

Sabrina Cohen Foundation

The Sabrina Cohen Foundation (SCF) is a 501(c)(3) nonprofit organization dedicated to developing adaptive fitness and recreational programs, in addition to funding innovative therapies that will provide a better quality of life for individuals living with paralysis and various disabilities.

Throughout the year, Sabrina and her partners work with local municipalities towards making Miami's beaches more accessible for wheelchair users.

In direct collaboration with the City of Miami Beach, SCF is working to create the first fully-accessible beach, playground and state-of-the-art wellness center, featuring an adaptive gym for the disabled, including seniors, veterans and children with special needs. The programming will be open to residents and visitors in Miami Beach.

This summer, the foundation has an adaptive beach program that offers a full array of wheelchair accessible summer activities. Here's a quick glimpse of the most up to date schedule as of May 2016:

Events are held every Saturday from 10:00 am – 1:00 pm in Miami Beach (address TBD).

- 1st Saturdays of the month - Ocean Play / Adaptive Surf
- 2nd Saturdays of the month - Art Therapy / Yoga
- 3rd Saturdays of the month - Handcycling
- 4th Saturdays of the month - Themed beach day

Feel free to check out www.sabrinacohenfoundation.org for up to date information and new events.