Samaritan Healthcare invites you to join us for the two-day course;

“Excellence in Care with the Ten Steps”

presented by Molly Pessl of Evergreen Perinatal Education

COURSE DESCRIPTION
This two-day, in-person workshop advances evidence-based infant feeding policies and practices in the hospital or clinic. It also provides the education cornerstone for hospitals who wish to pursue the designation of “Baby-Friendly”. This workshop explores the rapidly changing role of all healthcare professionals in caring for pregnant and new families and is designed to help hospitals and communities provide the basics of early breastfeeding care, with a focus on implementing The Ten Steps to Successful Breastfeeding.

COURSE DETAILS
Two date options to choose from:

AUGUST 2-3, 2016
Time: 8 am - 5 pm
Fee: $200.00
Lunch and course materials will be provided.

AUGUST 23-24, 2016
Time: 8 am - 5 pm
Fee: $200.00
Lunch and course materials will be provided.

LOCATION
This course will be hosted at the Big Bend Community College ATEC Building in the Masto Conference Room.
7662 Chanute Street N.E., Moses Lake, WA 98837

For further location instructions visit:
bigbend.edu/information-center/maps-and-directions/

FOR COURSE OR PAYMENT QUESTIONS:
Missy Lightel, Education Program Assistant
Phone (509) 793-9690  Fax (509) 764-3229  Email mlightel@samaritanhealthcare.com
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COURSE OBJECTIVES, AGENDA & CONTENT

- Describe barriers to effective communication with women about feeding their babies.
- List birthing routines that may influence breastfeeding success.
- Discuss the rationale of skin to skin care for mother and baby.
- Describe how our care influences milk production.
- Describe the basic elements of correct positioning and latch.
- Perform a breastfeeding LATCH score.
- Identify the special needs of babies born too early.
- List ways for mothers to maximize breastmilk production.
- Describe the importance of human milk for human babies.
- List possible negative effects of supplementing babies with breastmilk substitutes.
- Discuss some marketing tactics used by commercial baby food industries.
- Evaluate the current AAP recommendation about infant sleep.
- List several possible responses when women request formula, nighttime nursery care.
- Discuss the rationale of restricting pacifier use in the early weeks of breastfeeding.
- Describe infant feeding cues.
- Develop a care plan to help a mother with nipple pain, engorgement, and/or infection.
- Discuss the importance of providing protection and support to childbearing women.

EDUCATION CREDITS

This offering has been approved by the following organizations for the respective hours of continuing education credit.

International Board of Lactation Consultant Examiners, Provider Number: CLT108-4
15 CERPs (13 L & 2 E) (For IBCLCs only)
15 instructional hours on the IBLCE Exam Blueprint (for preparation for first IBLCE exam)

Commission on Dietetic Registration
15 CPE hours, Category II (For RDs only)

Provider approved by California Board of Registered Nursing, Provider Number: CEP 14127 5
18 contact hours (50 minute hours) (For RNs only)

MORE ABOUT EVERGREEN PERINATAL EDUCATION

Visit them online: evergreenperinataleducation.com

Course brought to you in part with Big Bend Community College Nursing Program
REGISTRATION INSTRUCTIONS

Course fee is $200.00 per attendee for 2-day course. Payment can be made by credit card or check. If paying with a credit card, attendees can register over the phone, by fax, email or mail. If paying with a check, registration form must be returned by mail with the check.

Name

Organization

Professional Title

License Number

Phone

Email

Date of Training I’m registering for (please check one)  

☐ August 2-3, 2016  

☐ August 23-24, 2016

Payment Information  
☐ Check enclosed  
☐ Visa or Mastercard

Cardholder Name

Card Number

Expiration (mm/yy)

Verif. Code

Signature

**Please make your check payable to: Samaritan Healthcare

To register by mail (include this form)
Check or Credit Card
Attn: Education/Missy Lightel
801 E. Wheeler Rd.
Moses Lake, WA 98837

To register by fax (include this form)
*Credit Card registration only
(509) 764-3229

To register by email (include this form)
*Credit Card registration only
mlightel@samaritanhealthcare.com

To register by phone
*Credit Card registration only
(509) 793-9690

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