



PREFERRED BEHAVIORAL HEALTH GROUP'S 'Employee Assistance Program' Helps Businesses and Organizations Improve Workplace Productivity

EAPs: A Valuable Resource to Employers

Often, it can be a challenge for employees to balance the demands of their jobs with the needs of family, friends and, most importantly, themselves. But employees who are happy and healthy are much more productive than those who have mental health or substance abuse concerns, personal problems or issues within the workplace.

Preferred Behavioral Health Group's Employee Assistance Program, or EAP, utilizes behavioral health expertise to help businesses and organizations improve workplace productivity. When issues such as stress, mood problems, substance abuse and co-worker conflicts affect employee performance, an EAP can be invaluable.

EAP is a program designed to assist employees when they are having difficulties, whether personal or job-related, by providing easily accessible and confidential counseling and solutions. An EAP benefits the employer by providing training, consultation regarding problem employees and mediation, if needed. This helps to reduce absenteeism, turnover and healthcare costs and improve an organization's productivity, supervisory effectiveness and overall work environment.

Preferred Behavioral Health Group offers a full-service EAP with a variety of options that can be tailored to specific companies or organizations. We have been providing EAP services in New Jersey for more than 25 years. We employ licensed professional clinicians with diverse specialties who are available to provide assessment, short-term problem solving and referrals to resources in the community.

For more information or a free consultation, call Tracy Kaplan, EAP Director at 732.785.1900, x1125.