The nation’s first evidence-based comprehensive training program developed by and for Latino parents of 0-5 year old children.
Curriculum

Parents have the most important – and sometimes the toughest – job in the world. The AP curriculum strengthens parenting behaviors, leading to better outcomes for families and children.

Available in Spanish and English, the 10 sessions foster school readiness, family well-being, and advocacy by addressing best practices for:

- Early childhood development
- Literacy
- Numeracy
- Bilingualism
- Health
- Attendance
- Civic engagement
- Leadership
- Goal setting

Facilitator Training

The cost-effective train-the-trainer model certifies community leaders to deliver the program to parents, caregivers and partner organizations in their neighborhoods.

During the three-day institute, facilitators learn about the unique features of the Abriendo Puertas curriculum, including the following:

- Overview of the 10 sessions.
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Deepening Impact

Abriendo Puertas/Opening Doors has grown rapidly in scope and impact since its launch in 2007, thanks to strong partnerships with national and local agencies and organizations.

Our partners include the National Head Start Association, Catholic Charities USA, Latino Policy Forum, Partnership for Community Action, United Way Worldwide, and districts such as Los Angeles Unified.

Independent Evaluations

Two independent evaluations demonstrate the positive impact of the Abriendo Puertas/Opening Doors program. A national evaluation led by Drs. Bruce Fuller and Margaret Bridges at U.C. Berkeley found that parents made significant gains in knowledge of:

- Early learning and development
- Language and literacy
- School preparation
- Health
- Parenting
- Advocacy

The 2014 Child Trends Random Control Study of Abriendo Puertas/Opening Doors confirmed that participating parents demonstrated significant growth in parenting practices that promote school readiness. The Child Trends evaluation also found that both participants and facilitators exhibited high satisfaction levels with the program.

Opening Doors in Communities Throughout the Country

HONORING PARENTS AS FAMILY LEADERS

Parents graduate from Abriendo Puertas/Opening Doors as powerful agents of change in the lives of their children and the community at large.

Puertas/Opening Doors

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HOMES IS A CHILD’S FIRST SCHOOL

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