

# Reducing Toxic Chemicals at Your Facility

Makes your business easier to insure



Eliminates the potential cost liability of a spill clean up, or incident of exposure

Improves the indoor air quality at your business;



# Reducing Toxic Chemicals at Your Facility

And...communicates to employees and customers that the business cares.





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## One Word to Describe Peter Cooke's Impact on State Green Certification Programs: 'Measurable'

8/9/2010 By Glenn Hasek

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**Name:** Peter Cooke

**Title:** Pollution Prevention Program Manager

**Organization:** Maine Department of Environmental Protection

**Years in current position:** Nine years

**My primary responsibilities:** "I manage the green certification program for the Maine Department of Environmental Protection and that includes lodging businesses, restaurants, and grocery stores."

**Most significant environment-related accomplishment so far:** "We are really pleased

with how many states have wanted to replicate our program. Also, earlier this year, the governor chose our program to highlight during his Earth Day celebration."

**Organization's most significant environment-related challenge:** "The biggest challenge is to come up with more ways to measure reductions [in energy, water, waste, etc]."

PORTLAND, MAINE—If imitation is the greatest form of flattery, Peter Cooke has good reason to be pleased with his work with Maine's Department of Environmental Protection. In creating their own state green lodging certification programs, at least seven states and two cities have borrowed from the [Maine Green Lodging Certification Program](#) that Cooke runs.

What makes Maine's program attractive is its simplicity—it is points based—and the fact that so much research has gone into developing the criteria for inclusion. Maine, thanks to Cooke's hard work, is also the only state green lodging certification program in the United States to actually measure yearly savings and reductions in environmental impact connected to program participation.



<http://www.greenlodgingnews.com/one-word-describe-peter-cookes-impact-on-state-green>

## Lodging Facilities and Restaurants:

ALL CAN HAVE A CHEMICAL INTERACTION WITH THE ENVIRONMENT

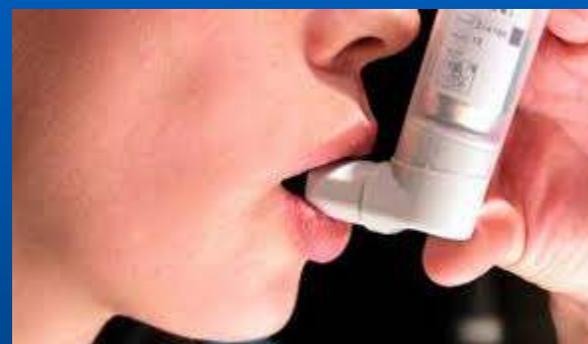
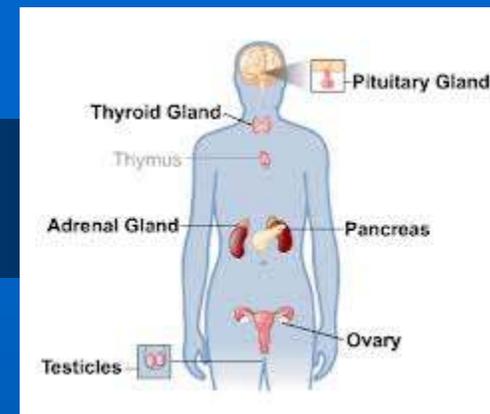
- **Generate air emissions (direct or indirect)**
- **Contribute to stormwater runoff (includes chems)**
- **Generate waste (solid, recyclables, food waste, hazardous, universal)**
- **Use resources (water, energy, chemicals)**



