

THE LYME EPIDEMIC: MILLIONS INFECTED BUT NOT DETECTED (FREE Event)

When: Tuesday, June 10th at St. John Lutheran Church - 6004 Waterloo Rd., Columbia, MD 21045 from 7:00-8:30pm. For questions, call Kandice at 443-841-5667.

Register for this FREE event at <http://LymeEpidemic.eventzilla.net> or visit our website at www.HcLyme.org .



Program Overview: The CDC announced that **over 300,000 people per year acquire Lyme Disease**. This educational presentation will provide insight into Lyme and the other diseases that ticks carry in our area. **Howard County is endemic for Lyme and is the second hardest hit county in the state!** Don't become some of the millions whose tick -borne illnesses go undetected. Come out to hear Dr. Kathy Spreen, a leading authority on Lyme Disease and author of the *Compendium of Tick-Borne Disease: A Thousand Pearls*, which provides a comprehensive overview of tick-borne diseases. She'll discuss some of the basics of what Lyme is, what to do when a tick attaches, how Lyme is 'The Great Imitator' of other illnesses (CFS, Fibromyalgia, ADHD, ALS, Alzheimers...), how reliable (or unreliable) the tests are, and how to protect yourself. She will also discuss other infections (Babesia & Bartonella) popular in our area that are generally passed along with Lyme through a tick bite. Dr. Paul Beals, MD, a local holistic doctor and an integrative physician who has been treating Lyme for over 20 years, will discuss some different types of treatment options and what to look for when seeking help.

Dr. Kathy Spreen, DO



Dr. Paul Beals, MD



Featured Speakers: Dr. Kathy Spreen, DO & Dr. Paul Beals, MD

Dr. Spreen is a physician with two specialty boards and Master's degrees in both public health and biochemistry, who is not only well-versed in the Lyme literature, but a patient herself. Spreen is the author of the recently published *Compendium of Tick-Borne Disease: A Thousand Pearls*.

Dr. Paul Beals, MD, is a holistic doctor and an integrative physician, certified in family medicine, who has been practicing both conventional and alternative medicine for 30 years. He is a Lyme literate doctor, member of ILADS, and also a certified clinical nutritionist who believes that food and dietary supplements can be used in the healing process.

Lyme Disease Basics - 7:00 -7:30pm

Exploring Other Tick-Borne Illnesses - 7:30 -8:00pm

Treatment Options - 8:00 -8:20pm

Dr. Spreen's breakthrough text will be available for purchase at the event at a greatly discounted rate!

Sponsored by the Howard County Lyme Awareness group. Visit us at www.HcLyme.org .