

## Conference Location

The conference will be held at the Scottsdale Resort & Conference Center, 7700 East McCormick Parkway, Scottsdale, Arizona 85258. **Scottsdale Resort & Conference Center is offering a group rate of \$179 plus tax and \$20 resort fee for guests while room availability lasts.** To book now, please call the Scottsdale Resort & Conference Center Reservations Line at 800-540-0727 and ask for the Arizona Psychiatric Society rate. Scottsdale Resort is a AAA Four Diamond resort centrally located in Scottsdale. Complimentary valet parking is available (gratuity optional). Parking in the hotel parking structure is complimentary, but please note the covered ground level is self parking for handicapped only and a decal is required.

## Arizona Psychiatric Society Officers

Payam M. Sadr, MD, FAPA, President  
Roland Segal, MD, FAPA, President-Elect  
Gurjot K. Marwah, MD, Vice President  
Aaron R. Wilson, MD, Treasurer  
Monica Taylor-Desir, MD, MPH, FAPA, Secretary  
Joanna K. Kowalik, MD, MPH, Past President  
Tariq M. Ghafoor, MD, Immediate Past-President  
Gretchen Alexander, MD, Past President  
Jehangir B. Bastani, MD, DLFAPA,  
APA Assembly Representative  
Jasleen Chhatwal, MD, and Matthew Goldenberg, DO,  
Resident-Fellow Member Co-Representative

## Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Arizona Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians. The American Psychiatric Association designates this live activity for a maximum of **8.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Needs Assessment

The Meeting Planning Committee selected these topics after careful review of evaluations and suggestions from previous meetings, requests from Society members, and review of current literature.

## Educational Objectives

Following this activity, participants will be able to:

### Nicholas Breitborde, PhD

- Explain the rationale for early intervention for psychotic disorders.
- Report outcome data from treatment centers providing specialized interventions to individuals early in the course of a psychotic disorder.
- Describe future directions in early intervention for psychotic disorders.

### Rakesh Jain, MD, MPH

- Differentiate the neurobiology of wellness, and how enhanced wellness impacts mind-body functioning.
- Explain how low wellness presence impacts outcomes in individuals with depression.
- Identify how mental wellness can be measured in clinical practice and propose how wellness practices can be brought into clinical practice

### Stuart W. Twemlow, MD, DLFAPA

- Employ change in handling referrals of threatening children to a more comprehensive model described.
- Utilize more direct work with schools and their problems in handling violence including bullying in the school culture.
- Practice more direct work with parents in assisting them help their children and recognize when to take action.

### Vincent J. Felitti, MD

- Assess the unrecognized magnitude of adverse life experiences in childhood
- Recognize their relationship to adult well-being, disease, social malfunction, and premature death.
- Correlate the measured benefits of routine, universal screening for these in Medicine.

### Katherine L. Wisner, MD, MS

- Describe impact of maternal depression during pregnancy and postpartum.
- Discuss the benefits and risks of antidepressant treatment during pregnancy.
- Evaluate non-drug interventions for perinatal depression.

### Carol K. Olson, MD, FAPA, Panel Moderator

- Describe current models of care integration in the Phoenix area.
- Distinguish the needs of primary care providers related to behavioral health consultation/services.
- Compare the role of psychiatrists within various integrated care models.

# Preventive Psychiatry: Benefits of Early Intervention



Jointly Provided by  
**THE AMERICAN  
PSYCHIATRIC  
ASSOCIATION**

and

**THE ARIZONA  
PSYCHIATRIC  
SOCIETY**



in conjunction with

**THE ARIZONA CHAPTER OF THE  
ACADEMY OF CHILD AND  
ADOLESCENT PSYCHIATRY**

**April 18, 2015**



*Scottsdale Resort  
& Conference Center*

**7700 East McCormick Parkway  
Scottsdale, Arizona 85258  
Phone: 800-540-0727**

## Guest Faculty

### Nicholas Breitborde, PhD

Assistant Professor, Department of Psychiatry;  
Director, Early Psychosis Intervention Center  
(EPICENTER), University of Arizona

### Rakesh Jain, MD, MPH

Clinical Professor, Department of Psychiatry, Texas  
Tech University Health Science Center School of  
Medicine; Associate Clinical Professor, Department  
of Psychiatry and Behavioral Health Sciences,  
University of Texas Medical School

### Stuart W. Twemlow, MD, DLFAPA

Retired Professor of Psychiatry and Senior  
Psychiatrist, Menninger Department of Psychiatry,  
Baylor College of Medicine, Houston, Texas;  
Visiting Professor, University College London  
(Health Sciences)

### Vincent J. Felitti, MD

President, California Institute of Preventive  
Medicine; Co-Principal Investigator of the Adverse  
Childhood Experiences (ACE) Study; Clinical  
Professor of Medicine, Faculty of Department of  
Medicine, UCSD; Founder of the Department of  
Preventive Medicine for Kaiser Permanente

### Katherine Leah Wisner, MD

Director, Asher Center for the Study and Treatment  
of Depressive Disorders; Norman and Helen Asher  
Professor; Professor in Psychiatry and Behavioral  
Sciences and Obstetrics and Gynecology,  
Northwestern University Feinberg School of  
Medicine