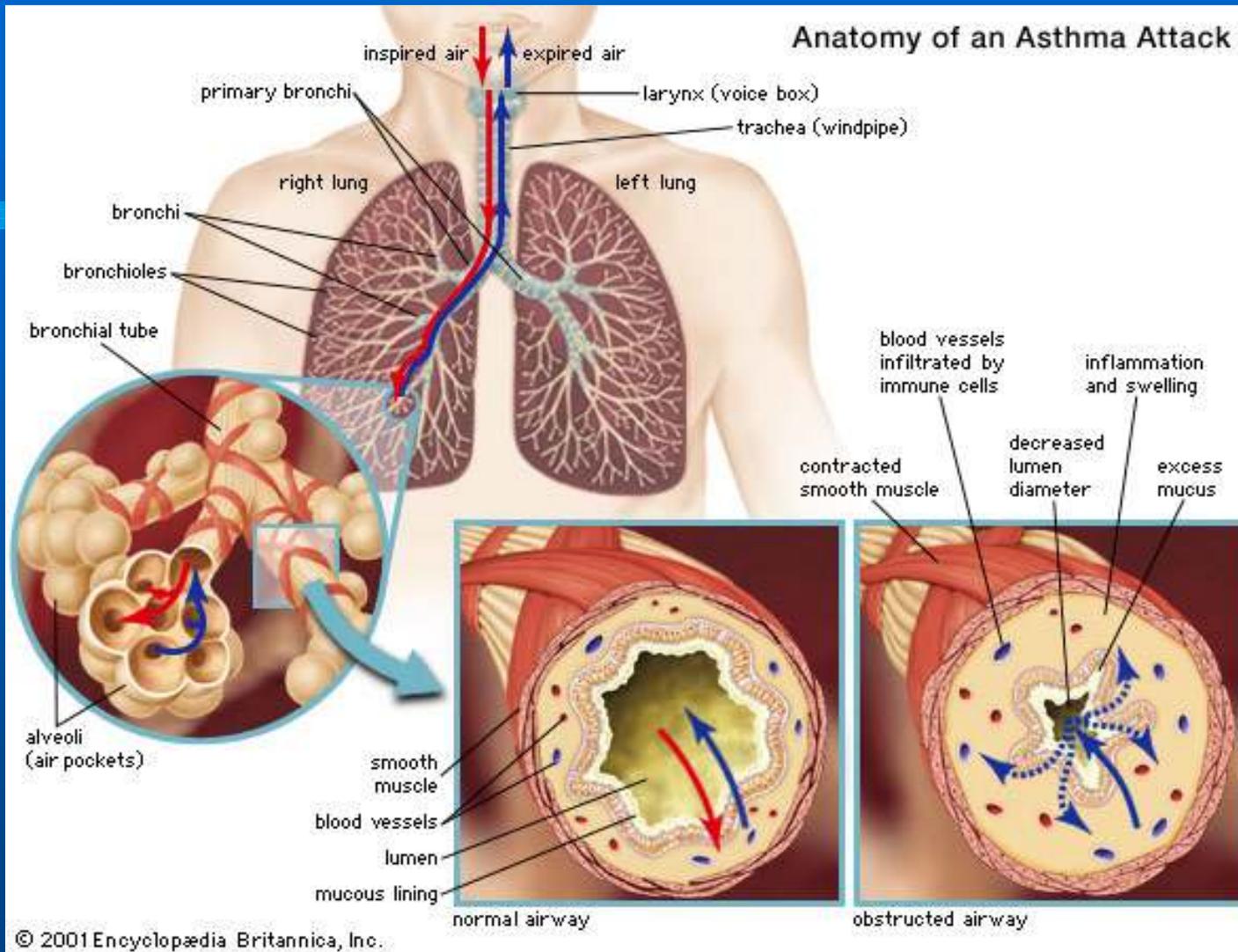
# What Does Toxic Mean?

Asthmagens,  
Carcinogenicity,  
Reproductive toxicity  
Endocrine disruption  
Skin, eye irritation  
Neurotoxicity and organ toxicity  
Persistence, bioaccumulation  
Aquatic toxicity  
Hazards in storage, waste, transportation  
Flammability, corrosivity, reactivity

Hidden costs, long-term costs, impact of liabilities



## Anatomy of an Asthma Attack



# Toxics at Lodging Facilities and Restaurants:

- **Cleaning chemicals**
- **Disinfectants**
- **Laundry**
- **Lighting products**
- **Pest control**

# Toxics at Lodging Facilities and Restaurants:

- Paint
- Carpet/ Floor products
- Swimming pool
- Electronics
- Parking lot

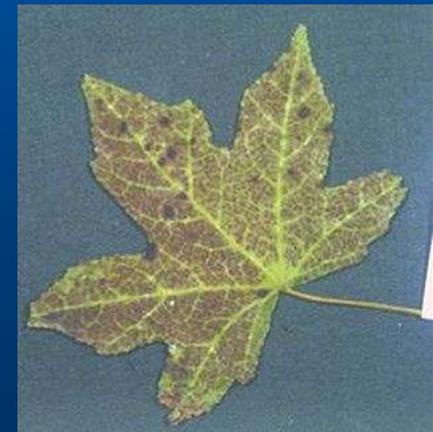
# Why Care About Toxics in Your Business?

