



937 Dixon Blvd.  
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#### Brevard Navigator Project

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# Health & Wellness *Brevard*

ADDRESSING THE HEALTH INSURANCE NEEDS OF INDIVIDUAL CONSUMERS AND SMALL BUSINESSES IN BREVARD.

**Welcome to the Brevard HealthSource directory, your one-stop resource for local medical providers in Brevard County! Here you can search our database to find a local doctor, dentist or medical facility near you, or learn more about local health professionals.**

<http://www.brevardhealthsource.com/>

## United Way Health Literacy Program Planning Meeting



**August 3, 2016  
9 am—10:30 am  
United Way of Brevard Conference Room  
937 Dixon Blvd.  
Cocoa, FL 32922**

**rsvp by email to [kheinly@uwbrevard.org](mailto:kheinly@uwbrevard.org).  
Space is limited.**



**Healthiest Weight Brevard  
Mayor's Fitness Challenge  
Planning Meeting  
Tuesday, July 19th, 8:30am  
Suntree Office Tower,  
6905 North Wickham Road  
Melbourne, FL 32940**

Would you like to receive this bi-monthly newsletter of health and wellness meetings and events? Send me an email at [kheinly@uwbrevard.org](mailto:kheinly@uwbrevard.org).



RSVP for the Next  
Statewide Call

July 21, 2016 • 6:00 p.m.

Join us for a statewide conference call on July 21 at 6:00 p.m. The call will feature a Q&A with national health policy expert, Joan Alker from the Georgetown University Center for Children and Families.

CLICK HERE: [RSVP](#)

United Way LIVE UNITED

Florida  
KidCare

## FLORIDA KIDCARE BUSINESS ROUNDTABLE Lunch and Learn

**What:** Florida KidCare Coalition of Brevard would like to invite business representatives to attend a roundtable discussion focusing on Florida KidCare and its benefits for employers.

**Who:** Business Representatives, Executives, and HR Professionals

**When:** Thursday, September 29, 2016  
11:30 am – 1:30 pm

**Where:** Bill Posey Conference Center  
2555 Judge Fran Jamieson Way, Viera

Please RSVP to  
[kheinly@unwbrevard.org](mailto:kheinly@unwbrevard.org)



***Don't let Florida's kids be a mosquito snack.  
Teach them to cover up and Spill the Water!***

Mosquitoes are more than just an everyday nuisance, they can carry dangerous diseases like West Nile and Zika virus. As Florida's youth head outside to play this summer, we need to protect kids from mosquito bites by teaching them to cover their skin with long clothing and repellent and to [Spill the Water!](#) around their home.

Led by the Florida Department of Health, [Spill the Water!](#) is a fun, educational campaign that teaches kids about mosquitoes. Mosquitoes can breed in as little as one teaspoon or a bottle cap of water, so eliminating sources of standing water around homes is critical to keep mosquitoes from multiplying. When kids Spill the Water!, they can be superheroes in their home and community!

SpilltheWater.com is full of great resources tailored to kids, parents and teachers including:

A 30-second superhero themed [video](#) just for kids;

[Activity sheets](#) for pre-K, elementary, middle and high school levels;

A [Teacher Tool](#) filled with brain teaser exercises that correspond to activity sheets and meet Florida Standards benchmarks;

Important information for parents about how to protect their kids from mosquitoes; and

Resources for young adults to volunteer to help Spill the Water! in their community.

Don't let Florida's kids be a mosquito snack. Teach them to cover up and Spill the Water! For more information and tips on how to protect yourself from mosquito bites, please visit [www.FloridaHealth.gov](http://www.FloridaHealth.gov).



August 13, 2016

11:00 AM – 4:00 PM

Malabar Community Park  
1850 Malabar Rd  
Malabar, FL 32950

To RSVP or For More Information, contact:

Sandra Garcia  
321-960-4345  
[sandra@4elac.org](mailto:sandra@4elac.org)

Meals on Wheels of America is featured in a new national campaign by the Ad Council designed to recruit new volunteer drivers. A lot of our long-time drivers in Brevard county are "aging out" and we need to replace them. It's a pretty fantastic series of videos – here's one to share. Thank you!

<https://www.youtube.com/watch?v=9R3dQAq6SfY>