The Big Spring Clean

A year of starting fresh: new ideas and goals!

www.cccneb.edu/findyourclasses
Connecting People, Communities and Opportunities
The Big Spring Clean is here! It’s a wonderful time of year to dump old goals and start new ones. We have a number of new classes this spring that will help you get a fresh start in 2016. Classes that help you de-dramatize your life and change up your wardrobe are on the list! Are you ready to ramp up your job skills? We added a series of online classes this spring from UGotClass. These classes are online learning for the 21st Century, taught by industry professionals and designed to fit your schedule. Please call us about the online classes you can take! Course listings on page 20.

On the Cover

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3C Initiative

Central Community College cares about our water, energy, land use, natural and built environment, and community health. For our communities and ultimately the world at large, we believe environmental sustainability is important, and is connected to social and economic sustainability. At CCC we define environmental sustainability as meeting “the needs of the present without compromising the ability of future generations to meet their own needs” (1987 Brundtland report). Our “3C Initiative” is our collective efforts across CCC to build the culture, knowledge and practices for a sustainable future. Join us in this important journey.

Come learn with us as part of our Sustainability Leadership Presentation Series! It is free and open to the public. Go to www.cccneb.edu/SLPS for more information.

Green leaves identify “3C Initiative” classes that include an element or focus on environmental sustainability. The more detailed the leaf, the more a class incorporates environmental sustainability education or behaviors. 3C Initiative classes offered this semester are:

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Problem Solving Dog Behaviors

Are you frustrated with your dog? Has your dog learned bad habits and you need help? Come to this two hour workshop and learn about canine behaviors. Topics discussed will include: house training, chewing health, exercise and social skills. Lucy Kerby, dog trainer and behavior consultant, will help guide you and your family to a better relationship with your family pet. Take a night for yourself and leave the pets at home.

Wednesday, February 17, 6:30-8:30 p.m., $29. Instr: Lucy Kerby. CODE: 9400 CG103

Basic Obedience Skills

You can teach an old dog new tricks! Whether they are new to the family or senior members, dogs can learn and re-learn basic obedience commands. This class will teach you how to communicate with and train your dog. Lucy Kerby, a veteran dog trainer and behavior consultant, will help guide you to better family relationships. Dogs must be at least 5 months old and be current on Rabies, Distemper/Parvo and Kennel Cough vaccinations. Copies of vaccination records must be provided the first night of class. Class cost covers one dog’s family.

Wednesdays, April 20, 27, May 4 & 11, 6:30-7:30 p.m., $59 per single dog’s family. Instr: Lucy Kerby. CODE: 9400 CG104

Care For Your Pet

It’s the time of year when it is tough to get rid of that wintery pet smell. Avoid heavy chemicals and lingering fake cover-ups by using essential oils. In this class you will learn how to make cat and dog tick/flea powder, a no-odor kitty litter box, doggie shampoo, and stinky dog spray. You will also learn the benefits of essential oils on highly sensitive pets.

Thursday, April 14, 6-7:30 p.m., $19. Instr: Kim Beran. CODE: 5000 CG104

Learning To Draw A Still Life

In this class you will learn how to set up a simple still life, take a photograph and then draw it using various methods; from a quick sketch to completing a detailed drawing with shading and highlights. The supply list is simple: drawing paper, a variety of drawing pencils (2h, 2b, 4b, etc), a kneaded eraser, eraser shield, pencil sharpener and a blending tortillion. You may be able to find this all in a set. Do you want to be more environmentally conscious? Try using a recycled sketch pad.

Monday, February 22, 6-9 p.m., $29. Instr: Jean Cook. CODE: 1020 CG100

Begining Watercolor

Have you always wanted to learn to paint with watercolors? Now is your chance. This class is for both beginners and more advanced students. Learn to make your paintings have more depth by adding layers of color to achieve darker color gradually and how to give the background those rich dark colors. A supply list will be available after your registration is received.

Monday, February 29, March 7 & 14, 6-8 p.m., $49. Instr: Jean Cook. CODE: 1010 CG103

Learn To Draw Landscapes & Buildings

Using your own photographs of landscapes or buildings, you will work with perspective, values, shading and various pencil strokes to give depth to your piece. The supply list is simple: photographs, drawing paper, a variety of drawing pencils (2h, 2b, 4b, etc), a kneaded eraser, eraser shield, pencil sharpener and a blending tortillion. You may be able to find this all in a set. Do you want to be more environmentally conscious? Try using a recycled sketch pad.

Mondays, March 21, 6-9 p.m., $29. Instr: Jean Cook. CODE: 1020 CG101

Acrylic Painting with Sparkle

If you like things that sparkle or shine, you will enjoy this class! Add sparkle to a landscape; learn to add metallic paints into your piece. We will cover abstract and realistic approaches to your paintings. This class is for both beginners and more advanced students. Come and join the fun. A supply list will be available after your registration is received.

Mondays, March 28, April 4 & 11, 6-8 p.m., $49. Instr: Jean Cook. CODE: 1010 CG104

To register for classes contact us at 308-398-7445 or email elsgi@cccneb.edu.
Learning to Draw Florals and Plants

Do you appreciate nature and the environment? Jean Cook can help you connect with the intricacies of the flowers and plants in your area by using the photographs you have. Discover how to explore tiny details such as making petals look soft with shading and a variety of different strokes. The supply list is simple: photographs, drawing paper, a variety of drawing pencils (2h, 2b, 4b, etc.), a kneaded eraser, eraser shield, pencil sharpener and a blending tortillion. You may be able to find this all in a set. Do you want to be more environmentally conscious? Try using a recycled sketch pad.

Monday, April 18, 6-9 p.m., $29. Instr: Jean Cook. CODE: 1020 CG102

Learning To Read A Crochet Pattern

Have you tried to teach yourself to crochet and learned the basics, but do not know or understand how to read a pattern? Instructor Sharon Rinke will help you further your skills in the art of crocheting. Nothing is more frustrating than finding a pattern you like, but it reads like Greek. We will learn to read several written pattern styles and will do some practice work with these patterns to get a better understanding; homework will be a part of this class. Pre-registration is required; a supply list will be available after your registration is received.

Thursdays, February 25, March 3 & 10, 6:30-8:30 p.m., $34. Instr: Sharon Rinke. CODE: 6010 CG108

Get Crazy with Collage

What is collage, you ask? Well it is taking various papers, paint, and rocks and things and putting it all together to create a piece of art! Jean will help you design and create your one-of-a-kind piece of art using objects you find in your everyday life. Use small rocks, string, clippings from a special event, and more. You will work on composition and where your focal point should be. Come and join the fun! A supply list will be available after your registration is received.

April 25, May 2 & 9, 6-8 p.m., $49. Instr: Jean Cook. CODE: 1150 CG100

Beginning Crochet

Spring is just around the corner and it’s time to clean out the closets and basement. What do you do with all the yarn you have? How about learning to crochet some useful items and save money by this yarn? Crocheting is a relaxing way to end your day or a good traveling or waiting room companion and small projects make great gifts. Sharon Rinke will teach you four basic stitches and an edging and the fundamentals of reading a pattern. With any new hobby, learning the fundamentals is the most important part of the process; homework will be a part of this class. Pre-registration is required; a supply list will be available after your registration is received.

Thursdays, February 4, 11 & 18, 6:30-8:30 p.m., $34. Instr: Sharon Rinke. CODE: 6010 CG1300

Crochet With Plastic Bag Yarn

Are those plastic grocery bags stacking up around your house? Join Sharon Rinke and learn to make yarn out of them. She has some useful items that can be made as gifts for summer or beach items. Don’t send those plastic bags to the landfill, crochet with them! Pre-registration is required; a supply list will be available after your registration is received.

