

Have you thought about your health for the Fall?

Homeopathic Workshop on Colds & Flu – Sun Oct 25 at 1:30 pm at Beyond Yoga – Presented by SourceFull

Join Maria Reid, Registered Homeopath, as she provides information on how to treat colds, flu symptoms, fevers & sore throats in a natural and holistic way using homeopathic remedies. No previous knowledge of homeopathy is necessary.

Cost is \$25/person; includes a coupon for \$10 off your initial consultation with Maria (should you choose to make an individual appointment); please email sourcefull@rogers.com to register or for more information.