- **Protect workers and customers – potential liability from exposure**
- **Affects Indoor Air Quality (IAQ)**
- **Can cost a lot to fix, but very little to prevent. (Report, clean up, exposure)**
- **Lower insurance liability**
- **Attract sensitive and conscientious customers**



## Environmental Issues:

**Cost liability: Cradle to grave, up to \$50,000/incident**



# Incidents of Exposure to Hazardous Chemicals

(in a state- Maine with 1 million people)

**1993-2013 = 20 years**

- 9,000 workers compensation cases since 1993;
- 448 cases per year
- \$23 million since 1993
- Avg cost is \$2164- but many cases are unreported and cost \$0

# Incidents of Exposure to Hazardous Chemicals

(in a state- Maine with 1 million people)

- 2,000 cases since 1993 that actually cost something.
- Avg. cost is \$18,414

BENEFITS\_PAID

DEATH\_BENEFITS

EMPLOYEE\_LEGAL\_COSTS

EMPLOYER\_LEGAL\_COSTS

LUMP\_SUM\_AMT

MEDICAL\_COSTS

OTHER\_PAYMENTS

PERMANENT\_IMPAIRMENT\_AMT

REHAB\_COSTS

TOTAL\_COSTS is the total of those. Most costs are in Benefits Paid (Wage replacement) and Medical Costs.

# Incidents of Exposure to Hazardous Chemicals

(in a state with 1 million people)

- 500 cases since 1993 where the cost was greater than \$5000
- Avg. cost is \$50,038

BENEFITS\_PAID

DEATH\_BENEFITS

EMPLOYEE\_LEGAL\_COSTS

EMPLOYER\_LEGAL\_COSTS

LUMP\_SUM\_AMT

MEDICAL\_COSTS

OTHER\_PAYMENTS

PERMANENT\_IMPAIRMENT\_AMT

REHAB\_COSTS

TOTAL\_COSTS is the total of those. Most costs are in Benefits Paid (Wage replacement) and Medical Costs.

# CHEMICAL TESTING

Less than 2% of the 80,000 commercially available chemicals have ever been tested for safety

[http://www.nytimes.com/2013/04/14/sunday-review/think-those-chemicals-have-been-tested.html?\\_r=0](http://www.nytimes.com/2013/04/14/sunday-review/think-those-chemicals-have-been-tested.html?_r=0)

<http://www.scientificamerican.com/article.cfm?id=the-great-chemical-unknown>

<http://www.chemicalindustryarchives.org/factfiction/testing.asp>

# CHECK THE LABEL??

Cleaning chemicals are not required to provide a full list of ingredients.

MSDS (Material Safety Data Sheets) do not include all ingredients.

Third party certifications are the best way to make a determination if a cleaning chemical is green.

A cleaner that includes a comprehensive list of ingredients is more likely to be a green chemical.



**POWDERED:**  
amylase  
coconut oil  
lauryl-6  
lauryl polyglucose  
magnesium sulfate  
protease  
sodium aluminosilicate  
sodium bicarbonate  
sodium carbonate  
sodium carboxymethyl cellulose  
sodium carboxymethyl inulin  
sodium citrate  
sodium percarbonate  
sodium silicate  
trace minerals

**LIQUID:**  
amylase  
benzothiazolinone  
boric acid  
calcium chloride  
citric acid  
glycerin  
lauryl-6  
methylisothiazolinone  
oleic acid  
protease  
sodium chloride  
sodium citrate  
sodium hydroxide  
sodium lauryl sulfate  
trace minerals  
water

# COMMON CHEMICALS TO AVOID IN CLEANERS:

chlorine bleach

phosphates

nitrilotriacetic acid (NTA)

monoethanolamine (MEA)

Alkylphenol ethoxylates (APE)

Dibutyl phthalate (DBP)

Ammonium chloride

ethylene diamine tetraacetic acid or ethylene

dinitrilotetraacetic acid (EDTA)

2-butoxyethanol or ethylene glycol monobutyl ether (EGBE) or butyl cellulolve

2-Methoxyethoxy ethanol or diethylene glycol monomethyl ether (DEGME)



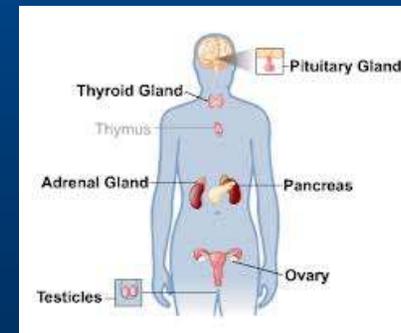
# CLEANING CHEMICALS IMPACT:

Indoor air quality



Water quality and aquatic life

Human health



# CHEMICAL IMPACT FROM A LODGING BUSINESS:

## Indoor air quality-

### Volatile Organic Compounds (VOCs)

Cleaning chemicals

Paint

Carpet

Trihalomethanes

Pool

Perchloroethylene

Dry cleaning of clothes

Mercury

Broken bulbs



# CLEANING CHEMICALS IMPACT:

## Water quality and aquatic life

Cleaning chemicals have been found to travel through sewage systems to arrive in streams impacting the fish and amphibians.



Can load fresh water bodies with builders of algae (nitrogen and phosphates). Algae can absorb all the oxygen in a water body leaving little for the aquatic life.

