Find Something You Love To Do By: Lester Langer

About 12 years ago I helped form a group of guys to play golf on Saturday. There were about 8 of us and we began to play. As time went by we invited others to join us because we could not get everyone to play every Saturday.

We have now grown to 38 to 40 golfers. Every Saturday we pull together 16 to 24 guys to play golf, have lunch and have fun. We are all serious, competitive and average weekend golfers who keep handicaps, range in age from 30 to 70 and have a grand time. Most of us are still working and we love this group getaway once a week.

The guys in the group flow in and out of the foursomes effortlessly and enjoy the diversity of our group. We play, tell jokes, kid each other endlessly (you have to have a thick skin and good sense of humor to belong to our group) and enjoy the game and the company.

We have invited women to join us but they have declined after they see our antics.... I don't know why. Nonetheless we continue to hope.

As our group has evolved we now do 2 gatherings per year which includes our wives, and partners at one of the guys' homes. We all chip in and have a great time. It gives the families an opportunity to see who we hang out with on Saturday mornings.

We also play a FedX type event once a year and give the winner a cup, which is highly coveted and sits proudly in the winner's office for a year.

Now that I am sort of retired, My Saturday golf group is one of the things I do that gives me a much fuller life and makes me happy.

So my advice, find something you love to do and get involved. And Enjoy. Be Happy.