



"For He will command His angels to guard you in all of your ways." Ps. 91:11

## Youth News

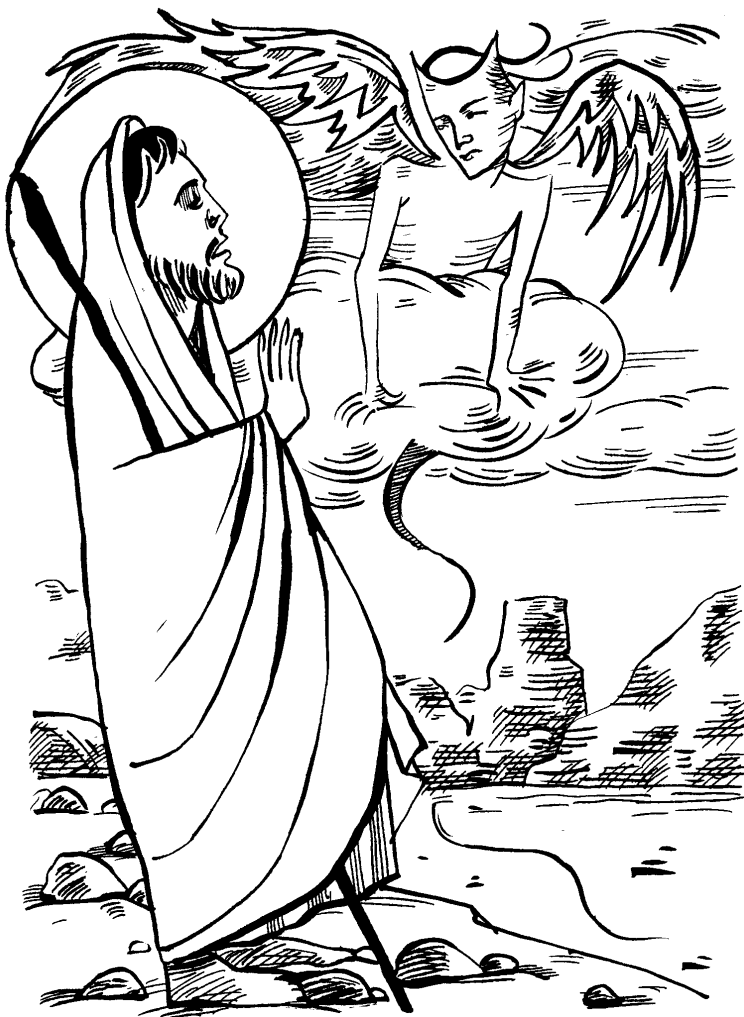
**1st Sunday of Lent**

**Sunday February 14, 2016**

**CHRIST THE KING  
UNIVERSITY PARISH**

### **This Week's Edition:**

Saying 'No' to the Devil's Temptations



### **DID YOU KNOW?**

Sometimes when we hear about the devil and his demons, it can be a bit scary.

Fortunately, we are protected by God and His angels—who are *much* stronger than the devil ever could be!

We are always accompanied by angels... for real. We cannot see them because they are all-spirit and have no body.

The Catechism of the Catholic Church says, "Beside each believer stands an angel as a protector and shepherd, leading him to life." (CCC 336)

## After Jesus was Baptized in the Jordan River...

Lk. 4:1-13

...the Spirit led Him into the desert for 40 days, and the devil tried to tempt Him. For all those days, Jesus did not eat any food, and he was hungry.

So the devil said to Jesus, "If you are the Son of God, tell this stone to become bread."

But Jesus said to the devil, "It is written in the books of Moses, 'People do not live just by eating food.' "

Then the devil took Jesus up and showed Him all the kingdoms of the world, and said, "I will give you all the power and glory of these kingdoms if you will worship me."

But Jesus said, "It is written in the books of Moses, 'You must worship God, and only God!'"

Then the devil took Jesus to the very top of the temple in Jerusalem and said, "If you are the Son of God, jump down from here, and because it is written in the book of Psalms 'God will tell the angels to take care of you, and they will catch you..."

But Jesus said, "It is also written, 'You shall not test your God.'"

After these temptations, the devil left Jesus and waited for another time to come again.

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## What do YOU Think About this Story?

1. I wonder what bad things I am tempted to do...

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2. I wonder how I can use Scripture to stay strong against the devil's temptations...