### Carol K. Olson, MD, FAPA

Chair, Department of Psychiatry, Maricopa  
Integrated Health Systems, Inc., APA Train-the-  
Trainers Arizona Delegate on Health Care Reform

## Meeting Planning Committee

Gretchen Alexander, MD

Emerson Bueno, MD, DLFAPA

Tariq Ghafoor, MD

Amie Kafer, DO

Urszula Kotlow, MD

Joanna Kowalik, MD, MPH

Aaron V. Riley, MD

Payam Sadr, MD, FAPA, Chair

Monica Taylor-Desir, MD, MPH, FAPA

Ole Thienhaus, MD, DLFAPA

Kytja Voeller, MD

Teri Harnisch, Staff

## Conference Schedule

FRIDAY AWARDS RECEPTION 6:30–8:30 pm

### SATURDAY PROGRAM:

7:00 TO 7:50 am - *Registration, Continental Breakfast*

7:50 to 8:00 am - *Welcome and Opening Remarks*

8:00 to 9:00 am - *Early Intervention in Action*

Nicholas Breitborde, PhD

9:00 – 9:15 am - Q & A with Dr. Breitborde

9:15 – 10:15 am - *Wellness in Psychiatry: The Neuro-  
science Driven New Treatment Paradigm for Optimum  
Outcomes*

Rakesh Jain, MD, MPH

10:15 – 10:30 am - Q & A with Dr. Jain

10:30 – 10:50 am - *Break / Visit Exhibitors*

10:50 – 11:50 am - *Assessing Adolescents Who Threaten  
Violence in Schools*

Stuart W. Twemlow, MD, DLFAPA

11:50 – 12:20 pm - Q & A with Dr. Twemlow

12:20 – 1:00 pm - *Lunch*

*Visit Exhibitors / Peer Poster Presentations*

1:00 – 1:30 pm - *APS Business Meeting and Report from  
Awards Dinner/Awards and Recognitions from Friday  
Evening Ceremony*

1:30 – 2:30 pm - *Adverse Childhood Events and Their  
Relationship to Adult Well-Being, Disease, and Social  
Malfunction*

Vincent J. Felitti, MD

2:30 – 2:45 pm - Q&A with Dr. Felitti

2:45 – 3:45 pm - *Treating Mood Disorders During  
Childbearing: Are We Asking the Right Questions?*

Katherine Leah Wisner, MD

3:45 – 4:00 - Q&A with Dr. Wisner

3:00 – 4:20 pm - *Break / Visit Exhibitors*

4:20 – 5:35 pm - *Panel on The Role of the Psychiatrist in  
Integrated Care and Early Intervention*

Moderator: Carol K. Olson, MD, FAPA, Chair, Depart-  
ment of Psychiatry, Maricopa Integrated Health Systems,  
Inc., APA Train-the-Trainers Arizona Delegate on Health  
Care Reform; Steven Dingle, MS, MD, Chief Medical  
Officer, ADHS Division of Behavioral Health Services;  
Shelley Doumani-Semino, MD, FAPA, Deputy Medical  
Officer Behavioral Health, Mercy Maricopa Integrated  
Care; Baharak Tabarsi, MD, ABFM, Medical Director,  
Whole Health Clinics, Attending Physician, Sunnyside  
Family Health Center; Gary Grove, MD, DFAPA, and  
Gurjot Marwah, MD, Private Practice Psychiatrists; Stuart  
W. Twemlow, MD, DLFAPA, Guest Speaker.

## Registration Form

### Arizona Psychiatric Society

2015 Annual Spring Meeting - April 18, 2015

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

APS Member **FREE** \_\_\_\_\_

Spouse \$90.00 \_\_\_\_\_

AACAP Member (full day) \$150.00 \_\_\_\_\_

ArMA Member \$150.00 \_\_\_\_\_

Out of State APA Member \$150.00 \_\_\_\_\_

Non-member Physician \$250.00 \_\_\_\_\_

Other Practitioner \$250.00 \_\_\_\_\_

Resident / Medical Student **FREE** \_\_\_\_\_

**Please check here to also register for  
the Friday, April 17, Awards Reception** \_\_\_\_\_

**Help us save costs and the planet and  
download the presentations.  
Check here if you want paper print-outs** \_\_\_\_\_  
(\$5 copy contribution appreciated; collected on site).

### REGISTER TODAY:

Online: <https://aps-annual-041815.eventbrite.com>

FAX to Teri Harnisch 602-242-6283, or E-MAIL

teri@azmed.org. BY REGULAR MAIL, Please

make check payable to: Arizona Psychiatric  
Society, 810 W. Bethany Home Rd., Phoenix, AZ  
85013. Payment may be made by VISA, MC,  
Amex, or Discover. To authorize, please complete  
the following:

PRINT NAME: \_\_\_\_\_

SIGN NAME: \_\_\_\_\_

BILLING ZIP CODE: \_\_\_\_\_

CARD NUMBER: \_\_\_\_\_

EXP.: \_\_\_\_\_ CVV SEC No. \_\_\_\_\_

Questions? Call Teri at 602-347-6903.