

Developing friendships, self-esteem, and enjoying a healthy environment and lifestyle!

Another great option for water connoisseurs is Shake-a-Leg Miami, located at 2620 South Bayshore Drive, Coconut Grove, Florida 33133. This 501(c)(3) non-profit organization is a community boating center that offers year-round aquatic programs and activities accessible for individuals with and without disabilities. Located in Biscayne Bay, the waterfront center offers a marina equipped with sailboats, kayaks, stand-up paddle boards, a boat yard and boat repair area, multi-purpose classrooms with multimedia labs, a rooftop observation deck, and eco islands. Shake-A-Leg Miami's dedicated management, staff, and volunteers are passionate about getting people of all abilities out on the water. Their unique setting allows for a fully integrated experience for everyone.