life Itself and I am one with all of these facets in the most potent and beautiful way possible.

Faith is misused when applied only as a backdrop. It is more than something to instill in oneself or others so that in times of need, it is available to fall back on. What if we shift our use of this quality and allow Faith to take the lead? Yes, I cultivate the faith and conviction that moves my individual life into alignment with the grand idea of Life and perfection.

As we awaken each morning let us take the time to honor our Faith. Let us keep Faith in the forefront of our hearts and minds and allow it to take the lead in all we do, in everything we touch. I allow Faith to take the Lead in all of my actions and Spirit comes rushing forth to support my activity.

I am bountifully and abundantly grateful for the beauty of this Faith-filled life that I live and accept this Faith-filled, Good Life as reality for all humans everywhere.

And so it is!

Rev. Jennifer Picinic, PhD, CSC

AFFIRM: Today, I allow Faith to guide my Being. I surrender to the unknown and walk with ease in my Faith.

*When I discover who I AM, I will be free.*

Ralph Ellison

What I know for sure is that Spirit cannot be bound, restricted, or limited in any way. The Infinite One, is beyond time and space as I know it. It knows not of the past or the future. It exists in the perfect and exquisite Now. This One encompasses all and is expressed through and as all, yet It is not, and cannot be, limited to that expression, for It is forever and ever expanding in the harmonious and dynamic evolutionary move forward.

As I release any sense of separation, I move into the supporting, nurturing, freeing embrace of the One Infinite Life. At every turn, I know that I am divinely informed and nurtured. In the sanctuary of my soul, that sacred place where I, the beloved, meet Infinite Love Itself, I am made new. I am one with the One. I am cleansed of any and all misperceptions, memories, and fears. I move forward with the confidence of God that all is well in my world. As I know the perfection of life for myself, I know it for my family and for my universal family. I feel that intimate and infinite relationship with all people and all life. I know a life of peace and plenty for all. I know peace for the world. I know unbounded freedom and well-being for all.

With heartfelt and mindfelt gratitude, knowing that this word is the power and the presence of the Living Spirit Almighty, I release this word into the Law, which makes it so.

And so it is!

Elaine L. De Mars, Practitioner Intern  
Center for Spiritual Living North Jersey

AFFIRM: I AM and celebrate freedom.

*In the beginning God created ...*

Genesis 1:1

God is “in the beginning;” therefore, everything begins with God. Life is because God is. Ideas are because of God's divine intelligence. Things exist because of God's divine creativity. I exist because of the life-energy within me. My ideas are the result of God's intelligence expressing in, through, and as me. I am a manifestation of all that God is. I choose to remember this and to express this in my thoughts, my words, and my actions. In doing so, I expand my concept of myself as an expression of God and allow this greater truth to come forth. As a result, I express more good in this world as the unique personality that I am.

Realizing a greater concept of myself allows me to see and experience the greater truth in others and the good they bring into the world. Each of us is of the same life-energy, therefore; a collective synergy of spiritual-human growth, love, and action occurs that permeates our families, our communities, our country and our world.

I am grateful for knowing and accepting this truth. I know that all are a vehicle of greater good, greater love. As I experience this gratitude, the Law is set in motion, and there is a greater expansion of self, of love, good, collective growth, and action. It all begins within and extends into our outer world. It is so; it is done; and it is good.

And so it is!

Rev. Vanecia Wills-Leufroy  
Center for Spiritual Living Las Vegas, NV

AFFIRM: Today, I am a greater expression and vehicle of Good, of Love.

*Dig within. Within is the wellspring of Good; and it is always ready to bubble up, if you just dig.*

Marcus Aurelius

Knowing that I am a spiritual being, I express my inner divinity freely. God is present everywhere, continuously expressing perfection, wholeness, and completeness. I fully express my unity with all beings and marvel at the multitude of God's expression as me and through me.

Knowing that God operates through and as me, I am aware that all that I require is already present within. I do the work of inner digging. I mine for the treasures which are awaiting my reveal. I continually work to fully out-picture God's perfection in my actions, relationships, and being. My good thrives and prospers in the realization of my divinity. I joyously express my love for life. I allow the bubbling up of Spirit within me to illuminate all areas of my life, bringing greater delight to everything I do and into all my relationships. My health and vitality are effervescent. I allow that which is deep within me to rise to the surface in grander declarations of creativity and love. As I pay closer attention to the wellspring of good in my life, I continuously bring more of that good into expression.

With immense gratitude and joy, I remain open at the top, practicing my inner excavations, allowing God to bubble up to the surface of my being.

And so it is!

Linda Ruoho, RScP  
Westlake Village Center for Spiritual Living

AFFIRM: I dig deep within for my answers.

*Always believe in yourself. No matter who's around you being negative or thrusting negative energy at you, totally block it off. Because whatever you believe, you become.*

Michael Jackson

As I go inward to connect with the me who is connected to the All That Is, I know that I AM. I know there is nothing else but God. I center my energy in that place of power, my God Center, and all that is not in alignment just falls away. It was nothing wanting to be something. I allow myself to recognize the I AM that permeates every atom and is every atom of my body, and I find I am whole, complete, and perfect. I breathe that in and I exhale it. I feel Spirit flow and circulate simply and easily throughout me, through my lungs, my heart, my veins and the synapses of my nervous system.

Knowing that, I know there is nothing I cannot do if I put my mind to it, because my mind is the mind of God. I know this. My mind is the same mind each one possesses, so in this connection we are one, in and as God. In this connection I know all is well in my life, and in this life, and I allow It to unfold in Its absolute perfection. I say, Thank you, Spirit; Thank you, Spirit; and Thank you, Spirit!

And so it is!

Rev. Jim Starke  
[Spirit Education](#)

AFFIRM: The One functions through me.

*It is impossible to struggle for civil rights, equal rights for blacks, without including whites. Because equal rights, fair play, justice, are all like the air: we all have it, or none of us has it. That is the truth of it.*

Maya Angelou

Gratefully I acknowledge the powerful presence of Life within me. I look around my world and see It everywhere. It is awakening our souls, nurturing our spirits, clearing our minds and purifying our hearts. This Presence within and around each of us is The Divine: All-powerful, all-knowing, and every-where-present.

Regardless of appearances, I acknowledge that together we are opening to a new way of being. No longer do I blame and shame. No longer do I hold anything against another. I am ready to be loving-kindness in action, peace personified, Love made manifest.

How grateful I am to be a part of the Centers for Spiritual Living, knowing that we are doing the work we can do to heal hearts, change minds, and lives.

I personally commit myself to the possibilities of this time, knowing it is Divine Time, and I declare that only the highest good for all is at hand. I pledge myself to my human family to live the very best life, to think on good things, to celebrate Life in all its forms. I promise to honor and respect The Divine in everyone and everything.

Gratefully I release these words, knowing Divine Mind is assisting us in attaining and maintaining the consciousness of a world that is working for all.

And so it is!