Thursdays, March 17, 24 & 31, 6:30-8:30 p.m., $34. Instr: Sharon Rinke. CODE: 6010 CG109

Vintage Thread Treasures

Do you want to learn how to crochet with cotton thread and make those fancy, vintage dollies like Grandma used to make? Learn what is a picot, shell, treble crochet shell and petal. How about using variegated thread and solid colors? If you know the basic crochet stitches and have worked with yarns, this class will just add to your skills; homework will be part of this class in order to have a finished project. Pre-registration is required; a supply list will be available after your registration is received.

Thursdays, April 7, 14 & 21, 6:30-8:30 p.m., $34. Instr: Sharon Rinke. CODE: 6010 CG110
**Tunisian Crochet**

Tunisian crochet is also called the afghan stitch. If you want to add something new to your crochet skills, join Sharon Rinke for this enchanting stitchery. It looks like knitting, but has a style of its own. This class is for beginning and advanced students; homework will be a part of this class in order to finish a project. Pre-registration is required; a supply list will be available after your registration is received.

**Thursdays, April 28, May 5 & 12, 6:30-8:30 p.m., $34. Instr: Sharon Rinke. CODE: 6010 CG111**

**Crochet Lab**

Would you like to spend an evening crocheting with friends? Join Sharon Rinke and her students for an evening of working on your crochet projects and enjoyable companionship. This is a group of women who enjoy crocheting and can help if you are having a problem; there is always someone who can get you back on track. This lab is open, at no cost, to everyone who enjoys crocheting.

**Tuesdays, January 26, February 23, March 22, April 26, 6:30-9 p.m., FREE. Instr: Sharon Rinke. CODE: 6010 CG112**

**Denim Quilt**

Everyone has jeans that are ripped, torn or simply ready for the trash can. Learn how to create a denim quilt with your scraps and put together a gift everyone will love. Students will learn how to create a 15” block; the second night will consist of embellishments on the block. Once registration is received students will receive a supply list for the class.

**Thursday, February 11 & 18, 6:30-9 p.m., $49. Instr: Denise Hummel. CODE: 6150 CG103**

**Learn to Tat Today**

Are you new to tatting? Tatting is no longer just for doilies. Show how much you care by adding a piece of handmade lace to a card, your scrapbook or quilt; many crafts can be embellished with lace. Needle tatting is easier to learn than shuttle tatting. Learn to tat the double stitch, rings, chains, a picot, a join, and how to start and finish your work. Discover little known tips and tricks about tatting. A supply kit will be available the first night of class.

**Tuesdays, March 8 & 15, 6-8 p.m., $35. Instr: Laura Evans. CODE: 6350 CG101**
Unfinished Projects

Are you constantly interrupted and can’t finish your craft projects? Join us for an extended weekend at Central Community College where you can spread out and work on your craft project undisturbed. Your weekend will begin Friday evening at 4:30 p.m. and will conclude on Saturday at 5 p.m. This is a great opportunity to build camaraderie with your crochet, painting, scrapbook or any other crafting friends. This weekend does not include meals but feel free to bring your own snacks and meals. There is a refrigerator and microwave on site with additional space to plug in a crock pot.

Friday, March 4, 4:30-9 p.m., & Saturday, March 5, 8 a.m.-5 p.m., $7.

Natural Broom Making

This isn’t your typical ribbon and bow broom making class. Discover the beauty of a natural fiber broom from Joann Nietfeld. These brooms are useful and a unique piece of art; you will not want to leave these brooms in the closet. Learn about the natural fibers used in this timeless technique of making brooms. Handles and necessary supplies will be provided, but students should bring a strong utility knife.

Saturday, March 19, 9-12 a.m., $38. Instr: Joann Nietfeld. CODE: 6350 CG102

Learn to Critique Your Photos

What am I doing wrong? Balance, background and color are all a part of the process in making a better photo. In this class you will learn basic steps to critique your photographs. Students will participate in a positive evaluation process of class photos; bring your top three photos on a jump drive for the class to evaluate.

Wednesday, March 16, 6-8:30 p.m., $39. Instr: Catrina Gray. CODE: 1200 CG109

Online Photo Editing

Online photo editing has opened the gates to great digital photography. Once you know the tricks of the software, the tools become easy to use when manipulating the digital image. This class will show you how to download pictures from your camera and other editing techniques that will help you create an image that meets your needs. Whether for personal, business or nonprofit use, this class is for you.

Wednesday, March 30, 6-8:30 p.m., $39. Instr: Catrina Gray. CODE: 1200 CG108

How to Price & Sell Your Photos

Have you thought about turning your digital photos into extra cash? Learn to make extra money by selling them and discover which websites to choose. This class will help you get down to the nuts and bolts of selling photography. You will be able to identify which images will work best, where to upload your images, and how to crop.

Wednesday, February 24, 6-8:30 p.m., $39. Instr: Catrina Gray. CODE: 1200 CG106

Basic Digital Photography

This class is for anyone who owns a DSLR and point and shoot camera. Learn what the buttons and menus on your camera do, which features need to be turned on or off, as well as the basics of digital photography. Discover how to achieve more consistently correct exposure, learn about color space, ISO and white balance, when and how to use scenic and program modes, plus exposure compensation. Bring your camera manual, all of your lenses, spare batteries and empty memory cards.

Wednesday, April 20, 6-8:30 p.m., $39. Instr: Catrina Gray. CODE: 1200 CG107

Intro to Social Media

Have you been wanting to create a Facebook, Twitter or Pinterest account? In this class Stefanie Green will help you understand these popular social media platforms and the reasons why they are used. Students must come with the ability to access their email account from another location.

Tuesday, February 2, 6-9 p.m., $34. Instr: Stefanie Green. CODE: 8100 CG104
LinkedIn

Networking is taken to a whole new level with this class. LinkedIn is a social network designed to help showcase your background and resume. Learn to update your profile, upload a resume and begin networking with other people in your field of work, education and beyond! Posting to LinkedIn provides a different mode of posting too. You will learn what posts help you become more noticed in the business world. Whether you are new to a career, or want to be noticed, this class will help you move to the top in your professional goals.

Thursday, February 11, 6-9 p.m., $34. Instr: Stefanie Green. CODE: 8100 CG103

Beginning Fearless Computing

Conquer your fear and discover how easy it is to work with a computer. This is an entry level class for adults who would like to know more about their computer and will help take the fear out of fearless! This is a two night class where students will learn about folders, the basics of a word document and email.

Monday & Tuesday, February 22 & 23, 6:30-9 p.m., $46. Instr: Shannon Seim. CODE: 8100 CG101

Excel for Beginners

Does the idea of Excel spreadsheets make you nervous? Excel can be a wonderful tool to keep track of various activities. Learn how to format a spreadsheet and determine what specific functions will be used. Formulas, merging and functions will all be a part of this four week class. This is an entry level class for the beginner who wants to know more about Excel.

Thursdays, March 3, 10, 17 & 24, 6:30-8:30 p.m., $75. Instr: Jim Ward. CODE: 8150 CG108

Facebook for Seniors

Everyone is on Facebook, but are you feeling overwhelmed about signing up? Facebook is a wonderful way to connect with family and friends. Rae Osenbaugh, senior extraordinaire, will help you open your account, tighten your security settings meet your friends, and stay connected by uploading pictures and posting. Students will need to know how to access their email from another computer or have their password information available to open their own account.