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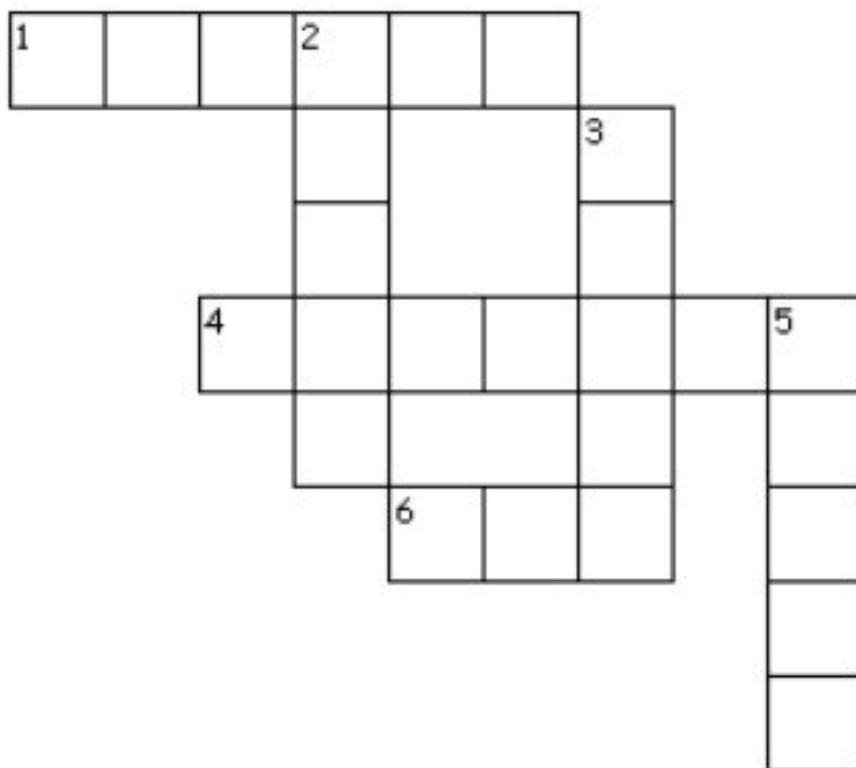
3. I wonder what the angels do to protect me every day...

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# “Temptations” Crossword

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## Across

1. We often find it tempting to talk about others behind their backs. This is called \_\_\_\_\_
4. Sometimes the day is so full that we are tempted to forget about God and skip our \_\_\_\_\_ (hint: talking to God)
6. When I get really mad at someone, I might be tempted to \_\_\_\_ them, using my hands instead of my words

## Down

2. Sometimes we are tempted to keep things all for ourselves, and NOT \_\_\_\_\_ with others
3. If we always choose to skip our homework, when it comes time for the test we might be tempted to \_\_\_\_\_ by looking off others' tests
5. When I do something that is hurtful to my friend, I might be tempted to blame them instead of simply saying "\_\_\_\_\_"

# Calling all Saints!

Did you know that Valentine's day is a celebration of St. Valentine?



St. Valentine was a priest who secretly helped Christians who were suffering under the rule of Emperor Claudius in Rome. At this time, helping Christians was against the law, so when St. Valentine got caught, he was arrested and sent to prison.

According to legend, while St. Valentine was in prison, the Emperor Claudius (the man who was punishing Christians) began to really like him. Eventually, St. Valentine decided to try and teach the Emperor about Jesus, but the Emperor got very angry about this and sent St. Valentine to be killed.

We call St. Valentine a "martyr" because he died for the faith. He chose to help Christians even though he knew he would be punished for it, and he chose to try and teach the Emperor the good news even though he knew it could be killed.

St. Valentine shows us that love is not always mushy-gushy; true love is when we put someone else's need above our own. And this type of sacrificial love is the love of Christ.

*St. Valentine, pray for us!*

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## COMING UP IN YOUTH MINISTRY...

### STATIONS OF THE CROSS:

All are welcome to attend the Stations of the Cross which will be led by youth on **Friday February 26 at 7pm** in the Chapel at Windermere on the Mount. Youth participants and their families are invited to attend a pot-luck dinner at 5:30pm in our parish hall where we will also share in some Lenten family activities. Please RSVP for the potluck to Natalie Hleba at [natalie.hleba@kings.uwo.ca](mailto:natalie.hleba@kings.uwo.ca) by Wednesday February 24.

### LENTAN RETREAT

Join us for our parish Lenten retreat open to all ages on **Sunday March 13** at Labatt Hall (King's University College) from **12-5pm**. Children and youth in grades JK-8 are invited to their own track led by university students. Those in high school are invited to attend the adult portion of the day. The day will begin at 12 noon with a common lunch and will end with the 5:00pm mass at Labatt Hall. Please RSVP to Natalie Hleba by Wednesday March 9 if your child would like to attend and indicate what grade they are in.

*For more info, contact Natalie Hleba, Campus Minister for Youth: [natalie.hleba@kings.uwo.ca](mailto:natalie.hleba@kings.uwo.ca)*