Rev. Angelica Jayne Taggart  
Eureka Center for Spiritual Living

AFFIRM: I know the truth of freedom for all.

*There is no easy walk to freedom anywhere, and many of us will have to pass through the valley of the shadow of death again and again before we reach the mountaintop of our desires.*

Nelson Mandela

I choose to release from my mind any idea of separation. I know that there is only unity, only one all-knowing, all-powerful presence. I call this presence God, and I know it is good—all the time. God is the creative medium from which all life bursts forth, including me and all others. I recognize that what is true for God is true for me.

Today, I claim my spiritual freedom. I easily break free from everything dimming my light. There is nothing that can stand in the way of me living a life of total liberation. I get to co-create my experiences with God, and I am doing so now, consciously and responsibly. I am loving myself as God loves me, without any conditions, so I am completely free to express my unique gifts. I stand in my power with confidence and grace. I feel my true essence emerging from the illusions as I expand into exaltation! All of life is good, and my life is the demonstration of true flexibility. I am safe to move into what feels best for me, into what fits perfectly, beyond where I have been before. This makes me so happy!

I appreciate all that has unfolded on my behalf: the synchronicities, the abundance, and the growth. I am grateful for the privilege to stand in my power and shape my experiences as I choose. I love being and feeling free in every way. I move into trust with great faith, allowing this word to unfold perfectly now. I simply know it, and it is done.

And so it is!

Kris Ferraro, RScP  
Center for Spiritual Living North Jersey

AFFIRM: Today, I claim my spiritual freedom.

*Life is a mirror and will reflect back to the thinker what he thinks into it.*

Ernest Holmes

One God, one Spirit, one Power, infused in and expressing through all creation and every sentient being, fills my individualized identity with all the peace and all the power there is.

This is the day the Creative Process is making by means of my clear, loving, enthusiastic choices, and I choose life abundant for myself, all spiritual communities, and each person on earth. I honor every path to spiritual awakening and delight in my own growing awareness of the divine in all people, places, and experiences.

My heart overflows with gratitude, joyfully embracing my deepening understanding, growing compassion, and the affluent manifestation of every possible good for all through which Spirit is expressing now.

With confidence and joy, I release this word to the Perfect Law of Mind and delight that it is so now.

And so it is!

Rev. Dr. Maxine Kaye

Greater Philadelphia Center for Spiritual Living

AFFIRM: The Creative Power That Is creates through me willingly.

*The spiritual man [person] needs no healing, health is an omnipresent reality, and when the obstructions that hinder healing are removed, it will be found that health was there all the time. So in your work, do not feel that you must heal anyone. Your only responsibility is to uncover the Truth.*

Ernest Holmes

Recognizing the One power and presence is all there is, I joyfully unify with It in Its entirety.

In this consciousness of unity, I embrace the perfect expression of who I am—an individualized expression of the One.

I allow this perfection to express fully in, through, and as me as perfect health. Every cell in my body is functioning perfectly, resulting in perfect assimilation, perfect circulation, and perfect elimination. My life is one of energetic vitality expressing in balance, harmony, and peace. Keeping my consciousness clear of any disturbance, I allow nothing to interfere with the perfect workings of my mind, emotions, and body. Every part of my body continually regenerates, keeping perfect harmony and balance as the natural state of my being and showing up in my world of effects as unbounded vitality and free flowing energy.

Grateful this is now so, I release this truth as it manifests in my life. I live in optimal health.

And so it is!

Rev. Nancy Fagen

Center for Spiritual Living Jacksonville Florida

AFFIRM: I live in optimal health.

*To this end was I born, and for this cause came I into the world,  
that I should bear witness unto the truth.*

John 18:37

The world needs me as I am—not as I once thought it raised me to be, but as I was created to be. In the past, whenever I tried to assert myself, the world would challenge me with the question, “Who do you think you are?” And I would pull back in deference to those who seemed to know more about me than I did about myself. Whenever I told myself, “I’ll show them,” I proved them right because I didn’t know who I was.

But now I have learned that I am created by God out of Itself and endowed with all of Its spiritual qualities to co-create my own world. I do not have to prove myself to anyone, not even to myself. I do not have to earn the right to live; I only have to exercise that divine right. My only responsibility is to be me.

I joyfully accept the responsibility to develop and exercise the talents that I have been given and use them for good. I respectfully accept the divine guidance that comes from within because I know that therein lies my fulfillment as the divine being that I am. So be it.

And so it is!

Rev. Bill Arrott  
[Center for Spiritual Living Fort Lauderdale](#)

AFFIRM: I accept my divine responsibility to use my talents for good.

*Love yourself, love yourself, love yourself more,  
because that's what it's all about.*

Dee Wallace

I know there is only one Conscious, Creative, Loving, Benevolent Thing in this Universe, and that is God. It exists around All Things, permeates All Things, and is the true essence of All Things. There is nothing that is not God.

In that knowing, I direct my thoughts, feelings, speech and action accordingly. Divine Love fills my consciousness completely, and inspires me to create my heart's desire easily and effortlessly in every way. I love myself enough to choose the right courses of action that empower me to achieve my every goal, right on time.

I love myself to know that any feeling of lack or limitation – be it of time, money, love, opportunities or partnerships – comes from a false sense of believing in a separation from God, and I quickly turn such beliefs back to my Divine knowing as soon as such beliefs begin to become apparent.

I bless myself and all others with every thought, word and deed which I create. I complete each night in reflection of all that I have done within the Earth's last rotation in complete joy, satisfaction, peace and thankfulness, looking forward to create the next, "Most Glorious Day of My Life."

Knowing that I Am Divine Love, I know that all that I have been called out to do is already whole, perfect and complete, I release these words into the Universal Mind, and Universal Heart, knowing that the flow of the Energy of Divine Love remains open and available for all to receive it.

And So It Is!

Brian Jude  
Center for Spiritual Living North Jersey

AFFIRM: I Am Divine Love and Divine Self-Love.

*Just as the great oceans have but one taste, the taste of salt,  
so too there is but one taste fundamental to all true teachings  
of the way, and this is the taste of freedom.*

Buddha

I am free! God is. I am. I am free. My expanding awareness and my continual surrender to being one with the One, knowing that there is only one Divine Spirit, releases all in me to be freer in each and every moment. There is a life, my life, that is now flowing unobstructed. Every thought that is created in my mind comes clearly and confidently as it is supported by this freedom. The more I release and let go, the freer my spirit expresses.

I trust this freedom of thought and spirit to be the true expression of me. I am free to live as me. There is no hesitation in this expression; there is only a strong, creative outpouring of my life. Relaxing, with confidence, into all that I do, I know that my work, my play, and my relationships become richer, deeper, and more inspiring.

A life filled with gratitude is very present. Knowing, with the confidence that comes from surrender, that these words are creating as they are spoken, I release them into the Law.

And so it is!

Neil Pinkman  
Center for Spiritual Living North Jersey

AFFIRM: I release. I let go. I surrender. I am free.

