

NEW BEDFORD PUBLIC SCHOOLS K-8 Breakfast / Lunch Menu

VIEW MENU ONLINE: • www.newbedfordschools.org
(click on Parents & Community to access Menus)

FEBRUARY 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: MOZZERELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK</p>	<p>2</p> <p>BREAKFAST: STRAWBERRY DELIGHTS, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: SLOPPY JOE ON A BUN, ROMAINE SALAD MIX w/CHIC PEAS, LITE DRESSING, PEARS, OATMEAL RAISIN COOKIE, MILK</p>	<p>3</p> <p>BREAKFAST: APPLE ROLL, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CREAMED TURKEY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK</p>	<p>4</p> <p>BREAKFAST: TRIX CEREAL BREAKFAST KIT w/ FRUIT JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: TACO SALAD, R/F FRITOS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED CHEESE, APPLESAUCE, MILK</p>	<p>5</p> <p>BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: MEATBALL SUB, 4 BEAN SALAD, FRESH PEAR, MILK</p>
<p>8</p> <p>BREAKFAST: BAGEL w/ CREAM CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: SPAGHETTI w/ MEATSAUCE, DINNER ROLL, MARGARINE CUP, CELERY STICKS w/ HUMMUS, FRESH APPLE, MILK</p>	<p>9</p> <p>BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR, YOGURT, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHICKEN PATTY ON A WHOLE WHEAT BUN, COLESLAW, RAISINS, MILK</p>	<p>10 <i>Ash Wednesday</i></p> <p>BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: PIZZA WEDGE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, TROPICAL FRUIT, MILK</p>	<p>11</p> <p>BREAKFAST: GOLDEN GRAHAM CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: SHEPARD'S PIE w/ CORN, BROWN GRAVY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, PEACHES, MILK</p>	<p>12</p> <p>BREAKFAST: CRUNCHMANIA, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: GRILLED CHEESE SANDWICH, TOMATO SOUP, BANANA, MILK</p>
<p>15 President's Day</p>	<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p>

WINTER VACATION

<p>22</p> <p>BREAKFAST: CHERRIOS CEREAL BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHEESEBURGER ON A WHOLE WHEAT BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK</p>	<p>23</p> <p>BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK</p>	<p>24</p> <p>BREAKFAST: 2-FRUIT CHURROS, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHIX TERIYAKI DIPPERS, DINNER ROLL, MARGARINE CUP, MASHED POTATO, PEAS, PEARS, MILK</p>	<p>25</p> <p>BREAKFAST: MULTI GRAIN CHERRIOS CEREAL BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: AMERICAN CHOP SUEY, FRESH SALAD w/ STRAWBERRY DRESSING, FRESH FRUIT, MILK</p>	<p>26</p> <p>BREAKFAST: BLUEBERRY SNACK LOAF, YOGURT, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: MAXX STICKS, DIPPING SAUCE, GREEN BEANS, SORBET FRUIT CUP, MILK</p>
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<p>29</p> <p>BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: HOT DOG ON A WHOLE WHEAT BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACHES, MILK</p>



ATTEND SCHOOL!
STAY IN SCHOOL!
GRADUATE!
Where are YOU headed?

New Bedford Public Schools

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.



Daily breakfast alternate - cereal.

Daily lunch alternate - meat sandwich or peanut butter and jelly sandwich.

