

NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org
(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



K-8 Breakfast / Lunch Menu

MARCH 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BREAKFAST: ULTIMATE BREAKFAST ROUND, FRESH FRUIT, JUICE, MILK LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK	2 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: FRENCH TOAST STICKS, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	3 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK LUNCH: BBQ CHICKEN, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FRUIT MIX, MILK	4 BREAKFAST: STRAWBERRY NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: PIZZA SQUARE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK
	7 BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRESH FRUIT, JUICE, MILK LUNCH: MOZZERELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK	8 BREAKFAST: STRAWBERRY DELIGHTS, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: SLOPPY JOE ON A BUN, ROMAINE SALAD MIX w/CHIC PEAS, LITE DRESSING, PEARS, OATMEAL RAISIN COOKIE, MILK	9 BREAKFAST: APPLE ROLL, FRESH FRUIT, JUICE, MILK LUNCH: CREAMED TURKEY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK	10 BREAKFAST: TRIX CEREAL BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK LUNCH: TACO SALAD, R/F FRITOS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED MOZZERELLA CHEESE, APPLESAUCE, MILK
14 BREAKFAST: BAGEL w/ CREAM CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: SPAGHETTI w/ MEATSAUCE, DINNER ROLL, MARGARINE CUP, CELERY STICKS w/HUMMUS, FRESH APPLE, MILK	15 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR, YOGURT, FRESH FRUIT, JUICE, MILK LUNCH: CHICKEN PATTY ON A WHOLE WHEAT BUN, COLESLAW, RAISINS, MILK	16 BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: MEATBALL SUB, 4 BEAN SALAD, FRESH PEAR, MILK	17 St. Patrick's Day BREAKFAST: GOLDEN GRAHAM CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK LUNCH: SHEPARD'S PIE w/ CORN, BROWN GRAVY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, PEACHES, SHAMROCK COOKIE, MILK	18 BREAKFAST: CRUNCHMANIA, FRESH FRUIT, JUICE, MILK LUNCH: PIZZA WEDGE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, TROPICAL FRUIT, MILK
21 BREAKFAST: CERRIOS CEREAL BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK	22 BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK LUNCH: CHEESEBURGER ON A WHOLE WHEAT BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK	23 BREAKFAST: FRUIT CHURROS, FRESH FRUIT, JUICE, MILK LUNCH: CHIX TERRYAKI DIPPERS, MASHED POTATO, PEAS, DINNER ROLL, MARGARINE CUP, PEARS, MILK	24 BREAKFAST: MULTI GRAIN CHEERIOS CEREAL BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK LUNCH: AMERICAN CHOP SUEY, FRESH SALAD w/ STRAWBERRY DRESSING, FRESH FRUIT, MILK	25 GOODFRIDAY NO SCHOOL
28 BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK LUNCH: HOT DOG ON A WHOLE WHEAT BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACHES, MILK	29 BREAKFAST: ULTIMATE BREAKFAST ROUND, FRESH FRUIT, JUICE, MILK LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK	30 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: FRENCH TOAST STICKS, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	31 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK LUNCH: BBQ CHICKEN, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FRUIT MIX, MILK	

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.



Daily breakfast alternate - cereal.

Daily lunch alternate - meat sandwich or peanut butter and jelly sandwich.