*The best freedom is being yourself.*

Jim Morrison

Freedom is my birth right!

There is only God, and from this realization that God is in and all around me, I know all things are possible. I'm comforted in this truth. I relax knowing that the wisdom of the Divine is flowing through me allowing me to make choices every minute throughout the day.

I take great delight in knowing as a creative being of light, I listen to the One guiding and directing me, I am free, clear and open to express in new and wonderful ways. I am reminded that I can always re-choose in the moment, to something birthing its way through me that is greater than I imagined, and I gratefully say, "Yes" to the next opportunity awaiting me.

I give thanks for accepting my willingness to be free. I am thankful for all that is available to me and know that as I have spoken these words to the action of Law, all is well.

I let go, let it be.

And so it is!

Rev. Davine Young  
[Center for Spiritual Living Peninsula](#)

AFFIRM: I am free and accept my good.

*Each one of us is an outlet to God and an inlet to God.*

Dr. Ernest Holmes

God is the very movement of all creation. All that is, has ever been, or will forever be has come from this One and returns to It always, never having left at all. The circulation of this good is the very circulation of life itself.

I am an avenue through which this good flows, now and always. As an expression of God, I know that this goodness is circulating through my every feeling and experience. My life is God's life in full expression.

With this prayer I open myself to allow even better flow into my life. I am an inlet for the love and peace, and as such I am made ever more available. As it moves through me, I give of it abundantly knowing that I participate in the flow of universal good with my kindness and compassion. I am an outlet for this love to bless the world around me. I am a conduit through which peace finds itself being revealed by my presence in every situation.

I accept this prayer and all the goodness of this understanding by acknowledging the many ways in which my life has already been blessed. My work is the work of God, and it is good, so I accept this goodness with grace and gratitude.

I release this word unto the Law, allowing it to simply continue to do what it has always done: affirm my word and have it manifest as my life in even more beautiful ways than I could have imagined.

And so it is!

Rev. Brian Akers  
[Center for Spiritual Living Columbia](#)

AFFIRM: I am a conduit for universal good, kindness, compassion, and love.

*Happiness can be stillness. But it isn't still. It wraps, enchant's, heals, consoles, soothes, delights, calms, inspires and connects. It is on your face and in your body. It is in your life and being.*

Stephanie Dowrick

Now is all there is. I am fully aware of God's presence. I know my inner divinity is God expressing through and as me. I allow the presence of God to fully awaken within. My life and my being are centered in God.

Recognizing that happiness is an inner quality that I can awaken to and live fully, I now embrace the joy of God as expressed through each and every relationship in my life. I seek the Truth of each situation and live a happy, fulfilled experience. I open up my heart center to ever-expanding expressions of happiness. I see the perfection of God expressing as my fellow seekers of the sacred. Joyfully, I move about my day, effortlessly interacting with the world and all those in it. The more happiness I convey, the more I experience increased good, pleasing relationships, wonderful health, and invigorating vitality. I radiate my happiness and awakened consciousness in the world each and every moment of the day. Happiness is infectious and I spread its joy willingly.

I am grateful for the ever-present joy of God working in my life. Now, I release my word as law, as I know it to be so.

And so it is!

Rev. Linda Fisher

[Yuma Center for Spiritual Living](#)

AFFIRM: I am a happy creation of God, and I am grateful for my good.

*Freedom's just another word for nothing left to loose.*  
Janis Joplin

I recognize the unity, the interdependence, and the perfection of life. I know that there is an ongoing eternal unfoldment of life. The flow of life expresses itself every day, every minute, and in every breath. I accept that my life dances to the rhythm of a divine vibration which is whole, perfect, and complete. With this awareness, I let go of my resistance, my doubts, my worries, and my fears.

I declare my freedom from the mental constructs and the emotional associations that may otherwise bind me to illusions, disappointments, or remorse.

Instead I declare myself free to be and to let be –and I claim my birthright to live with joy and in harmony.

I trust in divine order and accept that all demonstrates for the highest good and in the perfect time. I accept life on its terms. I let go and let God.

I am grateful for the personal power that comes to me through awareness. For this and the infinite blessings of life, I say thank you.

Knowing it is so, I release these words onto spiritual law and principles, and I allow it to be.

And so it is!

Rev. Richard R. Zayas, Practitioner Intern  
Center for Spiritual Living North Jersey

AFFIRM: I am free to be all that I desire to be.

*God gives some more than others because some accept more than others.*

Ernest Holmes

This day is a container for Spirit to reveal itself in magnificent ways. It contains every bit of Spirit I know, and I have the opportunity to walk through his day with eyes wide open, willing and ready to receive the understanding that is here for me. I am open to witnessing it all.

Knowing the infinite presence as love is fully awake, I awake.

Knowing the infinite presence as joy is alive, I become alive.

I breathe into this moment and relax into love and joy.

Knowing the infinite presence as peace is fully present, I become present.

Knowing the infinite presence as abundance shows up, I show up.

I breathe into this moment and relax into peace and abundance.

Knowing the infinite presence is – I know I am.

I breathe into this moment and relax into the sea of infinite possibility expressing through me this moment. I choose to dive into life more fully. I choose to rise and expand my awareness and share it through my expressions today.

May today be a transition point for each individual as he/she begins a fuller life expression. May the fuller expression become “more than enough.” I release all fear and constrictions of any kind. If the door is locked, a key is found. If there is darkness, illumination is sparked. All good, all love, and all possibilities show up right here and now.

These words are law. The Law makes this so as I release and let go.

And so it is!

Rev. Faith Woods

Celebration Center for Spiritual Living Falls Church

AFFIRM: I know, and I know that I know confidently!

*Spread love everywhere you go. Let no one ever come to you without leaving happier.*

Mother Teresa

I know that there is an infinite source that is the power back of all things. I know that this is divine intelligence, wisdom, love, and peace. It is an presence that is in, with, and through everything and everyone. Everything in creation is powered and animated by this One. Everything is a thought in God's Mind; everything is created out of this source and substance. It is all God, all good.

Knowing this is the truth, I know that I am God's creation. I am powerful, and I am holy, and I am created in the image and likeness of God—endowed and infused with divine love. I am one with the One, and I am love itself.

I look out at the world and see God in everything. I see Spirit in the eyes of every being that I look upon, and I see love in every aspect of nature. I open myself to the full understanding of this interconnectivity of life, and it thrills me to my core. I open myself to the inspiration of the Spirit, and I experience the creative nature of the One flowing through me in words, in prayer, and in the transforming power of love. I see and know myself as love, cherished and embraced, worthy of all my good.

Grateful for the truth that I know and for the Law that always say yes, I allow this truth to be the guiding force in my life.

I surrender all my worldly thoughts for this living truth, and I let it be so.

And so it is!

Jo Christiana, Practitioner Intern  
Center for Spiritual Living North Jersey

AFFIRM: I celebrate my one human family.