Chemicals are also found in aquatic life disrupting their hormonal systems.

# CLEANING CHEMICALS IMPACT:

## Human health

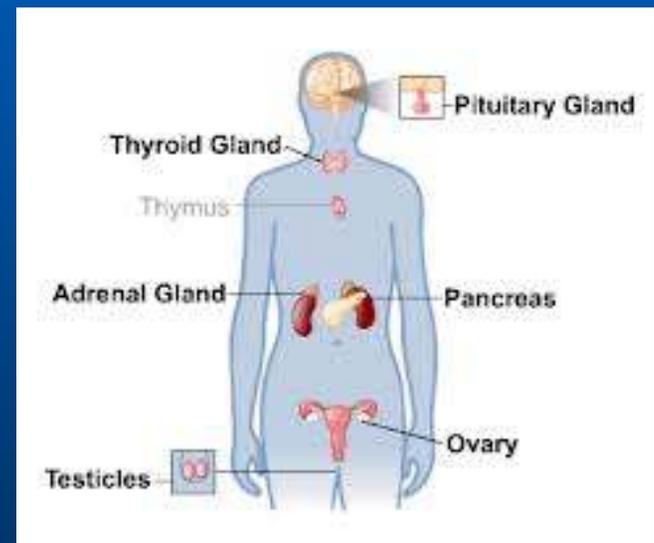
### Short term exposure

Ear, eyes, nose, throat and lung irritation

### Long term effects

Asthma, endocrine disruption, reproductive and developmental effects, suspected carcinogens

Suspected neurotoxins, carcinogens, corrosive



# GREEN DISINFECTANT? ...UMM,...NO.

Disinfectants should be used conservatively. Identify what needs to be disinfected and create a policy or standard procedure to minimize the use of disinfectants.

Areas that should be disinfected: touch points, areas where a spill of bodily fluids has happened.

Areas that do not commonly need to be disinfected:

Floors

Walls



# HOW DO YOU DISINFECT?

Many products vary on the “kill time” but each surface that needs to be disinfected always needs to be cleaned first. Disinfectants are then applied with the “kill time” being necessary for maximum efficacy.

Typically cleaning is required, first...then disinfecting.

What about cleaner/disinfectants?

# WHAT ABOUT CLEANER/ DISINFECTANTS?

This type of combo product is commonly used for institutional / business cleaning. It essentially cleans and disinfects at the same time. This unfortunately spreads more of a harmful chemical around more of an area.

Best practice is to clean what needs to be cleaned with a “green cleaner” then disinfect what needs to be disinfected ONLY.



# LEGAL LIABILITY



**Make sure personal protective equipment is used as per the requirement on the label.**

**All disinfectants need to be registered with EPA as a pesticide. Those chemicals come with personal protective equipment (PPE) requirement listed on the label of the product. Goggles and gloves are ALMOST ALWAYS required when using disinfectants and some sanitizers.**

**If an incident occurs and that staff person never was made aware of the requirement, a legal liability could result.**

**SANITIZING OF FOOD PROCESSING EQUIPMENT AND OTHER HARD SURFACES IN FOOD CONTACT LOCATIONS, DAIRIES, RESTAURANTS AND BARS.** For sanitizing food processing equipment, dairy equipment, food utensils, dishes, silverware, glasses, sink tops, counter tops, refrigerated storage and display equipment and other hard surfaces. No potable water rinse is required.

Wash and rinse all articles thoroughly then apply a solution of 1 oz. of QUAT AMO in 4 gallons of water (150 ppm active). Surfaces should remain wet for at least 1 minute followed by adequate draining and air drying. Fresh solution should be prepared daily or when use solution becomes visibly dirty. For mechanical application use solution may not be reused for sanitizing applications.

Apply to sink tops, countertops, refrigerated storage and display equipment and other stationary hard surfaces by cloth or brush. No potable water rinse is required. Dishes, silverware, glasses, cooking utensils and other similar sized food processing equipment can be sanitized by immersion in a 1 oz. per 4 gallons solution of QUAT AMO. No potable water rinse is required.

At 1 oz./4 gallons, QUAT AMO fulfills the criteria of Appendix F of the Grade "A" Pasteurized Milk Ordinances 1978 Recommendations of the U.S. Public Health Services in waters up to 400 ppm of hardness calculated as CaCO3 when evaluated by the AOAC Germicidal and Detergent Sanitizer Method against Escherichia coli and Staphylococcus aureus. The udders, flanks, and teats of dairy cows can be sanitized by washing with a solution of 1 oz. QUAT AMO in 4 gallons of warm water. No potable water rinse is required. Use a fresh towel for each cow. Avoid contamination of sanitizing solution by dirt and soil. Do not dip used towel back into sanitizing solution. When solution becomes visibly dirty discard and provide fresh solution.