Tuesday, March 29, 6-9 p.m., $29. Instr: Rae Osenbaugh. CODE: 8100 CG102

iPad 101

Learn the basics of using an iPad, including app purchases, basic walkthrough of pre-installed applications, tips and tricks on navigating your iPad as well as an overview on care and maintenance.

Thursday, March 31, 6-8:30 p.m., $29. Instr: Jim Williams. CODE: 8200 CG103

iPad 102

Do you have a good idea on how to maneuver with your iPad and want to dig in deeper, making more use of apps iPad can offer? iPad 102 is for the more experienced iPad user. Join Jim Williams and learn how to make more use of your iTunes, camera and discover which apps work best with your iPad.

Thursday, April 7, 6-8:30 p.m., $29. Instr: Jim Williams. CODE: 8200 CG104

Kicking the Sugar Habit

Struggling with cutting sugar out of your diet? You might be in the grips of a sugar addiction. Get the basics on how to deal with sugar overload and discover foods to aid in the process of lessening it in your diet.

Wednesday, February 24, 6:30-8:30 p.m., $34. Instr: Stephanie Simmons. CODE: 3000 CG101

Soup R Bowl Soups!

Get your game day ready with warm and savory soups for your Super Bowl party. Tara will have several recipes that will be perfect for game day. These soups will be a mix of traditional, low-calorie and fiber-based soups. This is a hands-on class so plan to come hungry. Class held at Hy-Vee.

Tuesday, February 2, 6-8 p.m., $29. Instr: Tara Neighbors. CODE: 3000 DG106
Happy Heart Month, Low Sodium Cooking

It’s time to kill the salt craving and work toward a healthy low-sodium diet. Tara Neighbors, Hy-Vee dietician, will show you ways to cut your sodium intake. Learn various ways to implement lower sodium into your favorite recipes and discover new recipes made during class. Put your healthy on and come hungry! Class held at Hy-Vee.

Tuesday, February 16, 6-8 p.m., $32. Instr: Tara Neighbors. CODE: 3000 DG108

A Taste of the Irish

Irish Cooking is more than corned beef and cabbage! It’s an ethnic feast of hearty, yet simple to cook meals. Come hungry and join Tara (doesn’t get more Irish than this) the Hy-Vee dietitian, as we prepare and sample an Irish meal, including Irish stew, champ (Irish mashed potatoes), Irish soda bread and Irish apple cake in this hands-on class. Class held at Hy-Vee.

Thursday, March 10, 6-8 p.m., $34. Instr: Tara Neighbors. CODE: 3000 DG107

Sunday Supper (Breakfast Made Tasty)

The best meal of the day and the only meal to start your day off right! Everyone loves breakfast and the heartier the better. In this class Tara Neighbor will take your favorite recipes, make them healthier and remind you of the recipes that remain traditionally delicious! From the morning of to the night before recipes, this class is guaranteed to be a tummy pleaser for your family! Come hungry and bring a friend! Class held at Hy-Vee

Tuesday, April 5, 6-8 p.m., $29. Instr: Tara Neighbors. CODE: 3000 DG109

CPR & First Aid

American Heart Association Disclaimer: The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and any fees charged for such a course do not represent income to the Association.

CPR: Healthcare Provider

For professional rescuers who hold a current Healthcare Provider card and need to renew. Class includes information on adult/pediatric CPR and two-rescuer CPR/foreign-body airway obstruction (conscious and unconscious) and AED.

Wednesday, January 20 or February 3 or March 2 or April 6 or May 4, 5-10 p.m., 8:30 a.m.-12:30 p.m., $55.

CPR: Healthcare Provider Renewal

For professional rescuers who hold a current Healthcare Provider card and need to renew. Class includes information on adult/pediatric CPR and two-rescuer CPR/foreign-body airway obstruction (conscious and unconscious.)

Wednesday, February 17 or March 16 or April 20 or May 18, 6:30-10 p.m., $50.

Heartsaver Pediatric First Aid/CPR/AED

This course meets the regulatory requirements for child care workers in all 50 United States. It teaches providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child/infant CPR, AED.

Saturday, March 12, 8:30 a.m.-4:30 p.m., $65.

Fencing for Fitness and Fun!

Get in shape and have fun while you learn the basics of “Olympic Style” Foil Fencing, a great activity for individuals aged 10 years and up, as well as for the whole family and all ability levels. This elegant, prestigious and modern combative sport is based on a tradition which challenges both the body and mind through an effective blend of patience, determination and discipline while developing fitness, agility, speed, strength, coordination, balance and timing. Fencing is a great cardiovascular exercise, and is an activity that can be continued life-long, join the fun! Students must wear sweatpants that cover the legs and tennis shoes. Jackets, masks, gloves and other equipment will be provided; waiver of liability required.

Tuesdays, February 16-March 29, 6-7:30 p.m., $75. Instr: Abdel Bruguera. CODE: 2020 CG101

Maybe Tomorrow - Ways to Exercise Today

We all struggle with goals for exercising and usually say, “Tomorrow, I will get to it.” Stacie Widhelm will help you work through barriers you have that might be keeping you from your fitness regimen. This is an interactive class with journaling and homework.

Tuesdays, March 8-29, 7-8:30 p.m., $39. Instr: Stacie Widhelm. CODE: 5010 CG106
Easy Body Workout

Have you been wanting to exercise, but don’t want to spend lots of money on equipment? Join Mary Ann Douglas, Certified Personal Trainer for the Total Body Workout that you can take anywhere! Learn proper techniques to working out and take home a weekly regimen that will have all the exercises you did together in class. It’s time to get into the physical shape you’ve always wanted!

Fridays, February 19 or March 18 or April 15, 4:30-5:30 p.m., $10 per student, per session. Instr: Mary Ann Douglas. CODE: February-2020 CG102, March-2020 CG103, April-2020 CG104

Essential Oils for Daily Living

Did you have a tough day or are simply feeling out of sorts? Join Kerilyn Mersch, licensed massage therapist, as she introduces the powerful effects essential oils play in your day-to-day living. If you have had a massage class with Kerilyn, you have experienced the powerful effect of essential oils. This class takes Simple Chair Massage to another level and enlists the support of essential oils to give you the maximum benefit for the areas that need it most!

Tuesday, March 8, 6:30-8:30 p.m., $24. Instr: Kerilyn Mersch. CODE: 5010 CG103

Wedding Dance

The wedding season is around the corner! Don’t be the wallflower but look like a star! Join us and learn the dances most used at weddings. Whether you are a family waiting for that special day or invited to several events, this class is for you!

Tuesdays, May 3, 10, 17, 7-8:15 p.m., $34. Instrs: Gloria and Larry Craven. CODE: 2400 CG101

Hand Reflexology

Experience the wonderful healing and stress relief that reflexology offers. In this interactive workshop you will be introduced to basic hand reflexology for wellness. The knowledge you gain will help to reduce aches and pains by working with specific reflex points related to your health concerns.

Tuesday, May 3, 6:30-8:30 p.m., $29. Instr: Kerilyn Mersch. CODE: 5010 CG104

Beyond the Screen

Movie & Discussion

The theme for this year is “Lost Successes,” movies that did well on their initial release, but have, in most cases, since gone on to become forgotten to the general public and rarely shown.

This event is free and open to the community. Participants will enjoy a themed movie followed by discussion with facilitator Jim Kosmicki, English instructor at CCC. All movies start at 6:30 p.m. and will be viewed on the Grand Island Campus. Reservations are necessary, call 308-398-7445.