*So man must be created with the possibilities of limitless freedom and let alone to discover himself.*

Ernest Holmes

God is freedom, love, joy, creativity, expansion, and justice. God is harmony, intelligence, wisdom, right action and peace. God is the allness of life, the sweetness of life, and the substance of all life. I am made from this substance. All of creation is made from this substance. Everything that has life is filled with the spiritual DNA of this substance.

How wonderful it is to know that the seed of something beautiful resides within me, within all of us! I am free to choose from this space of beauty within me. I reach into my Self and find all I need for my growth, development, and unfoldment. I explore the possibilities in the invisible realm that have not yet been brought forward through me. I get to see the power that lies within me. And there is no-thing stopping me from doing so. I get to dive deep into the realm of the unknown and discover, by means of tapping into this expanded awareness, what is mine by divine birthright. I am let alone to discover joy, to be creative, and to expand. I am on my individual journey, equipped with Divine Mind, eternal love and infinite intelligence. Because my mind is one with the Mind of God, I have access to limitless information. I pull from my roots, and I express fully from my essence to my divine destiny.

I am grateful for this truth, for this awareness, and for this sharing. In loving gratitude, I release my word to Law. Law, being perfect, fulfills this word. I let it be.

And so it is!

Rev. Celeste A. Frazier  
[DuPage Center for Spiritual Living](#)

AFFIRM: I am free to find my beauty and revel in my joy.

*Lock up your libraries if you like; but there is no gate, no lock,  
no bolt that you can set upon the freedom of my mind.*

Virginia Woolf, A Room of One's Own

Yes, God is all there is and will ever be. I am one with this God and the immense gathering of souls who enhance my life.

I declare that all discover the beauty and freedom of knowing oneself and infinite possibilities at every turn. I know that all are free in their hearts and souls, regardless of history or conditions. Freedom of the mind is the embryo of freedom of life. We all have it, and I know, right here and now, that we are all free with our intellect and our passions and our love and forgiveness.

Knowing that freedom is created from within, I see that ALL are blessed with a pure heart and mind. Freedom informs all lives in the eternal move forward. God is always fully present, giving me great strength in life's glorious forward motion. I was held back by the fear of judgment, but now I know that all is well and beautiful and harmonic, succulent and bathed in light. I am the essence of love and understanding and gratitude, and my freedom is important to all. I see my blessings ceaselessly unfold. I see my limitless possibilities for serving others as God.

I am filled with unlimited gratitude for these eternal truths.

I release my words as the Word of God into Law, knowing freedom is happening right now.

And so it is!

Jillby Beck

DuPage Center for Spiritual Living

AFFIRM: I affirm this day I am free to be me and that is purity. Truth be told now and always.

*Man is free at the moment he wishes to be.*

Voltaire

God is freedom and joy, peace and love. God is my source, my creator, my strength, and my essence. I am the embodiment of freedom. As I know this is true for me, I know this is true for every life. Each flower is free to bloom. Each tree is free to grow. Each animal is free to roam or to seek shelter.

Each person is free to choose higher, and I know that am free. I am free to move beyond the misery of any circumstance. I am free to leave my funk for my joy.

I am free to be at peace and to release chaos. And I am free to love rather than be unforgiving. Because I know these truths, there is always an option for me to be free. I choose freedom because I love all of the divine qualities that come with it. I am powerful, creative, expressive, and expanded. When I have reached the point where I am no longer to be in bondage, in sadness, in conflict, and in fear, I wish to be free.

I make my choice for my highest good, and all is well. In gratitude, I release this word to the Law. The Law returns this word to me fulfilled.

And so it is!

Rev. Celeste A. Frazier

DuPage Center for Spiritual Living

AFFIRM: I am willing to keep myself free – consciously –allowing more joy to come into my experience, my mind, my body, my world.

*Close your eyes and imagine the best version of you possible. That's who you really are. Let go of any part of you that doesn't believe it.*

C. Assaad

God is all there is. All is well. All is good. I am one with the One. I am healthy, happy and prosperous.

I am healthy in body, mind and spirit. Healing energy circulates within my body, my relationships, my creative expression, and my thoughts. All are aligned with a loving Spirit. I support my physical body with healthy activities and nourishment. I grow deeper in my spiritual connection and understanding.

I feel the joy of Spirit in all areas of my life and within every cell of my being and know Joy for all. I welcome more happiness into my life with a receptive heart. I enjoy the beauty, love and wonder around me.

I am prosperous with an ever-expanding abundance of friends, love, kindness and boundless opportunities. I say yes to my highest good. I am financially prosperous. I release old limiting beliefs, doubts and fears. I trust Spirit is guiding me in all I do and create. God is the one and only source of my supply. My life is rich. I claim my Divine inheritance and joyously share it with others.

With a joyful heart I express deep gratitude for all there is and all there will be. I am peaceful, happy and centered, right here and now.

I release my words to the Divine Creator knowing demonstration is already in motion.

And so it is!

Christine Milostan

[DuPage Center for Spiritual Living](#)

AFFIRM: I am healthy, happy and prosperous!

*Man has the ability to choose what he will do with his life, and is unified with a Law which automatically produces his choice.*

Ernest Holmes

I know that there is one God, one choice, one glorious universe, and that my God and I are one. The great I AM is in me as I am in thee. The God in me, as me, now speaks my word. My word is powerful. It's true, and it goes forth to bring about all good things that are rightfully mine. Right here and right now, I choose to be abundant, to have perfect health, and to be free from fear.

I know that I am God's loving presence here on earth, and all good pours from me. I have no lack in my life, and I am always guided to bring about spiritual freedom into my life. God's plan for me is perfect. So right, I give thanks for my birthright and all that spiritual citizenship brings upon me.

I release this treatment unto the law knowing that no power can hinder my freedom to choose.

And so it is!

Karl P. Castro

[DuPage Center for Spiritual Living](#)

AFFIRM: Freedom is my choice!

*The Divine plan is one of freedom. The inherent nature of man is ever seeking to express itself in terms of freedom, because freedom is the birthright of every living soul.*

Ernest Holmes

I live in a land that is free, and I live with a mind that is free from bondage in every area of my life. I consciously decide that since freedom is my way, nothing can impede or delay my choice to live daily without judgment or fear. I choose to embrace all humanity, just as it is, knowing that everything/ everyone is whole, perfect, complete, and beautiful just as it is, in its own way.

I am free to love my neighbor as myself and free to be comfortable in my own skin. Freedom is my choice, and freedom is my way.

I give great thanks for my country and all the freedom of personal choice it allows me to enjoy daily, I give thanks for the Science of Mind teaching which has given me the tools enabling me to achieve the level of personal freedom I desire, because I know that personal freedom always begins from within the mind of the individual.

I release this treatment in joy and gratitude, knowing I will always be free because I consciously choose this path.

And so it is!

Jean Miner, RScP  
[The DuPage Center for Spiritual Living](#)

AFFIRM: Freedom is my way!