**Precautionary Statements**

**Hazardous to Humans and Domestic Animals**

**DANGER**

Keep out of reach of children. Causes eye damage and skin irritation. Do not get in eyes, on skin or on clothing. Wear goggles or face shield and rubber gloves when handling. Harmful if swallowed. Do not breathe the spray mist. Avoid contamination of foods. Do not breathe spray mist.

**ENVIRONMENTAL HAZARDS**

Do not discharge effluent containing this product into lakes, streams, ponds, estuaries, oceans or other waters unless in accordance with the requirements of a National Pollutant Elimination System (NPDES) permit and the permitting authority has been notified in writing prior to discharge. Do not discharge effluent containing this product to sewer systems without previously notifying the local sewage treatment plant authority. For guidance contact your State Water Board or regional office of the EPA.

**STORAGE AND DISPOSAL**

- Do not contaminate water, food or feed by storage or disposal.
- Do not store on side.
- Avoid creasing or impacting of side walls.

**PESTICIDE DISPOSAL**

Pesticide wastes are acutely hazardous. Improper disposal of excess pesticide, spray or mixture of rinsate is a violation of Federal Law. If these wastes cannot be disposed of according to label instructions, contact your State Pesticide or Environmental Control Agency or the Hazardous Waste representative at the nearest EPA Regional Office for guidance.

**CONTAINER DISPOSAL**

If container is one gallon or less: Do not reuse empty bottle. Wrap container and put in trash. If plastic bottle is over one gallon: Triple rinse (or equivalent) then offer for recycling, reconditioning, or puncture and dispose of in a sanitary landfill or by incineration if burning is allowed by state and local authorities. If burned stay out of smoke.

1023

# QUAT AMO

## DISINFECTANT - SANITIZER - FUNGICIDE

### VIRUCIDE\* - DEODORIZER

WITH ORGANIC SOIL TOLERANCE

FOR HOSPITAL, INSTITUTIONAL, INDUSTRIAL, RESTAURANTS, BARS, SCHOOL, DAIRY, INSTITUTIONAL KITCHENS, & OTHER FARM USE

**Active Ingredients:**

Octyl decyl dimethyl ammonium chloride	2.250%
Didecyl dimethyl ammonium chloride	1.350%
Dioctyl dimethyl ammonium chloride	0.900%
Alkyl (C14 50%, C12 40%, C16 10%) dimethyl benzyl ammonium chloride	3.000%

<b>Inert ingredients</b>	<b>92.500%</b>
<b>Total</b>	<b>100.000%</b>

KEEP OUT OF REACH OF CHILDREN

**DANGER**

**STATEMENT OF PRACTICAL TREATMENT**

In case of contact: Immediately flush eyes or skin with plenty of water for at least 15 minutes. For eyes, call a physician. Remove and wash contaminated clothing before reuse. If swallowed promptly drink a large quantity of milk, egg whites or gelatin solution. If these are not available drink large quantities of water. Avoid alcohol. Call a physician immediately.

**NOTE TO PHYSICIAN:** Probably mucosal damage may contraindicate the use of gastric lavage. Measures against circulatory shock, respiratory depression and convulsion may be needed.

SEE LEFT PANEL FOR ADDITIONAL PRECAUTIONARY STATEMENTS

EPA REG. NO. 6836-70-60149 EPA Est. Number 66149-CO-1

HMIS	
Health	2
Flammability	1
Reactivity	0
Personal Protection	B

**FERGUSON**  
CLEANING SUPPLIES

FergusonCleaningSupplies.com

BuyFcs.com

303-288-7070

NET CONTENT:

It is a violation of Federal Law to use this product in a spray device, surface wet for 10 minutes. Fresh solution should be prepared daily or when use solution becomes visibly dirty.

**DISINFECTION IN HOSPITALS**  
For disinfecting floors, garbage pails and other surfaces. Apply to prevent against Pseudomonas aeruginosa and Pseudomonas cepacia. Dilution Test.

**\*VIRUCIDAL PERFORMANCE**  
The presence of 5% wet Simplex Types 1 and 2, environmental surface disinfection in 4.5 gallons of water.

**FUNGICIDAL PERFORMANCE**  
An effective fungicide on surfaces in areas such as restrooms, utilizing the A

**DISINFECTION OF BARBERSHOPS**  
razors & scissors) can be

**DISINFECTION OF POULTRY**  
Poultry brooders, water troughs and kennel areas. 2 oz. QUAT AMO to 4.5 gallons of water. Prior to disinfection, all poultry droppings must be removed. This includes emptying all litter and droppings from brooders or other animals. After house poultry or other animals are dried. All treated equipment should be water before reuse.

