

Traumatic Grief Treatment: Repair, Revise, & Re-engage

Friday, Feburary 19, 2016

9:00 am—Noon (3 CEU's)

The WARM Place 809 Lipscomb Street

Fort Worth, TX 76104

Dr. Ted Rynearson

PRESENTER: E.K. (Ted) Rynearson, M.D.

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Trauma Support Services of North Texas and The WARM Place

Dr. Rynearson is a retired clinical psychiatrist from Seattle, Washington where he founded the section of psychiatry at the Mason Clinic more than 30 years ago. In addition to full-time clinical practice, he has served on the faculty of the University of Washington as a Clinical Professor of Psychiatry. For more than two decades, Dr. Rynearson has maintained a clinical and research focus on the effects of violent death on family members published in clinical papers, book chapters and a book entitled, Retelling Violent Death.

Since his retirement from full-time practice he has given numerous national and international trainings on the management of the clinical effects of violent death, and founded a non-profit organization (The Violent Death Bereavement Society) with its own internet site (vdbs.org) to establish an informative network for service providers, teachers and researchers of violent death.

Dr. Rynearson lives on Puget Sound where he rows each dawn in his rowing scull (weather and tide permitting) and almost always sees a seal or an eagle.

Violent death presents a more complex synergism of distress than the natural death of a loved one. The griever is confronted with intrusive, traumatic aspects of the death at the same time he or she is living with grief and separation distress common after

all deaths of loved ones. The internal memory of the loved one when living can present a dynamic, restorative focus that is dynamically opposed to the memory of the external trauma (reenactment imagery). Accommodation to violent dying may be challenged by waves of reenactment imagery that is further complicated by remorse over failed rescue or caregiving. During the seminar, Dr. Rynearson will interview a woman who first experienced the accidental shooting death of one of her sons by his brother when they were children. Years later, her adult daughter killed her own son and then took her own life. When she came to TSSNT for therapy, she could barely function, finally having recognized that her faith and her church, her primary sources of resilience, were not enough.

At the end of this workshop/seminar, participants will be able to:

- Differentiate Traumatic Grief following violent dying from Complicated Grief
- Clarify and manage horrific reenactment imagery in Traumatic Grief
- Describe a working model of Traumatic Grief Treatment
- Identify and master restorative techniques for short-term treatment

REGISTRATION

This seminar is sponsored by Trauma Support Services of North Texas and The WARM Place. It includes 3 CEU's for clinical social workers and licensed professional counselors. The training fee is \$25. Please register online at www.tssnt.org. If you have questions, please contact us at theresa@tssnt.org or call 469-236-2574.