*I am the Spirit of Joy within me.*

Ernest Holmes

There is only One Power, One Presence in the Universe. This Power is the Perfect Mind of Spirit. I live and move and have my being in this Perfect Power, One Presence and Perfect Mind right here and right now.

I recognize this Truth and I realize that I am blessed with the Joy of perfect health in all areas of my life. My relationships are abundant and fulfilling. My career is fulfilling to me and serves those with whom I work. My financial health is secure and funds are abundant enough for my needs and to share with others. My body is God-given and God-maintained and functions perfectly as it was meant to be. My relationship with the Divine Father deepens day by day. I relax, knowing everything I need is provided by this One Presence.

I am grateful for everything God gives and continues to give. I am grateful for the health that is mine.

I rejoice in this knowledge and awareness of my connection with Spirit. I release my word unto the Law knowing that as a seed is planted in the soil of Mind, it must produce what is planted.

And so it is!

Rev. Paulette C. Trum  
[DuPage Center for Spiritual Living](#)

AFFIRM: I am perfect health.

*I know that peace exists at the center of everything.*

Ernest Holmes

My journey through life opens the portals of understanding and wisdom, which begin to flourish as I have an inward acceptance of the path of greater awareness. This is the road to freedom, full liberation of the soul.

As I move through my life experience, there are opportune times in which the experience itself provides a blueprint that leads to revelations and insights. When I arrive at that point of understanding, it is then that acceptance is revealed and freedom is expressed. The gift of acceptance is the treasure of self-awareness.

All my past experiences can no longer stifle growth or diminish self-worth, when I am able to embrace my life experiences and discern what is really true. (I know for each that we are spiritual beings having a human experience). The vibration of freedom is present when as the issue of circumstances of separation dissolve. The transitioning from guilt and blame frees the soul to expand to its natural state of being.

I live in a state of grace and love. When I am living in a state of grace and love, there is no need to self-punish by withholding love. Guilt no longer has any room to grow in the presence of love; Spirit as my beloved is that love.

Namaste'

And so it is!

Celina Smith, RScP  
DuPage Center for Spiritual Living

AFFIRM: I live out loud in total freedom. I stand as a witness to the oneness of Spirit everywhere I am. I am grateful to be free in this moment, as the love that I am.

*When we learn to trust the universe, we shall be happy, prosperous and well.*

Ernest Holmes

My Soul rests in the comfort of knowing there is One Power, One God. This Power is unconditional love personified. It is always available to everyone and everything. As I am a part of God's creation, I rest assured that I am one with God. I live in the knowing that I am eternally connected with the One.

Whatever I choose is mine. I freely create my own world. What a joy it is to know that I have this God given birthright to live this life with my choices, my creativity and my desires. I smile at the thought of living in a world that loves everyone, a world that works for everyone. It is mine for the taking. What a blast!

I am grateful for this knowledge and I am grateful to use it. I give thanks for my turn to live in this world at this time.

Letting go of this treatment is easy as I know it is fulfilled and so I release it into the Law that always works.

And so it is!

Carol Parker

[DuPage Center for Spiritual Living](#)

AFFIRM: I live in the confidence of the One.

*At the quantum level, NO part of the body lives apart from the rest.*

Dr. Deepak Chopra

In the Infinity of time and space, I am one with the Source. I am from It, yet I am It. At all points in time and space, the connection is ever-present. It is all knowing. It is all powerful. This Source is perfectly creating in me, as me, and through me, expressing Itself in all Its perfection. And this is true for everyone!

Regardless of what is going on in my mind, my body, and my affairs, I choose to know my connection to a wonderful, positive, perfect Source that is only good, knows only good, and recreates Itself over and over, in every cell and fiber of my body, as good. I do not need to do anything to access my perfect Source.

In total relaxation, ease and confidence, I feel every cell and fiber of my body energized by the givingness of Source. I know perfect health in my mind, my heart, my organs, my blood, my limbs, and in every cell and fiber that is my being. I breathe fully, move freely, live worry-free, and love every aspect of my 'self.'

Deeply grateful for my confidence, clarity, and awareness of my connectedness, I release this word into the action of all-knowing Law with full acceptance that this is done.

I know it is. I let it be.

And so it is!

Michael Pietrzak, RScP  
DuPage Center for Spiritual Living

AFFIRM: I am eternally connected to the Source of Life.

*All I have seen teaches me to trust the creator for all I have not seen.*

Ralph Waldo Emerson

I know there is only one Universal Source of All, from which all things are born. A single quantum field called Love, from which all arise and are connected, is all there has ever been or will ever be.

I know that I am created from this Source of All. I can feel this truth deep inside when I quiet my body and my mind enough to hear the whispers within me. As I slow myself enough from my everyday pace to feel It, to hear It. In silence, I hear the whispers of God from within me. And in this silence I know that all things come together at the right time for greatest good and the good of all. I experience this perfection throughout my life. Its memory reinforces my patience and multiplies my joy when I experience this perfect unfolding again.

I know the seamless unfolding of all things is in perfect harmony with all in my life and find comfort in this knowledge. I find myself in a continuous state of gratitude for this knowledge of the Truth, this whisper from within that tells me all is perfect.

I thank the Universe for holding me so close and speaking to me from my heart. As I embrace this Truth, I also release it, knowing that all is happening perfectly and exactly as it is meant to be in my life.

And so it is!

Suzanne Case

[DuPage Center for Spiritual Living](#)

AFFIRM: My life unfolds in Divine and perfect harmony.

*What lies behind you and what lies in front of you,  
pales in comparison to what lies inside of you.*

Ralph Waldo Emerson

I know that there is one Source of all that is. This source is Spirit that surrounds and is within. I am ONE with that ONE and as I look and I stop and realize the mighty power of this ONENESS. I am one with the sky, one with the gentle rain drops that have surprised me and feel cool and refreshing on my sun drenched skin. I am one with the trees that bow in rhythm with the insistent rain drops and I am one with each blade of grass that happily soaks up moisture turning its blades to a dark, rich “fulfilled” green.

I am relaxed and supported and am peaceful knowing that all in nature is working in perfect order.....and because of my divine connection to this beautiful earth, I am in perfect rhythm with all there is. My body connects to its Divinity and all of its systems are in perfect working order. This summer day reminds me that I only need to stop and breathe ....to claim my perfect blood pressure, my perfect heart beats, my perfect hydration as I rejoice in each of my perfect cells. I travel with lightness and respect in this natural beauty as it reminds me to treat my body with the reverence and respect and nourishment that it needs and deserves.

I am so grateful to be living and embracing this beautiful day. I commune with its power and its majesty knowing that we are all sharing this beautiful time on earth. God is so good, and I am so grateful.

I release this knowing that all in my world and in my body are perfect.

And so it is!

Diane McFarlin

[DuPage Center for Spiritual Living](#)

AFFIRM: I choose happiness, success and abundance in my life.



