

## Conference Location

The conference will be held at Wild Horse Pass Casino and Resort, 5040 Wild Horse Pass Boulevard (just off the I-10 Exit at Wild Horse Pass), Chandler, Arizona 85048. **Wild Horse Pass Hotel & Casino is offering the reduced rate of \$149 plus tax for event guests until the cutoff date of March 19th.** To confirm, please call reservations at 520-796-4900 or 800-WIN-GILA and ask for the Arizona Psychiatric Society rate. This Four Diamond Awarded casino hotel features comfortable rooms & amenities galore! Enjoy 7 restaurants including 24 hour room service, 4 lounges, and live entertainment. Neighboring Whirlwind Golf Course, Phoenix Premium Outlets, Rawhide Western Town, Aji Spa & Koli Equestrian Center. Parking is free at Wild Horse Pass.

## Arizona Psychiatric Society's Officers

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Payam M. Sadr, MD, FAPA, President-Elect  
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Jehangir B. Bastani, MD, DLFAPA, APA Assembly Rep.  
Felicitas Koster, DO, Resident-Fellow Member Rep.

## Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Joint Sponsorship of The American Psychiatric Association and The Arizona Psychiatric Society. The American Psychiatric Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychiatric Association designates this live educational activity for a maximum of **8.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Needs Assessment

The Meeting Planning Committee selected these topics after careful review of evaluations and suggestions from previous meetings, requests from Society members, and review of current literature.

## Educational Objectives

Following this activity, participants will be able to:

### Pierre N. Tariot, MD

- Differentiate the clinical/biological features of Alzheimer's.
- Recognize the nature of experimental approaches to treatment and prevention of Alzheimer's disease.
- Analyze the current rationale and design of Alzheimer's prevention research.

### Anna Ratzliff, MD

- List principles of Collaborative Care.
- Recognize the challenges and rewards of working as part of a Collaborative Care team.
- Apply one of the Collaborative Care principles to current clinical practice.

### Steven R. Pliszka, MD

- Define the scientific rationale behind the development of the criteria of Disruptive Mood Dysregulation Disorder (DMDD).
- Differentiate Bipolar mania from DMDD and Mood Disorder, unspecified, and review the neurobiology of the same.
- Discuss pharmacological treatment of DMDD.

### Joseph F. Abate, Esq.

- Summarize the key legislative issues affecting the practice of psychiatry and other physicians.
- Identify legislative issues on the horizon and effective ways in which to become involved at a grassroots level..

### Steven Dingle, MS, MD

- Describe the status of the FY2014 behavioral health budget in Arizona and what to expect in FY2014 and beyond.
- Discuss the status of the Maricopa County RBHA contract and identify Arizona's efforts to integrate services..

### Pedro L. Delgado, MD

- Explain dimensional approaches to categorizing psychiatric illness.
- Identify the anatomical systems that are involved in relevant neuropsychological processes and emotional regulation.
- Assess the properties of drugs and other interventions that may be useful in modifying brain processes.

### Jose R. Maldonado, MD, FAPM, FAFCE

- Break down the neurobiology of alcohol's effects in the brain and the mechanisms of different forms of withdrawal syndromes (AWS).
- Explain the basis of new, non-benzodiazepine based approaches in the management of AWS.

- Evaluate new tools designed to predict those at risk.

### Karen Weihs, MD

- Define pathways to resilience in the Palliative Care Patient.
- Describe the most common psychiatric symptoms.
- Identify the differences between a palliative care approach and a curative approach.
- Formulate the goals of care and integrate family.

# Changing the Practice and Perception of Psychiatry: Delivering Optimal Care In An Integrated Setting

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**THE AMERICAN  
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PSYCHIATRIC  
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in conjunction with  
**THE ARIZONA CHAPTER OF THE  
ACADEMY OF CHILD AND  
ADOLESCENT PSYCHIATRY**



**April 12, 2014**



**Wild Horse Pass Casino and Resort  
5040 Wild Horse Pass Blvd.  
Chandler, Arizona 85048  
Phone: 800-WIN-GILA**

## Guest Faculty

### Pierre N. Tariot, MD

Director, Banner's Alzheimer's Institute

### Anna Ratzliff, MD, PhD

Assistant Professor; Associate Director for Education,  
Division of Integrated Care & Public Health  
Department of Psychiatry & Behavioral Sciences  
University of Washington, AIMS Center

### Steven R. Pliszka, MD

Professor and Interim Vice Chair  
Chief, Division of Child and Adolescent Psychiatry  
The University of Texas Health Science Center at San Antonio

### Joseph F. Abate, Esq.

APS Lobbyist, Of Counsel – Curtis, Goodwin,  
Sullivan, Udall & Schwab, PLC

### Steven Dingle, MS, MD

Chief Medical Officer, Arizona Division of Behavioral  
Health Services, State of Arizona Department of  
Health Services

