



**Be a Parent, Not a Friend  
Don't Make Alcohol Available to Teens**

**Talking Points – Use and Abuse Video 4**

1. Many teens are able to obtain alcohol from liquor stores using fake IDs, or from older siblings and friends, or even their parent's house. How can parents get the message across to teens that this is not okay behavior? How can parents monitor the alcohol in their homes? What might parents do to alert their peers about the ways teens obtain alcohol without parental consent?
2. Many times teens give in to peer pressure – whether it's overt pressure (their friend says "here, try this") or it's hidden pressure (teens see the "cool" kids drinking and want to be like them). What tools can parents provide to their teens to help them not give in to peer pressure?
3. Often parents notice behavior that is "out of sorts" with a teen they know (not their own child). Is it OK for a parent to ignore the troubling behavior of someone else's child? Is it worth upsetting, or risking a friendship with, another parent by telling her/him that you've observed that something is going on with their child? What approach(es) might a parent use when reaching out to the parent of a youth who may be "out of sorts?"
4. Parents also notice "out of sorts" behavior in their own children. What are some of the ways a parent can broach the subject with their child?

Let us know how we did! Please [click here](#) to provide us with your feedback.

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