## GET OUT OF JAIL FREE CARD

Celeste A. Frazier

I think of the board game Monopoly. Interesting that this is a game that encourages people to monopolize, to accumulate money and property in order to win the game. But I digress. The jail portion of the game is a place where, once you land, you cannot get out until you have pulled the Get Out of Jail Free card. Until then, you must wait until you acquire that card while other players proceed to accumulate stuff. Once you are out of jail, you too can seek opportunities to accumulate stuff again. And I think you can still get paid while you are in jail. So, what's so bad about being in jail? Well, 1) you can't leave when you want, and 2) you can't move on with your life. How many of us are not in jail but are still imprisoned in some way because we cannot access our freedom? I will never forget the freedom of Tim Robbins' character, Andy Dufresne, in the film *Shawshank Redemption*. He was an inmate but never a prisoner, ever seeking to escape from any restrictions. No one had control of his mind. In fact, being in Shawshank put him in touch with his peace. Again, what's so bad about being in jail? In his case, he was always free. And he built upon that Freedom until he manifested physical freedom that matched his mental equivalent of Freedom. I am *not* saying you have to go to jail to become free. I *am* saying that becoming still is the beginning of embodying freedom. No matter how hopeless situations, circumstances, or conditions may appear, there is a Freedom within that does transcend every situation, circumstance, and condition. That Freedom is a dimension of my Self simply because I am a spiritual being.

People may be mean to us, or even physically abuse us, because of their fears.

They may have formed less than whole opinions about themselves, and they may lash out at us. Andy Dufresne was subject to many abuses, but there was a space within him that they couldn't touch. When he had access to a microphone and a beautiful piece of music, he even chose to share that Freedom and beauty with other prisoners so that they too would know it for themselves, even for an instant.

We may feel as though others impose their fears upon us, but we are not subject to the external fears of others. We are more vulnerable to the internal fears within us. Often, we form the belief that someone is doing something to us, but we have the choice to respond in a way that affirms our truth rather than their illusion. Sometimes, we believe more in death than we believe in life.

Ernest Holmes said: "The meaning of freedom implies the possibility of suffering, because if we are free, we are free only by virtue of choosing more than one course of action as an experience."

Andy Dufresne, like any one of us, is surrounded by people of questionable integrity. But even if there are others around us who are viewing life darkly, it doesn't mean that we have to do the same. We do not have to be miserable simply because others are miserable. We can choose to be compassionate and assist, but that doesn't mean we wallow in despair with them. If Jesus believed in the leprosy more than the perfect being who was beneath the dis-ease, he would not have been able to see the perfection within the person, and thereby heal them. He would not have been able to reveal the Self to the self unless he believed in the perfection more than the separation. Just because there were people in prison who were doing immoral things, including and especially the warden who was supposed to be the one maintaining order and integrity, Andy Dufresne was not precluded from being in integrity. Even though Andy believed in justice when the warden believed in greed, Andy found justice his own way.

We were given all that is when God created us in Its image and likeness. God's trust in us is limitless. And God is not like a human parent who gives an allowance so that when we have spent (distributed) it all, we don't get any more. God never stops giving. However, we limit our sight to the things in the

material world, the physical world. And when we do so, we believe in a dual reality rather than a single Reality. And because we become so attached to the material world, we fear loss and limitation – even though we live in an infinite universe and an infinite universe lives in us. How often we put ourselves in jail – even while we are free!

The good news is that even when we are mentally imprisoned, God is still with us. We may not even want to realize this (even though we know it's true), because then we would feel pressure to release our limited thinking and allow ourselves to be free. Perhaps we've forgotten the spiritual law and don't realize that It is done unto you as you believe. Or perhaps we're so afraid that we believe that eternal verities have no truth in them. What if we're right? That would surely be a tragedy!! And the fear that truth is not true is indeed a prison.

Will you allow yourself to perceive God's "hand" directing you to look upon your gifts? Will you allow yourself to receive the blessings all around and within you? Have you now sensed that you are not alone? Are you now willing to choose with your Self (your Divine Mind)?

God did not imprison you but gave you the gift of Freedom. God will not impose upon you; It simply is. So, rather than being too afraid of death to live, trust Life, trust Love. It is eternal. It is available. It is accessible. So, even when you choose solitude to hide from God, God reminds you of the gifts of Life and Freedom, asking you to accept them as your own.

Mike Dooley in his *Notes from the Universe* asks us to know that we are on Earth because we wondered what it would be like, even fleetingly, to believe in limits.

Now that you know that limitation is just an experiment, go ahead, be free. We've only landed on limitation to see what blessings are already ours so that we can appreciate them even more. Like Dorothy in *The Wizard of Oz*, all I need do is believe and I am Home. The Get Out of Jail Free card was in my mind, locked away. I found the key when I remembered, in gratitude, who I am and what I re-present. In all that I have accumulated in this laboratory/school called Earth, I have never lost what was mine in the beginning and ever shall be mine – Freedom.

## **Video Treatment**

### **from DuPage Center for Spiritual Living**

#### **Rev. Celeste A Frazier**

Rev. Celeste A. Frazier is the Spiritual Leader of the DuPage Center for Spiritual Living. Celeste has a BFA degree from USC. Celeste became a licensed practitioner at Agape and graduated from Holmes Institute with a Masters in Consciousness Studies.

Rev. Frazier is extensively involved in outreach ministry and has been the guest speaker or facilitator at New Thought centers and conferences across the country. An ordained minister, Celeste founded the Oneness Spiritual Center in Chicago. Celeste is a CSL Diversity Trainer and has been a Regional Visioning Facilitator for CSL. Celeste facilitates visioning workshops for churches, individuals and corporations. Celeste teaches many transformational courses and workshops. Rev. Celeste is a concerned community activist with a global consciousness. Celeste's book, "In Spirit, In Love" is on Amazon. Celeste is also a produced screenwriter and a published poet and essayist. Rev. Celeste is passionate about sharing spiritual principles through love and creativity.



# The DuPage Center for Spiritual Living

The DuPage Center for Spiritual Living was chartered by the State of Illinois as the DuPage Science of Mind Center, and the first service was officiated by DuPage's founding minister, Bill Arrott. This service was held at the Sheraton Oak Brook (now a Marriott) in January 1976. The DuPage Center was chartered as a Society by RSI in June 1976 and officially became a Church in Feb 1977.

Don Burt was the minister for 25 years. The community was active and flourishing with great attendance, a stellar youth program and lots of excitement. Dr. Don retired in 2007.

Revs. Mary Beth and Michael Speer became co-pastors in 2007. The DuPage Center was the first business in Glen Ellyn, IL and the first church in DuPage



County to be awarded an Earth Flag for commitment to ecology and sustainability. Pre-CSL integration, the DuPage Center for Spiritual Living hosted ministers' conferences and practitioner symposiums with participants from RSI, UCNS and ANTN. Over the years, many New Thought luminaries have spoken in the DuPage pulpit. In 2013, Revs. Mary Beth and Michael Speer retired from pulpit ministry.

