

Cucumber Mint

Slice and peel cucumber into small, thin pieces. Add the cucumber to a ½ gallon glass jar. Mix in with 8 fresh peppermint or spearmint leaves – crushed – and fill the container with filtered water. Stir everything together and place in the refrigerator for a minimum of 4 hours and enjoy!

Pineapple Mint

Peel and slice about ¼ of a pineapple or about ½ can of diced pineapple (no juice). Add the pineapple to a ½ gallon size glass jar and mix together with 10 – 12 fresh, crushed mint leaves. Stir everything together and place in the refrigerator overnight.

Cherry Lime – One of my favorites!

Add two cups of fresh cherries or maraschino cherries (no juice) into a gallon size glass container. Add one and a half fresh limes sliced thin with the rind. Do not squeeze the limes! Fill with filtered water, mix gently and store in the fridge. Ready to drink when you are ready to enjoy!