



NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org
(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



K-8 Breakfast / Lunch Menu

NOVEMBER 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRESH FRUIT, JUICE, MILK LUNCH: MOZZERELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK</p>	<p>3 BREAKFAST: STRAWBERRY DELIGHTS, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: SLOPPY JOE ON A BUN, ROMAINE SALAD MIX w/CHIC PEAS, LITE DRESSING, PEARS, OAT-MEAL RAISIN COOKIE, MILK</p>	<p>4 BREAKFAST: APPLE ROLL, FRESH FRUIT, JUICE, MILK LUNCH: CREAMED TURKEY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK</p>	<p>5 BREAKFAST: TRIX CEREAL BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK LUNCH: TACO SALAD, R/F FRITOS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED CHEESE, AP-PLESAUCE, MILK</p>	<p>6 BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK LUNCH: TOMATO SOUP, GRILLED CHEESE SANDWICH, BANANA, MILK</p>
<p>9 BREAKFAST: BAGEL w/ CREAM CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: SPAGHETTI w/ MEATSAUCE, DINNER ROLL, MARGARINE CUP, CELERY STICKS w/ HUMMUS, FRESH APPLE, MILK</p>	<p>10 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR, YOGURT, FRESH FRUIT, JUICE, MILK LUNCH: CHICKEN PATTY ON A WHOLE WHEAT BUN, COLESLAW, RAISINS, MILK</p>	<p>11 NO SCHOOL</p> 	<p>12 BREAKFAST: GOLDEN GRAHAM CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK LUNCH: MEATBALL SUB, 4 BEAN SALAD, FRESH PEAR, MILK</p>	<p>13 BREAKFAST: CRUNCH-MANIA, FRESH FRUIT, JUICE, MILK LUNCH: SHEPARD'S PIE w/ CORN, BROWN GRAVY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, PEACHES, MILK</p>
<p>16 BREAKFAST: CERRIOS CEREAL BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK</p>	<p>17 BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK LUNCH: CHEESEBURGER ON A WHOLE WHEAT BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK</p>	<p>18 BREAKFAST: FRUIT CHURROS, FRESH FRUIT, JUICE, MILK LUNCH: CHIX TERRYAKI DIPPERS, MASHED POTATO, PEAS, DINNER ROLL, MARGARINE CUP, PEARS, MILK</p>	<p>19 BREAKFAST: MULTI GRAIN CERRIOS CEREAL BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK LUNCH: AMERICAN CHOP SUEY, FRESH SALAD w/ STRAWBERRY DRESSING, FRESH FRUIT, MILK</p>	<p>20 BREAKFAST: BLUEBERRY SNACK LOAF, YOGURT, FRESH FRUIT, JUICE, MILK LUNCH: MAXX STICKS, DIPPING SAUCE, GREEN BEANS, SORBET FRUIT CUP, MILK</p>
<p>23 BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK LUNCH: HOT DOG ON A WHOLE WHEAT BUN, CORN ON THE COB, VEG-ETARIAN BEANS, PEACHES, MILK</p>	<p>24 BREAKFAST: ULTIMATE BREAKFAST ROUNDS, FRESH FRUIT, JUICE, MILK LUNCH: ROASTED TURKEY w/GRAVY, STUFFING, MASHED POTATO, CORN, CRAN SAUCE, DINNER ROLL, MARGARINE CUP, COOKIE, MILK</p>	<p>25 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK</p> <p style="text-align: center;">½ DAY NO LUNCH</p>	<p>26 NO SCHOOL</p> 	<p>27</p> <p style="text-align: center;">NO SCHOOL</p>
<p>30 BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRESH FRUIT, JUICE, MILK LUNCH: MOZZERELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK</p>				
				

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.



Daily breakfast alternate - cereal.

Daily lunch alternate - meat sandwich or peanut butter and jelly sandwich.