- February – Roxanne
- March – Talk of the Town
- April – Pillow Talk
- May – Fried Green Tomatoes

Health Care Training

Health Services and Safety

It’s important to wear loose, comfortable clothing for these classes. You will be practicing skills that require working on your hands and knees, bending, standing and lifting. If you have any physical conditions that might prevent these activities, please tell one of the instructors. Equipment can be adjusted if you have back, knee or hip problems. If you have recently had any type of infectious disease, including upper respiratory infection or open sores on your hands, mouth or face, it is imperative to defer class until you are well.

Nursing Assistant (NA)

Completion of this class meets the Nebraska Department of Health requirement for employment as a nursing assistant. This is a basic nursing knowledge and skills course for the nursing assistant in a health care setting. This course is a prerequisite for the Nursing program.

February 8-26 or March 7-25 or April 4-22, Monday-Friday, 8:30 a.m.-4:30 p.m., $376, includes books and in-state tuition only. Class size is limited.
Medication Aide-Nursing Home (MA)
Successful completion of this course allows you to apply to the state of Nebraska to be placed on the Medication Aide Registry. Nebraska requires that you be 18 years of age to work as a medication aide. This is an introduction to pharmacology, including basic knowledge and skills to safely administer medications. A vital signs class is required for students who have not completed a Nursing Assistant class or do not have experience taking vital signs.

Mon-Sat, March 28-April 2 or Mon/Wed/Fri, April 25-May 6, 8 a.m.-5 p.m. or Mon/Wed, February 15-March 23, 6-10 p.m., $354 includes book and in-state tuition only. Class size is limited.

The Buzz about Beekeeping
Curious about beekeeping and want to know how to start a colony? Join Janet Alberts and learn how to start your own honey bee colony. Beekeeping is crucially important for agricultural well-being in your garden or on the farm. This lecture class will help you understand what type of hive works best for you, the startup costs of beekeeping, and the health benefits of local honey for you and your family. January 27, 6:30-9 p.m., $5. Instr: Janet Alberts.
CODE: 9000 CG133

EMS Continuing Education Spring 2016
Classes will be held on the Grand Island Campus from 7-10 p.m. unless otherwise listed. Classes are free of charge through grants offered by the Nebraska Department of Health and Human Services.

Does Anyone Speak Toddler? - February 2
Pediatric assessment skills and techniques as well as differences in A&P, vital signs, and common childhood diseases.

Glucometer - February 17
A review of the diabetic patient signs and symptoms, assessment and use of a glucometer device to obtain a Blood Glucose reading prior to treatment with oral glucose. (Pre-registration by February 15.)

Gunshot Wounds and Concealed Weapons - March 1
Working the scene of gunshot injuries, from scene safety to treatment/transport. Also included is a review of concealed weapon policies.

Advanced Airway - March 12, 9 a.m.- 4 p.m.
This is a review of the respiratory system and teaches the insertion and removal of the Combitube and King airway devices for patients who experience respiratory arrest. (Pre-registration by March 10.)

What does that do? A&P Review - March 16
Lecture and hands-on review of Anatomy and Physiology. Involves drawing on a ‘patient’ to locate bones, etc. This method has gone over well with a topic most find boring. Location: Dannebrog Fire Hall.

Patient Assessment and Skills - April 5
This class involves patient assessment lecture and 3-4 live, moulaged patient stations in which student ‘teams’ will enter the ‘scene’ and assess and treat the patient, including hand-on skills and equipment application.

Epi/Albuterol - April 20
Review the pathophysiology of anaphylaxis and its implications in airway management. You will recognize signs and symptoms of life threatening asthma and anaphylaxis and perform the appropriate treatments with epinephrine (EPI) and albuterol nebulizer treatment.

I Saw the Signs - May 3
Vital signs—what they tell us, why they’re important and how to correctly obtain them. Hands-on practice at manual blood pressure and other vital signs.

For more course information contact Amy Marshall, Paramedicine Academic Coordinator at 877-222-0780, ext 7479 or 308-398-7479 or email amarshall@cccneb.edu.
Central Community College will once again offer four-day camps. All camps will be held on the Grand Island Campus and will focus on career exploration. Contact Judy Weston for information and registration, 308-398-7445 or jweston@ccneb.edu.

**Minecraft Designers**
If you love the game Minecraft, but always wanted to design your own characters and buildings for your games, this class is for you! Learn the basics of creating 3D modeling using a new industry grade software to design your very own characters and import them into your favorite Minecraft games. Students must have Minecraft at home to import characters and a parent’s email address is required to create student accounts. Ages 8-11 years.

*Tuesday-Friday, May 31-June 3, 9 a.m.-12 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG110*

**Digital Story Tellers**
From the Hunger Games to Harry Potter we all love a great story. Whether you want to rewrite the ending to Star Wars, add yourself to a Divergent tale, or create a new adventure about your friends – any topic is possible in this class! Start with an idea, design the storyboard, add some dialogue, and watch as the characters in your imagination come to life in your first graphic novel! Projects will be available on a password protected Black Rocket website to share with family and friends. Ages 10-14 years.

*Monday-Thursday, June 6-9, 9 a.m.-12 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG111*

**Make Your First 2-D Video Game**
If you love playing video games, this is the camp for you! Make your first video game in this one-of-a-kind class that shows you the crucial keys to designing your first 2-D game. Conceptualization, play experience, challenge levels, graphics and elements, music and sound, software, and simple coding are just some of the concepts that we’ll explore as you learn how to really get into the game because you made it yourself! No prior experience necessary, just a desire to have fun. Student created games will be available on a password protected Black Rocket website to share with friends and family. Ages 8-11 years.

*Monday-Thursday, June 6-9, 1-4 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG112*

**Minecraft Modders**
Use your favorite game to learn the basics of modding and foundations of programming. Learn scripting and logic statements as you create your first mod! Introductory coding will also be taught through a simulated environment inspired by Minecraft. Student projects will be available on a Black Rocket website to share with family and friends. To access the project at home, students must own a PC/MAC version of Minecraft. Tablet, phone, and game console version of Minecraft are not compatible. Ages 10-14 years.

*Monday-Thursday, June 13-16, 9 a.m.-12 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG103*
Minecraft Animators

Bring your favorite Minecraft characters to life in an animated short film! Learn how studios like Pixar and Disney make movies such as Inside Out and Frozen using techniques like keyframing, tweening, texturing, and animating rigged 3D models! Student projects will be available on a password protected Black Rocket website to share with friends and family. Ages 10-14 years.
Monday-Thursday, July 11-14, 9 a.m.-12 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG100

Maker Labs

Calling all boys and girls who want to be the designers of the future! In this class if you can dream it, you can make it – create your first action figure, design custom jewelry, or make a new toy! Using professional-level modeling software, kids will sculpt, texture, and render their own 3D creation. No prior experience is necessary and 3D designs will be available on a password protected website to share with friends and family. Ages 10-14 years.
Monday-Thursday, July 11-14, 1-4 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG101

Video Game Odyssey

Unlock the keys to game design by choosing your own adventure! Unlike any other Black Rocket game design course, students in this program will make special top-down adventure games like Pokemon or Zelda to compete with their friends. Design unlimited rooms and levels as you continue your quest in becoming a game design master. Student-created games will be available on a password protected Black Rocket website to share with friends and family. Ages 10-14 years.
Monday-Thursday, July 18-21, 9 a.m.-12 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG102