This product is not to be used on surfaces that are in the bloodstream or non-bleeding surfaces or decontaminate critical disinfection.

**DIRECTIONS FOR RESTAURANTS**  
and cooking utensils and other surfaces. Apply to prevent against Pseudomonas aeruginosa and Pseudomonas cepacia. Dilution Test.

**DIRECTIONS FOR FOOD PROCESSING EQUIPMENT**  
equipment thoroughly. No potable water rinse is required.

# DEALING WITH DISINFECTANTS

**Minimize their use**

**Develop a standard operating procedure for use**

**Specify the hot spots and detail when they should be disinfected.**

**Document these practices and document that your employees know the PPE requirement**

**It Happens.....**

## **WAL-MART SETTLES OSHA CASE OVER CLEANING PROCEDURES**

**Wal-Mart agreed to the settlement, which includes paying a \$190,000 fine. Wal-Mart also pledged to improve training for workers using cleaning chemicals and to upgrade procedures so that workers did not handle undiluted chemicals.**



**DON'T TRASH  
FLUORESCENT  
LIGHT BULBS!**

Take them to a Universal Waste  
Collection Center or Recycle  
Compact Fluorescent Lamps  
at a participating retail store.

From EPA Universal Waste  
Collection Manual

Fluorescent  
light bulbs  
contain mercury  
and cannot be  
disposed of  
in the trash.

**Hg**

This symbol on a bulb or package means that bulb contains mercury.  
For safe disposal options, call 1-800-453-3842.





**NOTICE**  
**UNIVERSAL  
WASTE STORAGE  
AREA**



# Product Substitution

- **Cleaning chemicals (Green cert)**
- **Disinfectants (SOP to minimize usage)**
- **Laundry (NPE, phosphates)**
- **Lighting products (mercury)**
- **Pest control (organic treatment, IPM)**

# Product Substitution

- **Paint (Low VOC or Zero VOC)**
- **Carpet/ Floor products (Non-PVC)**
- **Swimming pool (storage hazards and alternative chems)**
- **Electronics (metals, EPEAT, Energy Star)**
- **Parking lot (non-coal tar based asphalt sealant)**

# The Portland Press Herald

75 cents

Monday, December 20, 2010

thepressherald.com

## TENSIONS RISE

### S. Korea to press military exercises

The U.N. Security Council comes up with a blank, and fog delays the drills as residents seek shelter.

By ANN MURPHY-JOHNSON  
and BYUNG-JIN KIM  
The Associated Press

**YEONPYEONG ISLAND, South Korea** — South Korea returned residents of front-line islands into bomb shelters as it insisted on pressing forward with live-fire drills over all-peace waters today despite North Korea's threat to retaliate, sharply spiking tensions.

A dense fog hung over the island, however, and a military official said the weather might delay the artillery exercises until Tuesday.

U.N. diplomats meeting in New York failed to find any solution to ease fears of a new war on the Korean peninsula, nearly a month after the North shelled South Korea's Yeonpyeong Island in retaliation for earlier artillery exercises there. The North has said it would



**Graham Cavanagh**, a life guard at the busy YMCA pool on Forest Avenue in Portland, tests the water's pH and chlorine levels. In the past year, the pool reduced the amount of chlorine it uses by 50 percent.

## Chlorine use takes a dive in public-pool experiment

### Top grade for school librarian

Kelley McDaniel, at King school in Portland, will use a \$5,000 national prize to take kids to Charleston, S.C.

By KATHRYN BOURGAIN  
Staff Writer

**PORTLAND** — Kelley McDaniel never saw herself receiving a lush repository of books.

As the librarian of King Middle School, she's usually at the center of activity, whether students are enjoying stories at a "Thanks a Libler reader appreciation event, playing vampire-themed games during a library sleepover for fans of the "Twilight" series or engaging in a scholarly discussion about books set in the Civil War era.

It's a part-time job that McDaniel does with an 11-11 a.m. shift, largely because it allows her to work right along with students.

"I'm interested in everything," she says.



"There are thousands of librarians across the nation that are like flowers."





## T/N/A BOWL AND BATHROOM CLEANER

GENERAL PURPOSE  
CLEAN, DEGREASE, DISINFECT, SANITIZING, ANT-BACTERIAL  
SODIUM HYPOCHLORITE AND SODIUM HYDROXIDE FORMULA/  
FRAGRANCE FREE

### ACTIVE INGREDIENTS

sodium hypochlorite (5.25% Cl <sub>2</sub> )	50% Cl <sub>2</sub> , 5% Cl <sub>2</sub> , 5% Cl <sub>2</sub>	
sodium hydroxide		0.25%
sodium hypochlorite (5.25% Cl <sub>2</sub> )		0.25%
sodium hydroxide		0.25%
OTHER INGREDIENTS		99.75%
	NET WT. 33.3333 LBS	

This product meets Green Seal's environmental standards for industrial and institutional cleaners based on its reduced human and aquatic toxicity and reduced energy production potential.



