

# Foundations for Best Practice in Lactation Care

Monday-Friday, February 8-12, 2016, June 20-24,  
2016, & September 19-23, 2016  
Instructor: Molly Pessl, BSN, IBCLC



In-person five-day core program to begin practice in evidence-based breastfeeding and lactation care for anyone who works with new mothers and their newborns; or as the beginning process for becoming a lactation consultant (IBCLC). This course enables participants to provide accurate, current and consistent information about breastfeeding and lactation and to support new families in feeding their babies from birth through the process of weaning. Completion provides 45 theoretical hours for the IBCLC exam eligibility requirements. All areas of the exam grid are included. Over the course of five days:

- Complete a written project on a breastfeeding topic of choice, completed outside of classroom time and reviewed by faculty during the week of the course
- Complete a comprehensive written study guide on anatomy & physiology which will be submitted during the week of class for course credit
- Participate in classroom and group quizzes, case studies and practice scripts of common scenarios
- Begin preparation for the certification exam to become an IBCLC (International Board Certified Lactation Consultant).
- Receive a certificate of completion as a Lactation Educator

**CEUs International Board of Lactation Consultant Examiners (IBCLE) 45 CERPs (43 L & 2 E) (For IBCLCs only) Commission on Dietetic Registration 45 CPE hours, Category II (For RDs only) Provider approved by California Board of Registered Nursing 54 contact hours (For RNs only)**

If you dream of serving women and families, Simkin Center delivers knowledge, tools and skills you can immediately use in your community. Scholarships available! Questions: 425-602-3361.

[Register online: www.SimkinCenter.Bastyr.edu](http://www.SimkinCenter.Bastyr.edu)

Bastyr University – 14500 Juanita Drive NE, Kenmore WA 98028