Make Your First 3-D Video Game

This experience allows you to develop a game concept that goes well beyond the limitations of the traditional 2D game design classes. Students will learn the physics behind 3D games, explore beginner event scripting, level design, controlling flow of gameplay, and storytelling. Student created games will be available on a password protected Black Rocket website to share with friends and family. Ages 10-14 years.
Monday-Thursday, June 13-16, 1-4 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG104

Code Breakers for Girls

Calling all future coders, programmers, and designers! Learn the basics of coding languages like HTML, JavaScript, and CSS through a series of web projects and design challenges each day and be on your way to becoming the next tech star! Whether you want to be the next Mark Zuckerberg or the high school student who just made $1 million dollars for programming in her bedroom, this course has the essentials you need to begin your journey. Projects will be available on a password protected Black Rocket website to share with friends and family. Ages 8-12 years.
Monday-Thursday, June 20-23, 9 a.m.-12 p.m., $119. Instr: Rachel Racioppi. CODE: 9530 CG114
**Health Care Camps**

**Trauma!**

Trauma camp will take you on a wild ride of experiences within the emergency services field. Spend a day in the life of a firefighter, EMT, paramedic, and flight paramedic and experience the heart-pounding moments they go through as they save lives. This camp will expose you to adrenaline-filled professions as you walk in their shoes. This camp is for students entering grades 7-9 in the fall.

Monday-Thursday, June 20-23, 8 a.m.-4 p.m., $199. Instr: Mike Etycheson. CODE: 9530 CG113

**Advanced Trauma**

Chest tubes, airway obstruction and crashing blood pressure are all a part of the scene when saving lives and working in an emergency medical career field. You will be meeting with emergency medical professionals, experiencing training many of the professionals need to maintain their certification. At the end of this camp, you will be able to administer basic first aid, understand basic operation of the tools of the trade, and have an understanding of several high-octane medical career fields. This camp is for students entering grades 10-12 in the fall.

Monday-Thursday, June 27-30, 8 a.m.-4 p.m., $199. Instr: Denell Syslo. CODE: 9530 CG115

**STEM Camps**

**Hard Hats and Heels**

Planes, trains and automobiles is what this camp is all about! It’s time to add hard hats and boot heels to your closet. This all-day, two-week camp is geared to the young woman (or young man) who has completed their freshman/sophomore/junior year and finished one year of algebra. The focus will be on STEM (Science, Technology, Engineering, and Math) concepts, so put your geek on and join us for some fun as we dig deep into the world of road and bridge design, logistics, and safety. Time will be spent learning these concepts through tours and hands-on activities. By the end of the camp, participants will have an understanding of transportation careers and a strong base in resume-building and public speaking. If you are interested in this educational and fun camp, please contact Judy Weston at 308-398-7445 for information on how to apply for scholarships.

Monday-Friday, June 6-10 and Monday-Friday, June 13-17, FREE. CODE: 9530 CG109

**More Than Just Shopping Camp**

Are you ready to explore the world of shopping, eating, and traveling? Join us as we blow the top off of math and hit the streets to explore the best bargains. We are going to have fun discovering and using real-life math equations. Each day there will be a competition to see who can get the best bargains. At the end of this camp, the participants will have an understanding of percentages, fractions, measurements, and payment schedules. This camp is for girls ages 12-15.

Beginning Beekeeping

Beekeeping has become a hobby that takes on a life of its own. You can use bees to expand the production of your garden or fruit trees, but did you know you can earn a small income as a result of selling the honey or wax? Beekeeping is considered one of the most important components for agriculture. This hands-on class will introduce you to the skills needed to obtain optimum benefits for your hive. This is a 12-month class that will begin the first Thursday of the month starting on February 4 at 6:30 p.m. and will run for twelve months through to your final class on February 2, 2017. Learn about the types of bees, bee behaviors and practices based on colony habits, hive designs and the importance of queens and the flowers in your area. The classes will be a mix of lecture and hands-on activities focused around your beehive. Students are responsible for the purchase of their equipment. This class will join a current class in progress; instructors will assist with bringing students up to speed.

First Thursday of each month, February 4, 2016-February 2, 2017, 6:30-9 p.m., $150 per student. Instrs: Janet Alberts and Brian Nilson. CODE: 9000 CG135

Growing Giant Pumpkins

Master gardener Dave Stewart will guide you through site selection, soil preparation, seed starting, growing techniques, tips and tricks to prepare you for the largest pumpkin you’ve ever grown. This 3 hour class will cover fertilizing, pest/disease control and proper pruning for maximum growth. The pumpkin growing season for Nebraska begins late April so take advantage of this one-time event.

Saturday, February 13, 9 a.m.-12 p.m., $25. Instr: Dave Stewart. CODE: 9000 CG130

Landscaping for Butterflies

Butterflies are known as one of the more graceful insects of the pollinator group and are important to our agriculture. Bob Thomas, master gardener, will help you plan your landscape this spring and discover which flowers and vegetables will help attract these beautiful insects. This is a three-part class with night one reviewing placement of garden, the second night reviewing flowers and the third night a culmination, including water features to help attract butterflies.

Tuesdays, April 19 & 3, 6-9 p.m., $29. Instr: Bob Thomas. CODE: 9000 CG124

Container Gardening

Are you short of space but would enjoy growing your own vegetables? Container gardening is a growing trend that will help you grow vegetables and flowers while creating an artistic statement with the wide variety of colorful containers available at local greenhouses. This class will talk about types of vegetables and how they can be mixed with flowers, watering techniques and soil mixes for your container.

Tuesday, May 10, 6-9 p.m., $29. Instr: Bob Thomas. CODE: 9000 CG123

Growing a Better Tomato

As we turn the calendar past March our thoughts turn to the garden. Do you think, this spring I will have a better garden and a decent crop of tomatoes?

Join master gardener Bob Thomas on this multi-night class as you learn the basics of raised bed gardening, fertilizing, companion gardening and the effects of pollinators on tomatoes. We’ll start the first session with compost in raised beds and later review diseases that affect tomatoes.

Tuesdays, April 26, May 31, June 28 & July 26, 6:30-8 p.m., $39. Instr: Bob Thomas. CODE: 9000 CG125

To register for classes contact us at 308-398-7445 or elsgi@cccneb.edu.

Visit our website: www.cccneb.edu/findyourclasses
Better Living Through Board Games

Tabletop Gaming is on the rise across the country and for good reasons, tabletop gaming can improve your memory and overall quality of life. Class discussion will include concepts of problem solving, social bonding, and neural plasticity. Students will be given guidance on how to develop lifelong gaming habits and identify the types of games that are most likely to appeal to them and their loved ones.

Tuesday, January 26, 6-7 p.m., $8 per student or $12 per couple. Instr: Fred Graves. CODE: 5050 CG108 ($8) and 5050 CG109 ($12.)

How to Host a Board Game Night

This class will go over the basics of organizing a successful game night. We’ll discuss how to choose games based on whether you want a date night, a family night, or a night with friends. We will talk about different types of games and some of the wellness benefits of bringing more games into your life. This class is appropriate for all ages but children under 15 must be accompanied by an adult.

Tuesday, February 23, 6-7 p.m., $8 per student or $12 per couple. Instr: Fred Graves. CODE: 5050 CG110 ($8) and 5050 CG111 ($12.)

I'M STRESSED!
How to De-Dramatize Your Life

Do you feel like a drama magnet and can’t stop the constant flow of drama in your life? Learn from Mindset Specialist Stacie Widhelm and discover easy and simple techniques that will adjust your thinking and help you de-dramatize your life and keep the drama suckers at bay!