The Center membership held together until their consciousness was ready to receive a new minister. Rev. Celeste accepted the call to be the Spiritual Leader, began her tenure in January of 2015, and was installed in April of 2015.

The DuPage Center has called for the new vision: Revealing Spirit, Empowering Lives. As the DuPage Center steps into this vision, the leadership has embraced a commitment to visioning, study and service. The DuPage Center is a tithing community and embraces diversity. The people in DuPage Center for Spiritual Living are very loving with one another and with new friends. DCSL folks are

active in service and committed to their spiritual growth. The DuPage Center has hosted many CSL regional events over the years and has been a local home to any visiting minister in the area. As the DuPage Center approaches its 40<sup>th</sup> year, it is as vibrant and on purpose as ever. All are proud to call the DuPage Center for Spiritual Living their home.

As we move forward in this our 39<sup>th</sup> year, we embrace an abundant, bountiful, and joy-filled state of being. Life will continue to challenge us to be more of our authentic selves, but we are committing to receiving the Divine Wisdom with ease and grace and expect nothing less than the complete fulfillment of our divine destiny.

# Dear Hazel

Dear Hazel,

I can't stand it anymore. Another horrific event to have to witness, feel sick about, and lose my faith over. This event in Charleston had me reeling in emotions the other day as I watched the news and thought to myself, "Oh, no not again!" Please, Hazel how do I hold this in my mind and heart? I'm beginning to feel hopeless and lose faith.

Sincerely,

Patricia

Dearest Patricia,

First let me begin by saying: I hear you, I see you, and I honor you and all that you are experiencing. These horrific events that have occurred – if we are conscious – will shake us to the core, interrupt our peace and offend every decent human bone in our body. The good news is that the pain you and I, and millions of Americans along with people worldwide, are feeling is that it shows how deeply we care and how ready humanity is to say: NO MORE!

This is not the time to lose faith or feel hopeless, but it is the time to *feel*. As we allow ourselves to feel what we feel without avoiding the pain we will be guided to our own healing process. Truth is always revealed when we find the courage to stand in what is and just be with it.

There are so many conversations happening right now about change and, in my humble opinion, it is different than ever before. Our job is twofold, heal what we bring into the room and then stand in solidarity with all other awake humans who are also saying NO MORE. This one struck us at the core, it hit us at a heart level and I for one do have faith that we are pulling our human emotional and spiritual resources together like never before. We, those who love deeply, openly, and with non-judgment, despite the color of our skin, have had enough of the haters having their way with the world. If we stand in solidarity, continue to do our spiritual practices, and keep having the uncomfortable conversations, the love that drives us will seep in at a cellular level to each human alive. Eventually, love will have its day as the crowning emotion being displayed throughout this world.

My plea to you, keep your faith, love as you have never loved, forgive the unforgiveable and make room for the transformation that is sure to come our way.

Peaceful blessings,

Hazel

# INSPIRATIONS

***18 Expressions of Freedom  
that we all deserve but do  
not equally enjoy.***

By Reverend Michelle Wadleigh



- 1. The freedom to be who I am.*
- 2. The freedom to try, and fail, and try again.*
- 3. The freedom to have an opinion and to express it.*
- 4. The freedom to love whomever I want to love.*
- 5. The freedom to live wherever I want to live.*
- 6. The freedom to partner with whomever I want to partner.*
- 7. The freedom to dress in any fashion that pleases me.*
- 8. The freedom to choose my own spiritual path.*
- 9. The freedom to walk down any street.*
- 10. The freedom to be politically involved.*
- 11. The freedom to stand for what I believe.*

***Have you taken  
your freedom  
for granted?***

12. *The freedom to object or affirm and do something about it.*
13. *The freedom to follow my inspiration and to express it.*
14. *The freedom to work for myself or another.*
15. *The freedom to forgive.*
16. *The freedom to travel.*
17. *The freedom to sing out loud, to dance wildly and to express with total abandon.*
18. *The freedom to love god in any form, by any name at all time.*

**THINK! DO YOU TAKE THESE FREEDOMS FOR GRANTED?**

*You have spiritual brothers and sisters that **EQUALLY DESERVE YET DO NOT ALWAYS ENJOY** the Divine Birthright  
of these expressions of freedom.*

*What do we **ALL** need to know and to heal in our consciousness so we can be part of the solution?*

*What do each we each hold as true? What do we believe in?  
And lastly, are you willing to open your eyes knowing the truth can be painful?*



The CREATIVE THINKING Staff and the leadership of the Center for Spiritual Living North Jersey STAND with every CSL Center worldwide to demand an end to the senseless hatred, choosing instead, a devotion to Truth, to seeing, recognizing and knowing the Presence of the One as It expresses in, through, for and as all of our Human Spiritual Family.

**The following was posted by Dr. Kenn:**

'In the wake of the Charleston tragedy, we are called to hold a higher vision of compassion, peace, justice and safety for all.' Along with the Leadership Council of the Association of Global New Thought, Centers for Spiritual Living Spiritual Director, Dr. Kenn Gordon urges us "to move deeper into prayer and find that profound sense of compassion that lifts us all up, so that we say "no" to events like this one and say "yes" to a higher energy that unites us all

**"Move deeper into prayer and find that profound sense of compassion that lifts us all up, so that we say "no" to events like this one and say "yes" to a higher energy"**

## Contents

as a global family. Let us stand united in prayer, and in this moment knowing that every life matters.'

The horrific shootings at the Emanuel A.M.E. Church in Charleston, South Carolina on Wednesday is yet another example of the plague of violence and racism that seems to have no end in our society. We may never know what caused that young man to hate so virulently those whom he did not know personally and to take their lives in their house of worship. But, we can know that he has been influenced by the culture of racism, hate, guns and violence that surrounds all of us.

It is in almost every movie and television show, on the lips of politicians, television and internet pundits. We cannot heal what we refuse to acknowledge – ours is a violent culture. In so many ways we are becoming aware that a large portion of the targets of violence are people of color, our African American brothers and sisters. To turn away from the racism hidden in our collective psyche, in our social constructs and institutions is to turn a blind eye on our fellow human beings.

I am reminded of Robert F. Kennedy's statement after the death of Dr. Martin Luther King, Jr., and, ironically, not long before his own death by violence. His speech became known as "The Mindless Menace of Violence".

"Whenever any American's life is taken by another American unnecessarily - whether it is done in the name of the law or in the defiance of law, by one man or a gang, in cold blood or in passion, in an attack of violence or in response to violence - whenever we tear at the fabric of life which another man has painfully and clumsily woven for himself and his children, the whole nation is degraded... Yet we seemingly

tolerate a rising level of violence that ignores our common humanity and our claims to civilization alike. We calmly accept newspaper reports of civilian slaughter in far off lands. We glorify killing on movie and television screens and call it entertainment. We make it easy for men of all shades of sanity to acquire weapons and ammunition they desire...Too often we honor swagger and bluster and the wielders of force; too often we excuse those who are willing to build their own lives on the shattered dreams of others. Some Americans who preach non-violence abroad fail to practice it here at home. Some who accuse others of inciting riots have by their own conduct invited them. Some look for scapegoats, others look for conspiracies, but this much is clear; violence breeds violence, repression brings retaliation, and only a cleaning of our whole society can remove this sickness from our soul."

