Next week in the leadership classes students will begin on Habit #2 of Stephen Covey’s 7 Habits: Begin with the End in Mind. This habit reminds us to start with a clear understanding of our destination. We have to have a vision of what we want, know where we want to go, what we need to do and set goals to get there.

Habit 2 is not about deciding every little detail of the future. It is about thinking beyond today and deciding which direction to take, so each step is in the right direction.

Beginning with the End in Mind means to plan each week in advance and then to begin each day, task or project with a clear vision of the desired direction and destination.

The lessons students take part in will help students to:

- Create a personal mission statement
- Set goals
- Use imagination to envision their future life
- Work together and share visions
- See that they are an important part of their family, classroom and community
- Think about choices; be accountable and responsible for actions and results, and understand that choices affect others.

Things to think about and discuss at home:

What do want to be when you grow up? What does it take to get there, what actions need to be taken? Share with the young person in your life what you did to reach your goals? What did you do to get where you are now? What did you want to be when you were young, what did you do or not do to make that happen?

Maybe ask them what they think about this quote.

“He who has a ‘why’ to live for can bear with almost any ‘how’.” — Friedrich Nietzsche

A great resource: [http://www.theleaderinme.org/parents/](http://www.theleaderinme.org/parents/)