Thursdays, February 4, 11,18 & 25, 7-8:30 p.m., $39. Instr: Stacie Widhelm. CODE: 5010 CG105

Finding Your Roots

Do you want to learn more about who your ancestors were and where they came from, but you’re just not sure where to begin? Then this class is for you! Discover tips and tricks to find and record your family history. There are lots of resources to help you on your search. We will talk about how and where to find them and even how the internet and social media can aid in your search.

Monday, February 15, 6-8:30 p.m., $29. Instr: Michelle Setlik. CODE: 4350 CGV03

French for Travelers

Are you preparing to take a trip to France? Why not immerse yourself in the culture, history and language of this beautiful and romantic country? Study in a relaxed atmosphere and learn to speak French while gaining a better understanding of the culture of France. Learn how to greet people, introduce yourself, ask for information, talk about yourself and others and ask for directions. Discover how Nebraska and France are in many ways similar. This class is for anyone interested in traveling to France or someone who just wants to enjoy a staycation at home and enjoy France from Central Nebraska.

Wednesdays, February 17-March 23, 6:30-8:30 p.m., $72. Instr: Lee Fischer. CODE: 4010 CG102

American Sign Language, Level One

If you are a parent, friend or family member of a person with a hearing loss, you know the importance of communication. American Sign Language will introduce you to ASL (American Sign Language) with an emphasis on sign vocabulary and grammar. Introduction into deaf culture and understanding of key points of the hearing impaired will be discussed. Instructional methods include partner/group work, and guest speakers. This class encourages full participation with other students with practice sessions and other activities. Students will be expected to purchase Dawn Sign Press Signing Naturally Level One. This book can be purchased at the Follett Bookstore on the Grand Island campus.

Mondays, February 22-March 28, 6-9 p.m., $79. Instr: Janet Alberts. CODE: 9000 CG131

American Sign Language, Level Two

Let’s take your American Sign Language skills to a higher level and become involved in the communication areas of ASL. This class will take you through conversations in sign language. You will be able to review your basic words and move quickly through sentences and communication. Learn how to take give and follow directions in ASL. Each week emphasis on the deaf culture will be shared. Students will be expected to purchase Dawn Sign Press Signing Naturally Level One. This book can be purchased at the Follett Bookstore on the Grand Island campus.

Wednesday, February 24-March 30, 6-9 p.m., $79. Instr: Janet Alberts. CODE: 9000 CG132
**Conversational Spanish**

Want to learn Spanish but you’re worried about trying a new language? Discover Spanish with the 'No Tests, No Stress' method by learning the basic parts of the language and applying them to daily conversations. This level one class is designed for a beginner or someone searching to refresh their language skills. Students can continue to build their skills with Conversational Spanish II June 6-July 18.

Mondays, April 4-May 9, 6:30-8:30 p.m., $75. Instr: Antonio Da Fieno. CODE: 4100 CG101

**ACT Prep Class**

Improve your chances of receiving a higher ACT score. Central Community College is offering an ACT Prep course that will cover all sections of the ACT including English, reading, math and science as well as incorporating test-taking strategies. There will be six classes on Monday evenings from 6:30-8 p.m. starting March 7. The last session will be April 18, the Monday prior to the Saturday, April 23 test date. (No class on Monday, March 21 due to college spring break.) This class will be presented by two experienced instructors who have taught the ACT Prep courses and presently work as adjunct faculty for Central Community College. To register for the ACT Prep class or for more information, contact Nancy Bishop at 308 398-7447 or e-mail nbishop@cccneb.edu. 

Mondays, March 7-April 18, 6:30-8 p.m., $50.

**Couples Massage: A Valentine’s Day Experience**

Are you looking for a unique Valentine’s Day gift? Bring your someone special to our Couples Massage class. In this popular class you and your partner will learn massage techniques for the head, neck, shoulders and feet that will encourage complete and total relaxation, as well as energize your immune system for increased health and well-being. Bring a pillow and blanket to class and wear loose fitting clothing. Register early, class size is limited.

Tuesday, February 9, 6:30-8:30 p.m., $49 per couple. Instr: Kerilyn Mersch. CODE: 5010 CG102

**Register for your community education classes online!**

- Go to our website: www.cccneb.edu/findyourclasses, find the link at the top titled “Click Here for Details about Instant Enrollment.” Click on the link and you will get step-by-step directions to help walk you through the online registration process.
- Enter your CCC ID number (from the ID card you received in the mail) or your Social Security number and the first letter of your first name.
- A ‘search for classes screen’ will appear. You can search by key word or by the category drop-down menu. When you select a category, a list of classes will appear. Select your class and continue to follow the prompts.
- An email address and credit card are required to register online. A confirmation of your registration will be emailed to you.
To support a healthy environment for students, employees and others, Central Community College has implemented a college-wide smoke-free and tobacco-free policy. Thank you for doing your part by not using tobacco, alternative tobacco products or e-cigarettes, either indoors or outdoors on any college property. Your cooperation is appreciated.

Thursday, February 25, 6:30-8:30 p.m., $19. Instr: Anita Uldrich. CODE: 9000 CG126

Essential Oils for Children

Does your child struggle with focusing or falling asleep? Discover how using essential oils can help your child achieve a level of calm whether they are in school, involved in sports or at home. Identify and find the key that may help your child achieve a level of balance in their activities.

Thursday, February 25, 6:30-8:30 p.m., $19. Instr: Anita Uldrich. CODE: 9000 CG126

Essential Oils: Environment

This class is designed to alert our community on exposure to toxic chemicals around our home, workplace, schools and medical facilities. Discover easy tips on how to reduce exposure to toxic chemicals in our environment. Learn about natural plant-based cleaners using non-toxic essential oils.

Thursday, March 31, 6:30-8:30 p.m., $19. Instr: Anita Uldrich. CODE: 9000 CG127

Cooking with Essential oils

Essential oils are the topic of every conversation from how to and where to apply but essential oils can also be added to your cooking. Discover what essential oils work in foods and how they benefit your health. This is a lecture class.

Thursday, April 28, 6:30-8:30 p.m., $14. Instr: Anita Uldrich. CODE: 9000 CG128

To support a healthy environment for students, employees and others, Central Community College has implemented a college-wide smoke-free and tobacco-free policy. Thank you for doing your part by not using tobacco, alternative tobacco products or e-cigarettes, either indoors or outdoors on any college property. Your cooperation is appreciated.

Basic Miniature Painting Workshop

This class is an introduction to the hobby of painting miniatures for Role Playing Games (RPGs), war-games or just dioramas. We lead you through the fundamentals of basic miniature painting including preparing the model, priming, choosing colors, dry brushing and basing. Each student will be provided with a miniature and access to supplies but they are welcome to bring their own project to work on. Appropriate for all ages but children under 15 must be accompanied by an adult.

Tuesday, March 29, 6-8 p.m., $10. Instr: Fred Graves. CODE: 5050 CG112

Become a Guardian or Conservator

The Office of Public Guardian is new to Nebraska this year. Join us for an informational session about this new office and process. This presentation will include an overview and information on the new position of court visitor, formally known as guardian ad litem. Court visitors, per statute, do an investigation for the court prior to making a determination about guardianship or conservatorship for a protected person. Volunteers for the court visitor positions are needed for all county courts in Nebraska. Support and training for all current and new guardians and conservators in the state of Nebraska will be given in 2016. This free workshop is a wonderful opportunity for internships and a chance to refresh your skills as a guardian.