It is my opinion that we can no longer continue to pretend that the travesties we have witnessed, Sanford, Baltimore, Ferguson and now Charleston are iso-

## Contents

lated incidents. They are acts of racism, intolerance and injustice and they are bringing to light a longstanding systemic problem that originates in a consciousness of fear and domination. The prevalence of this inhumanity towards the Black community and the reaction it is receiving from thinking people demonstrates to me that something new wants to be born and that means something old must be released. Let us in the Centers for Spiritual Living do our spiritual duty to take spiritual action. Let us pray for all involved in this tragedy.

Let us pray for our society and its leaders. Let us also speak out on behalf of common sense, justice, equality, and peace. Let us see and trust that something powerful and necessary is working its way into expression, that Spirit is in the mix and that there will come a time when acts like this will no longer take place. Let us cease the celebration of killing, anytime or anyplace. Let us turn away from violence wherever it shows up in so-called "entertainment." Let us take the lead in bringing about a society that fully embraces diversity and connection - so that the manifestation of love and peace is guaranteed. Let us step forward into the vanguard of truly creating a world that works for everyone – a world where peace prevails. And TODAY call an AME church, offer your condolences, and ask when they are praying and what they need.

Blessings,

Kenn Gordon

[www.csl.org](http://www.csl.org)

The Rev. Dr. Kenn Gordon is the Spiritual Director for the Centers for Spiritual Living.

### From the CREATIVE THINKING STAFF:

This is the time for each one of us, individually and as a spiritual community, "to make a difference, one person, one prayer at a time." Let us join in diving deeper into the Truth that lies within, let us declare our Oneness with the One that is All. Let us stand for healing and transformation with our brothers and sisters recognizing our Oneness, recognizing our true identity as Spirit in expression.

Let us honor and celebrate the sanctity of all.

Rev. Michelle Wadleigh



## A Little Bit *of* History

### Prosperity on Demand

The first time I visited the First Church of Religious Science at Alice Tully Hall in New York City was a gray and drizzly day in May. On the stage was a single podium with a big spray of flowers. Off to one side, Ilomay Baily Sims was playing show tunes on a piano.

Raymond Charles Barker, one of the giants of Religious Science, rose from behind the flowers, strode to the podium, and looked out over the congregation. Evidently he didn't like what he saw. So with no words of greeting or opening treatment, he barked, "I will never understand how a weather report can keep two to three hundred Religious Scientists home on a Sunday morning." Then, turning to the microphone for his live radio broadcast, he added, "And those of you who are listening at home, don't forget to send in your check."

**Raymond Charles Barker, one of the giants of Religious Science, rose from behind the flowers, strode to the podium, and looked out over the congregation. Evidently he didn't like what he saw.**

The author of *Money Is God in Action* and many other classic New Thought essays and books, Dr. Barker was an avid practitioner of the

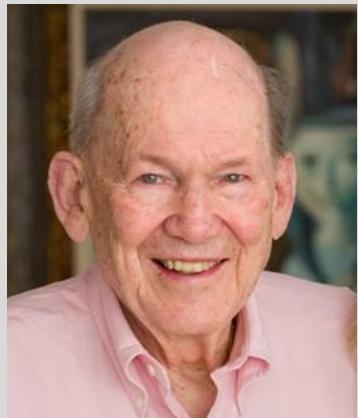
principles he taught. He fully expected them to work—he demanded that they work—and they did.

Not only did Dr. Barker demonstrate the principles of prosperity in his own ministry, so did many of the ministers he trained, including Kennedy Schulz, Stuart Grayson, Tom Johnson, Roy Graves, Eric Pace, Vera Heywood, and John Gould—all of whom it was my privilege to know.

As he taught, it's not enough to believe that ours is an unlimited universe, we also need to expect that it will work for us individually, and demand that it do so. To the extent that we do, we are divinely guided to do what we need to do for the Law of Attraction to work for us to supply whatever we require to fulfill our own destiny as expressions of God.

**Rev. Bill Arrott**

*Center for Spiritual Living Fort Lauderdale*



Rev. Bill Arrott, founder and pastor emeritus of the DuPage (IL) Center for Spiritual Living and the North Shore Center for Spiritual Living, Evanston, IL, is Associate Minister of the Center for Spiritual Living Fort Lauderdale.

He came to the ministry following a long and successful career in engineering journalism, industrial advertising, and public relations.

An electrical engineering graduate of Princeton University, he is a Life Member of the Institute of Electrical and Electronics Engineers and served in the U. S. Marine Corps during WW II.



# Light in Spirit!

## RANDOM QUIPS

*(from various unknown sources)*

As long as there are tests, there will be  
prayer in public schools.

I've taken a vow of poverty. To test me,  
please send money.

Ever stop to think, and forget to start again?

I don't have a problem with willpower. It's won't  
power I have a problem with.

My life has a superb cast, but I can't  
figure out the plot.

Life is sexually transmitted.

I used to be indecisive; now I'm not sure.

My reality check just bounced.

What if there were no hypothetical questions?

No sense being pessimistic. It wouldn't work anyway.

I used to have a handle on life, but it broke.

You're just jealous because the voices only talk to me.

Consciousness: that annoying time between naps.

If you try to fail, and succeed, which have you done?

Clones are people two.

Always try to be modest, and be proud of it!

I can resist anything but temptation

God must love stupid people, he made so many.

Atheism is a non-prophet organization.

What do they call Church pastors in Germany?

German Shepherds.

# Creative Thinking

## Get Involved, Get Published!

The Center for Spiritual Living North Jersey

is taking up the task where Creative Thought left off.

Please feel free to submit your treatments to [cslnjcreates@gmail.com](mailto:cslnjcreates@gmail.com)

### THEMES FOR THE COMING MONTHS

**August theme is: *New Horizons* Submissions Due JULY 15TH**

**September theme is: *The Perpetual Student* Submissions Due  
August 15TH**

**October theme is: *Harvesting Ideas* Submissions DUE September 1st**

**ALL ARE WELCOME: MINISTERS, PRACTITIONERS, INTERNS AND  
LAY MEMBERS ALIKE!**

Your call to ACTION: WRITE TREATMENTS and send them in to  
**Rev. Michelle Wadleigh, Editor-in-Chief; Sub:  
CREATIVE THINKING at [cslnjcreates@gmail.com](mailto:cslnjcreates@gmail.com)**

Parameters:

1. 225—250 words
2. Keep it gender neutral
3. Please provide a quote and credit the author
4. Close with an affirmation
5. STAY IN PRINCIPLE
6. Please provide your name, status & Center affiliation.

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