Keep Out Of Reach Of Children

### CAUTION

See reverse side for first aid and additional precautionary statements.

Net Contents: One Quart (32 fl. Oz.) 946 ml

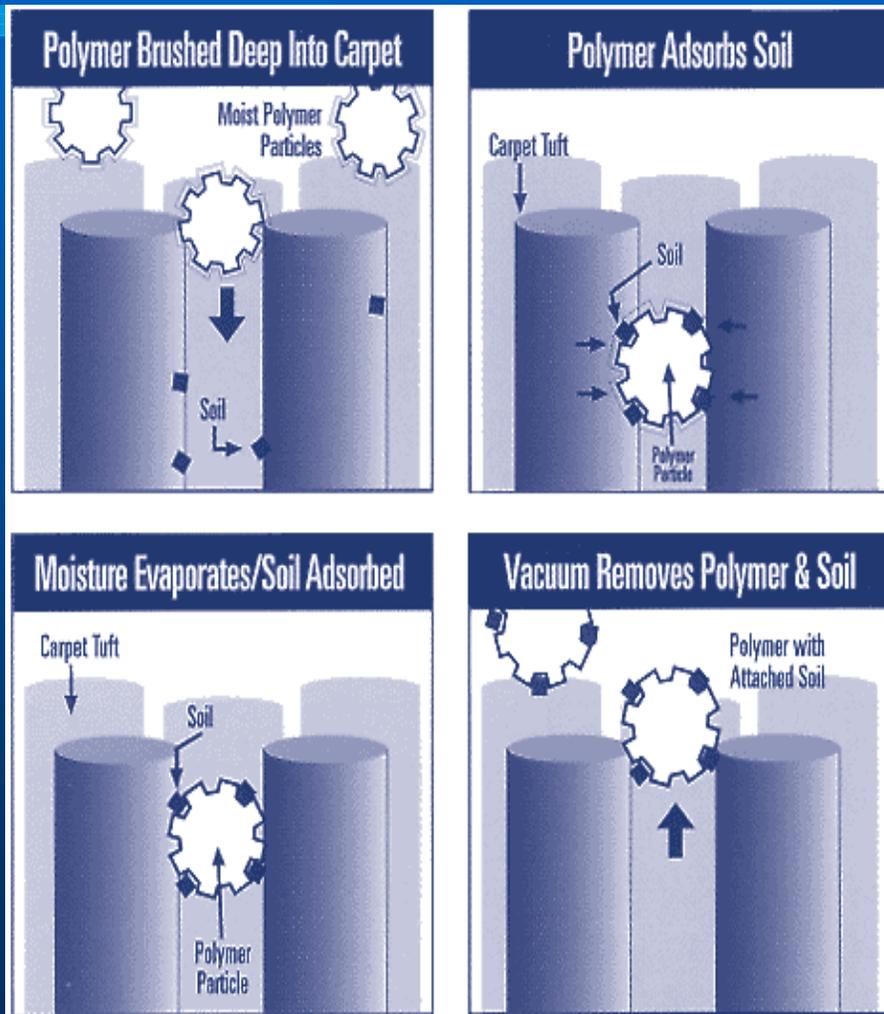




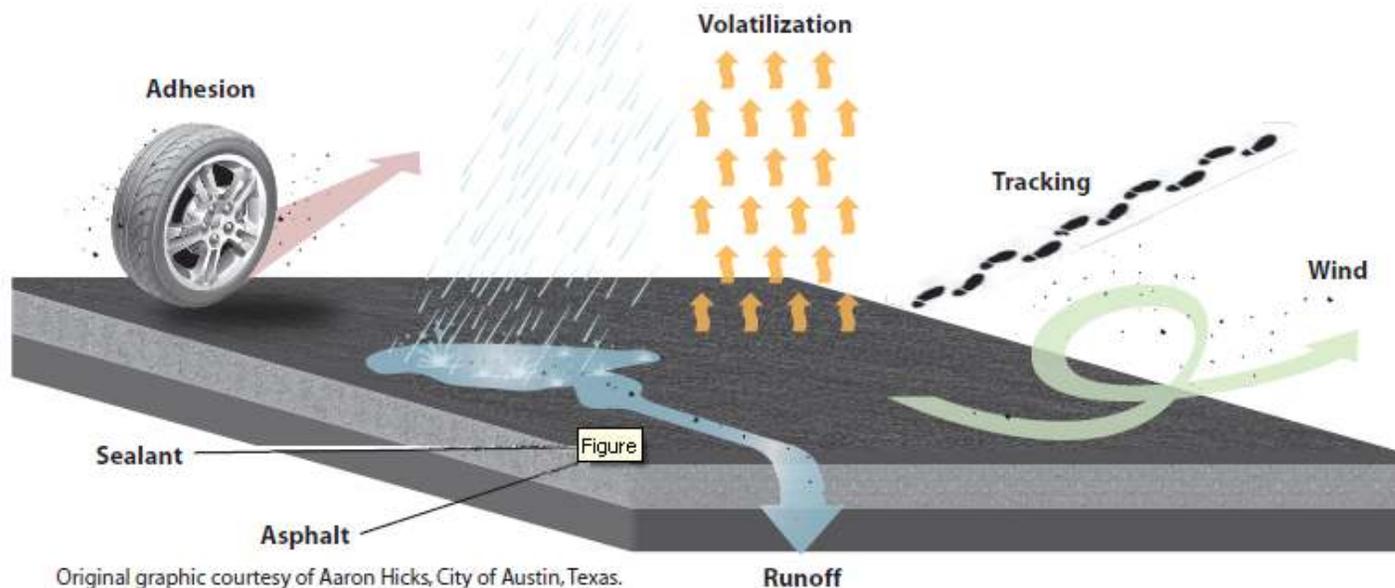
**Zero VOCs= zero VOCs**

**Low VOC= less than 50 grams per liter**

## NSF 140-2007 Standard, Platinum level for carpet and non pvc backing

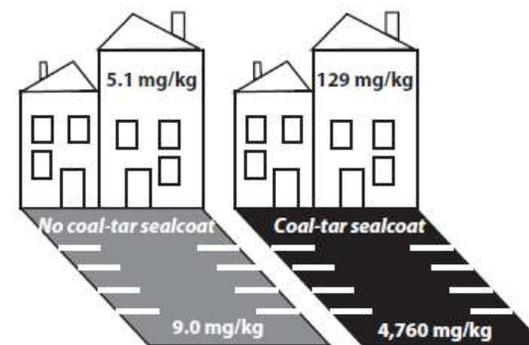


- Cleans thoroughly
- Leaves no solvent residue
- Eliminates drying downtime
- Biodegradable
- Improves indoor air quality
- Does not stimulate microbe growth



## From Outside to Inside Coal-Tar Pavement Sealant Linked to PAHs in House Dust

*House dust is an important source* for human exposure to many contaminants, including PAHs. This is particularly true for small children, who spend time on the floor and put their hands and objects into their mouths. In 2008, the USGS measured PAHs in house dust from 23 ground-floor apartments and in dust from the apartment parking lots. Apartments with parking lots with coal-tar-based sealcoat had PAH concentrations in house dust that were 25 times higher, on average, than concentrations in house dust from apartments with parking lots with other surface types (concrete, unsealed asphalt, and asphalt-based sealcoat). PAH concentrations in the dust from the parking lots with coal-tar-based sealcoat were 530 times higher, on average, than concentrations on the parking lots with other surface types.