Thursday, February 18, 6-8 p.m., FREE. Instr: Annette Scarlett. CODE: 9000 CG129

Poetry – A Beginning

There is a poet in everyone. Everyone speaks poetic words and expresses poetic thoughts every day, and they just go unnoticed. This three-week workshop will help you discover your inner poet; how to capture those words, to release thoughts and emotions and to create your own original style. Leave your old perceptions of poetry at home because poetry does not need to be measured, in couplets or rhyming –there is no one distinct form. Let those old beliefs go, come explore the freedom of poetry and the simplicity of poetry... it merely begins with you and a word.

Tuesdays, April 5, 12 & 19, 6:30-8:30 p.m., $44. Instr: Tricia Moon-Beem. CODE: 4300 CG100

About the instructor: Tricia Moon-Beem has been writing poetry since childhood, inspired by family, friends and nature. She is known for capturing the emotional and spiritual essence of ordinary moments that fill our lives. Tricia received the 2009 Moonshell Arts & Humanities Literary Award and presents poetry readings and workshops across Nebraska.
Retirement Planning Today
You've worked hard to provide for your family and save for your future. Now there is a course that teaches how to keep more of what you earn and make your money work harder for you. Students will learn how to define long-term goals and leave with practical information they can apply immediately. This course includes a 225 page illustrated textbook. Couples may attend together for a single registration fee. Class sizes are limited so register today.
Tuesdays, February 16 & 23, 6:30-9:30 p.m., $49. Instrs: Doug Peterson CFP and Marc Werkmeister CFP. CODE: 5100 CG106
Thursdays, February 18 & 25, 6:30-9:30 p.m., $49. CODE: 5100 CG107

Empty Nesters: Planning For Life’s Next Stage
With an empty nest and your kids gone, are there fewer expenses and more money? You've worked hard to achieve your retirement goals; what are your plans to enjoy this time? Do you hope to slow down and simplify? Is anyone actually ready for retirement? Do you wonder: will I outlive my money; at what age should I take Social Security and why; will my investments be safe and carry me through retirement? This class will address these very questions.
Tuesdays, March 1 & 8, 6:30-8:30 p.m., $49. Instr: Phil Hranac. CODE: 5100 CG105

Real Estate Sales and Brokerage
This course is a study of the factors necessary for the establishment and efficient management of a sales and brokerage business. It includes the discussion of factors such as the relationship between brokers and salespersons, marketing professional services, advertising techniques, ethical and legal responsibilities and techniques of selling. The course will meet the 30-hour requirement for the Nebraska Real Estate Commission. Required textbook: Real Estate Brokerage by McAdams 8th edition is available in the Grand Island campus bookstore or on-line at www.efollett.com.
Tuesdays, January 19-April 19, 6-9 p.m., $184. Instr: Al Avery.

Getting Ready for Medicare
Do you have questions about Medicare enrollment? Are you, or someone in your family turning 65, qualified for Social Security, Disability, or has End Stage Renal Disease? Don’t wait to begin your planning! By looking at options in advance, you will be better prepared to make decisions that put you in control and help avoid common mistakes. In plain, everyday language you will be given the tools and information needed to transition from your current health plan to a Medicare program that best fits your needs. Learn about critical timelines; Deb Sindt, licensed insurance agent with specialty in life and health, will help you understand how to navigate the often confusing Medicare enrollment and plan selection process. Do you have questions on Part D prescription drug coverage? Learn how to compare Part D plans offered by multiple companies to find the one that offers you the best coverage for the drugs you currently take. Don’t procrastinate - register today for this information packed class!
Tuesday, April 12, 7-8:30 p.m., $15. Instr: Debra Sindt. CODE: 5100 CG110
If you have questions or would like to register contact Judy Weston at 308-398-7441 or jweston@cccneb.edu.
Real Estate: The COMPLETE Exam Prep Package

The COMPLETE Package includes:

• Exam Prep classroom coaching session will be offered from 8:30 a.m. to 4:30 p.m. on the Grand Island Campus.
• FREE Exam Prep textbook, Guide to Passing the AMP Real Estate Exam
• FREE Real Estate Math Review
• FREE Bonus How to Study for and Pass a Multiple Choice Real Estate Exam

First presentation will be at Central Community College on Tuesday, January 26, 6 p.m., with the presenter explaining the Exam Prep process. $160.

Early Childhood Education Conference

This conference offers continuing education for licensed child care providers and centers. All sessions are approved for licensing in-service requirements, all day = 6 hours. Central Community College will be awarding each participant six continuing education contact hours. For more information call (308) 398-7447 or 1-877-222-0780, ext. 7447 or email elsgi@cccneb.edu.

Saturday, February 6, 8 a.m.-4 p.m., $35

Landscaping Tax

This course covers Nebraska sales and use tax as it applies to landscapers. You will benefit from this course if you have retail sales, perform construction services, taxable and nontaxable services, or handle bookkeeping for landscapers. If you ever need to hire a contractor, this course will explain to customers what forms need to be completed and how the invoice they receive should look. The presentation will cover licensing requirements, contractor registration, contractor options, exemptions, reporting, and taxable services. There will be time for questions and answers. Please print handouts for the seminar from the Nebraska Department of Revenue website www.revenue.ne.gov. More information is available by contacting Steve Drzaic at the Nebraska Department of Revenue 402 595-2078 or e-mail at steve.drzaic@nebraska.gov.

Thursday, March 8, 8:30 a.m.-12 p.m., $5.

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It’s your election and your vote but what does history, film or today’s topics say about the presidential election?

This year we are proud to announce a series focused on the presidential election. From debate parties, fashion, film, and history we will touch on several themes related to presidents. At our March debate party you become the moderator and decide the winner. In April you will learn if clothing makes the president. This summer we will take a trip to Dwight D. Eisenhower’s library and learn about one of World War II’s most notable commanders and past president. We will conclude the presidential election year with two additional debate parties. Bring your friends and participate in the democratic process!

March 10  GOP Debate Party
April 14  A study of presidential fashion: Do clothes make the leader or make the leader more appealing to the voter? Join us as Dr. Thomas Walker shares the various styles of noted past presidents, the fashion trends they started and whether or not their fashion trends reflected their leadership style.
May  Beyond the Screen: Mr. Smith Goes to Washington
June  Beyond the Screen: The Candidate
July  Dwight D. Eisenhower Presidential Library Tour
September  First Presidential Debate Party
October  Third and Final Presidential Debate Party

If you would like a complete schedule with dates and costs, contact Judy Weston at jweston@cccneb.edu or call 308-398-7441.
Extended Learning Services in Grand Island is proud to bring our students a new form of learning! We are partnering with the Learning Resources Network (LERN) to offer the online learning forum UGotClass. UGotClass provides courses and certificate programs designed and taught by leading practitioners and professionals in their career fields for individuals wishing to boost job skills and business potential in the 21st century. LERN is the largest continuing education association serving more than 1,000 universities and schools throughout the world.

A sample of online courses that are available include the areas of Business, Computing and Software, Education, and Leadership in Energy and Environmental Design (LEED). These courses will help you maximize your business potential and meet your own professional goals. For information on these and additional courses that are available, and to register, please email elsgi@cccneb.edu or call 308-398-7441 or visit us online at www.cccneb.edu/noncreditclasses.

**Certificate in Self-Publishing & eBooks**

A book can help you expand your business in the way no form of advertising can. This practical certificate is designed to help entrepreneurs, businesses, and organizations self-publish as well as gain a complete understanding of this often-complicated marketplace. Learn how to understand your publishing options and how to select the best pathways given your business and personal objectives.

