

West of Minth 5K Run/Walk

"a family-friendly community event to promote change in west Louisville"

Participation in this "healthy hometown", 5K Run/Walk supports a movement toward improved economic conditions in west Louisville. This event empowers youth to have voice in community affairs that affect their lives and their future.



(check-in begins at 7:30am. Runners start at 8:30am. Walkers start at 8:40am)









Old Walnut Street

Louisville Central Community Centers, Inc. 1300 West Muhammad Ali Boulevard For more information contact: (502) 583-8821 Sponsorships opportunities available









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REGISTRATION FORM

Please send to Louisville Central Community Center, 1300 West Muhammad Ali Boulevard, Louisville, KY 40203.

Name								
Address								
City				_State		Z	p Code	
Home Phone				Work Phone			Cell	
Email Address								
Age					ale		Female	
T-Shirt Size: please	e circle one: Small		ledium	Large	x	-Large	XX-Large	
Please circle your o	division:							
	7-12	13-18	19-29	30-39	40-49	50-59	60 - up	
Registration Cost:	General	\$20.0	D					
Form of payment:								
	Cash		Chec	:k		Credit Car	d	

Release and waiver (please read and sign)

I know that running/walking is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore, I assume the risk of running/walking in traffic. I also assume any other risks associated with running/walking this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event. Knowing these facts and inconsideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administers, or anyone else who might sue on my behalf covenant not to sue, and waive, police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or any other record of the event for any purpose. Minors will be accepted with a parent or guardian's signature.