Apartments with coal-tar-based sealcoat on the parking lot had much higher concentrations of PAHs, both in indoor dust and in parking lot dust, than apartments with an unsealed asphalt or concrete parking lot or with a parking lot with asphalt-based sealcoat. Concentrations shown are for the sum of the 16 U.S. Environmental Protection Agency priority pollutant PAHs (Mahler and others, 2010), in milligrams per kilogram (mg/kg).

## Our Environment and Us What are the Concerns?

*Some PAHs are toxic* to mammals (including humans), birds, fish, amphibians (such as frogs and salamanders), and plants. The aquatic invertebrates—insects and other small creatures that live in streams and lakes—are particularly susceptible to PAH contamination, especially those that live in the mud where PAHs tend to accumulate. These invertebrates are an important part of the food chain and are often monitored as indicators of stream quality (analogous to the “canary in the coal mine” concept). Possible adverse effects of PAHs on aquatic invertebrates include inhibited reproduction, delayed emergence, sediment avoidance, and mortality. Possible adverse effects on fish include fin erosion, liver abnormalities, cataracts, and immune system impairments. The Predicted Effect Concentration (PEC) of



Tumors in brown bullhead catfish from the Anacostia River, Washington, D.C., are believed to be related to elevated PAH concentrations (Pinkney and others, 2009). Photograph by A.E. Pinkney.



<http://pubs.usgs.gov/fs/2011/3010/pdf/fs2011-3010.pdf>

# Peter Cooke

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