At the "What to Do When Your Child Gets Sick" workshops, parents receive a copy of the book with the same title and learn more about typical illnesses of children. During a follow-up call, one participant reported that the book has been very useful as she cares for her 7-year-old grandson. In addition, she has been able to provide guidance to a friend with an infant. When the baby started choking on milk, she referenced the book and they were able to clear the baby's airway. Another incident involved a skin rash on the baby's face, which turned out to be a soap allergy. By referencing the book in this way, they were able to avoid two visits to the emergency room.