Next offerings and available dates:
- Growing Your Business with Self-Publishing: February 1-26, April 4-29, June 6-July 1
- Marketing eBooks: April 4-29, June 6-July 1, August 1-26
- Self-Publishing eBooks: March 7-April 1, May 2-27, July 5-29

$495 for Certificate (individual courses $195 each), average hours 48, 4.8 CEUs/IL.

**Certificate in Non Profit Administration**

Non-profits today need to be run like a business in many respects. You have competition, a need to generate income and a surplus, and staff need to be even more productive. Get the best training on revenue generation for nonprofits, and program evaluation for nonprofits, with our Certificate in Non-Profit Administration. You will come away with the latest best information from instructors who train people in nonprofits.

Next offering(s) and Available Dates:
- Program Evaluation for Nonprofits: April 4-29, June 6-July 1, August 1-26
- Revenue Generation for Nonprofits: February 1- March 25, April 4-May 27, June 6-July 29

$595 for both courses or $495 for Revenue Generation for Nonprofits, and $245 for Program Evaluation for Nonprofits.

**Podcasting**

Businesses are turning to podcasting to grow their brand and connect with customers. People with a niche hobby are turning podcasts into a business. Podcasting is experiencing a rebirth as mobile devices are everywhere. The intimate nature of the audio medium allows potential clients to get to know who you are and determine if you are the kind of company with which they want to do business. Learn how to take your business or hobby and turn it into a podcast. This step-by-step class will take you from start to finish and cover the required elements needed to get your show online. Come to class with your idea and end with your show online for all to hear. This class is an online class and is four sessions.

*February 1-26 or April 4-29, $245 per student. Instr: Travis Allison (UGotClass)*

**Evernote**

Save project inspiration you find online and in the real world with Evernote. Snap a picture, record audio, clip entire webpages. Save all kinds of information (documents, hand written notes, audio, images) in one place. Record meetings, store files, save receipts, scan contracts and store contracts. Create a digital file cabinet for all of your projects, documents and to-dos; add multiple layers of organization using notebooks, notebooks stacks and tags. Find what you need fast. Search by keyword or tag and quickly find what you are looking for (even typed and handwritten text inside of attached photos, images, PDFs, documents, spread sheets and presentation). This class is an online class and is four sessions.

*March 7-April 1, or May 2-27, $195 per student. Instr: Kimba Green (UGotClass)*
Adult Education

The Adult Education program includes:

- Adult Basic Education classes for adults with skills below the eighth grade, including reading, writing, math and keyboarding to gain skills needed to take the General Educational Development (GED®) test.

- English as a Second Language (ESL) classes for adults whose first language is not English.

- General Educational Development (GED®) classes for adults who haven’t completed a high school diploma or for home-schooled youth. You can earn a Nebraska high school diploma by successfully completing a series of computer-based GED® tests.

The Grand Island Adult Education office and classes recently moved to College Park rooms 100,101,102 at 3180 W. Highway 34. Please use door number 4.

Students must be 16 or older and not enrolled in school. A $20 registration fee is due a minimum of two weeks prior to orientation. ESL orientations are July, October, January and April. GED® orientations average two per month. For information about classes in other communities, go to www.cccneb.edu/ae.

GED® testing is computer-based and official tests are taken at certified Pearson Vue testing centers. The GED® tests cost $30 per each of the four tests for a total of $120.

A Nebraska high school graduate, on average, earns $5,423 more per year than a high school dropout. Apply that to the 163,000 Nebraskans (9.9% of the population) without a diploma, and that adds up to $886 million in lost wages. That's $886 million each year that isn’t being spent by consumers, isn’t being made by businesses, and isn’t being taxed.

Volunteer tutors 18 years or older are welcome.

To schedule an appointment or to inquire about orientation, call 308-398-7432 between 8 a.m.-1 p.m. or 5 p.m.-9 p.m., Monday through Thursday.
Early College

Early College Opportunities

Central Community College and area high schools have formed a partnership to offer opportunities for students to take college classes while they are still in high school.

High School Articulation is an alignment of high school curriculum to Central Community College (CCC) curriculum. Articulated courses allow students to earn CCC college credit at no cost to the student if they earn an A or a B in the high school course. Over 70 schools across our area offer a variety of courses covering several career pathways; please contact your high school counselor to see which courses are available at your school.

Jamey Peterson-Jones
Early College Director
PO Box 4903
Grand Island, NE 68802
308-398-7581
888-222-0780, ext. 7581
jameypeterson@cccneb.edu

Early College classes are offered for credit through Central Community College. These courses are offered in your building or as an online course. Students are required to meet college admissions requirements by taking the ACT, ASSET, or COMPASS test. Transferability of Early College courses is determined by the receiving institution. Central Community College transcripts can be sent to any college upon the student’s request. Check with your high school guidance counselor to see what is offered at your school.

Nancy Bishop,
Extended Learning Services
PO Box 4903
Grand Island, NE 68802
308-398-7447
888-222-0780, ext. 7447
nbishop@cccneb.edu

How To Register For Classes

Complete the registration form on page 23 and mail it, along with payment, to CCC-Student Accounts, P.O. Box 4903, Grand Island, NE 68802. Or you can drop off your registration and payment at our campus, 3134 West Highway 34, Grand Island. Please use one form per person; you may make copies if you need more forms. Returning students can register online at www.cccneb.edu/commed. Follow the directions on page 16.

Questions? Contact Community Education Coordinator Judy Weston at 308-398-7445 or email elsgi@cccneb.edu.

To secure your place in a class, payment should be received at least one week prior to the class start date unless other arrangements have been made. If you are unable to attend a class you’ve registered for, please let us know prior to the first class meeting so your place can be filled.

No refunds will be given after the first class for classes that meet 1 or 2 times; none after the second class for classes that meet three or more times. Your registration fee must accompany your registration form for all classes. Checks should be payable to Central Community College.

Affirmative Action/Equal Opportunity

Central Community College (CCC) does not discriminate on the basis of race, color, ethnicity, religion, sex, age, marital status, national origin, veteran status, sexual orientation, disability, or other factors prohibited by law, in matters of employment, admissions, financial aid, or other activities and opportunities as set forth in compliance with federal and state statutes and regulations.

Any person having inquiries concerning Central Community College compliance with Title II, Title IV, Title VI, Title IX, the Age Discrimination Act, and/or Section 504 should contact: Human Resources Executive Director, 3134 W Highway 34, PO Box 4903, Grand Island NE 68802-4903, 308-398-4222, cwaddle@cccneb.edu.

Persons seeking further information concerning career and technical education offerings at Central Community College and any specific pre-requisite criteria for the various programs of study should contact: Public Relations Officer, 3134 W Highway 34, PO Box 4903, Grand Island NE 68802-4903, 308-398-4222, jstrayer@cccneb.edu.

To obtain this information in a language other than English or in an alternative format email jstrayer@cccneb.edu or call 308-398-7355.
If you would like to take one or more of the classes listed in this catalog, complete the registration form below and return it by mail or in person to the Student Accounts Office, 3134 W Highway 34, PO Box 4903, Grand Island, NE 68802. Please use one form per person.
UGotClass provides courses and certificate programs designed and taught by leading practitioners and professionals in their career fields for individuals wishing to boost job skills and business potential in the 21st century. These courses will help you maximize your business potential and meet your own professional goals. Turn to page 20 for information on available courses.