

Woodland Elementary School

Healthy Foods

Exploring Wellness and Sustainability

Students, staff, and parents worked hard throughout the year to plan and plant Woodland's Healthy Foods Garden. The garden reflects the school's focus on healthy habits. Now in its third season, the ever-evolving outdoor classroom produces bushels of flowers and is home to hundreds of butterflies. The expansive garden invites curiosity and it is typical to hear our students ask questions such as "*How can a tiny seed grow into a giant sunflower?*" or "*How can a creepy caterpillar turn into a beautiful butterfly?*" Students also planted fruits and vegetables this year, including beans, carrots, lettuce and strawberries.

Developing an understanding of healthy living and sustainability as well as a sense of responsibility to the community and world are important district goals consistent with the district's Theory of Action.

