

YOUTH TRACK REGISTRATION FORM

Join your peers on Friday, May 27 from 8:30 a.m. – 2:30 p.m. at the Best Western in Marlborough, MA! This is an opportunity for youth and young adults, ages 13—25, to come together, network, share our stories, and create real change in our own lives, schools, communities, and state systems that serve us! Our Youth Track runs alongside the parent and professional conference offerings, so there really is something for everyone at this event. Our Youth Track is open to any youth or young adult who has lived experience of behavioral, emotional, or mental health needs.

Workshop	Choices
MORNING	(check one)

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- O What's up Doc Focus on mental health diagnosis, anxiety, mindfullness, Your Body, Mind, and Emotion
- O What Makes an Animal More Than Just a Pet? Learn about ESA: Emotional Support Animals

AFTERNOON (check one)

- O How do you support someone who is LGBTQ?
- O Prevention is KEY! Supporting Friends in Crisis

No. of Attendees: ___ x \$10 = ___ (List multiple names and workshop choices on back)

Please Return this Form To: PPAL

15 Court Square, Suite 660, Boston, MA 02108

Questions? Call: 508 767 9725 x210

Scholarships Available

Email: conference@ppal.net to make a request