### Pedro L. Delgado, MD

Professor of Psychiatry, Dielmann Distinguished  
Chair in Psychiatry, School of Medicine, The  
University of Texas Health Sciences Center at San Antonio

### Jose R. Maldonado, MD, FAPM, FACFE

Associate Professor of Psychiatry, Internal Medicine,  
Surgery, Emergency Medicine & Law; Medical  
Director; Psychosomatic Medicine Service; Chief,  
Medical Psychotherapy Clinic, Stanford

### Karen Weihs, MD

Professor of Psychiatry  
Medical Director, Psychosocial Oncology Services  
University of Arizona Cancer Center, North Campus

## Meeting Planning Committee

Gretchen B. Alexander, MD  
Michael E. Brennan, MD, DLFAPA  
Emerson B. Bueno, MD, FAPA  
Tariq M. Ghafoor, MD  
Amie E. Kafer, DO  
Joanna K. Kowalik, MD, MPH  
Elise Leonard, MD  
Payam M. Sadr, MD, FAPA  
Monica Taylor-Desir, MD, MPH  
Ole J. Thienhaus, MD, DFAPA  
Kytja Voeller, MD  
Teri Harnisch

## Conference Schedule

FRIDAY NIGHT RECEPTION 6:30 – 8:30 pm

### SATURDAY PROGRAM:

7:00 TO 7:50 a.m. - *Registration, Continental Breakfast*

7:50 to 8:00 a.m. - *Welcome and Opening Remarks*

8:00 to 8:45 a.m. – *Alzheimer's Prevention: Pipedream or Possibility*

Pierre N. Tariot, MD

8:45 to 9:00 a.m. - Q&A with Dr. Tariot

9:00 to 10:00 a.m. – *Integrated Mental Health Care:*

*Closing The Gap Between What We Know and What We Do*

Anna Ratzliff, MD, PhD

10:00 to 10:15 am - Q&A with Dr. Ratzliff

10:15 to 10:35 a.m. - Coffee Break / Visit Exhibitors

10:35 to 11:35 a.m. – *Mood Dysregulation in Children: What's Bipolar and What's Not*

Steven R. Pliszka, MD

11:35 to 11:50 a.m. - Q&A with Dr. Pliszka

11:50 a.m. to 12:30 p.m. - Lunch Break

12:30 to 1:00 p.m. - Business Meeting

1:00 to 1:30 p.m. - *Legislative Update and Q&A*

Joseph F. Abate, Esq.

1:30 to 2:15 p.m. – *Update from State of Arizona DHS, Behavioral Health Services and Q&A*

Steven Dingle, MS, MD

2:15 to 3:15 p.m. – *Diagnostic Principles in Psychopharmacology*

Pedro L. Delgado, MD

3:15 to 3:30 p.m. - Q&A with Dr. Delgado

3:30 to 3:50 p.m. - Break

3:50 to 4:35 pm – *Pathophysiology of Alcohol*

*Withdrawal: Novel Treatments Beyond Benzodiazepines*

José R. Maldonado, MD, FAPM, FACFE

4:35 to 4:50 p.m. - Q&A with Dr. Maldonado

4:50 to 5:35 p.m. – *Palliative Care and Psychiatry: Providing Supportive Care to the Palliative Patient*

Karen Weihs, MD

5:35 to 5:50 p.m. – Q&A with Dr. Weihs

## Registration Form

Arizona Psychiatric Society  
2014 Annual Spring Meeting  
April 12, 2014

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

APS Member **FREE** \_\_\_\_\_

Spouse \$90.00 \_\_\_\_\_

AACAP Member (full day) \$150.00 \_\_\_\_\_

ArMA Member \$150.00 \_\_\_\_\_

Out of State APA Member \$150.00 \_\_\_\_\_

Non-member Physician \$295.00 \_\_\_\_\_

Other Practitioner \$295.00 \_\_\_\_\_

Resident / Medical Student **FREE** \_\_\_\_\_

Please check here to also register  
for the Friday, April 11, Reception \_\_\_\_\_

### REGISTER TODAY:

Online: <https://aps-annual-041214.eventbrite.com>

FAX this completed form to Teri Harnisch at 602-288-5103, or E-MAIL [teri@azmed.org](mailto:teri@azmed.org).

BY REGULAR MAIL, Please make check

payable to: Arizona Psychiatric Society  
810 W. Bethany Home Rd., Phoenix, AZ 85013

Payment may be made by VISA, MC, Amex, or Discover. To authorize, please complete the following:

PRINT NAME: \_\_\_\_\_

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Questions? Call Teri at 602-347-6903.