



Hardin-Simmons University Physical Therapy Kinesio Taping Seminar

Registration Form

Your Name As You Would Like It To Appear On Completion Certificate:

Professional Title & Licensure #:

Name of your facility/clinic :

Address:

Work Phone:

Fax:

E-mail Address:

Home Address:

Phone Number:

Pay by Credit Card to:

<https://commerce.cashnet.com/HSUTXPTD>

(a 2.75% fee will be charged for all CC payments)

Or make Checks Payable to: HSU Department of Physical Therapy

PT/PTA, OT/OTA, AT: \$425

Students: \$325

Credit Card: _____

Check: _____

Cash: _____

Please mark
method of
payment



Hardin-Simmons University
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Kinesio Taping Seminar KT1 - KT2

Hardin-Simmons University Physical Therapy

KT1 FUNDAMENTAL CONCEPTS OF THE KINESIO TAPING METHOD

(To be taken in conjunction with KT2)

The KT1 course is designed to introduce practitioners to the Kinesio Taping Method. Over the course of this eight-hour class, the Certified Kinesio Taping Instructor (CKTI) will discuss the fundamental concepts of the Kinesio Taping Method and the unique properties and use of Kinesio Tex Tape. During lab sessions, attendees will have ample time to practice screening and muscle testing created for the enhancement of their Kinesio Taping skills and muscle applications for both the upper and lower body. Upon completion of this course, attendees will be able to discuss and apply the Kinesio Taping Method to relax overuse syndromes, stimulate weak muscles, and decrease pain and swelling. In addition to instruction provided by the CKTI, the attendees will receive the full-color Kinesio Taping KT1 & KT2 Workbook to augment their training. Each attendee will also receive a 60-day membership to the Kinesio Taping Association which includes access to a reference database.

KT2 ADVANCED CONCEPTS & CORRECTIVE TECHNIQUES OF THE KINESIO TAPING METHOD

(Prerequisite, completion of KTA approved KT1 course)

The KT2 course builds on material learned in KT1. During this eight-hour class, the CKTI will introduce the six Corrective Techniques (Mechanical, Functional, Space, Fascia, Ligament/Tendon, and Lymphatic) and discuss their application in a variety of clinical conditions. During lab sessions, attendees will have ample time to practice applying these techniques to a variety of upper and lower body conditions. Upon completion of this course, attendees will be able to discuss and apply the Kinesio Taping Method to orthopedic & neurological conditions.

Pending Approval for 16 CCUs from TPTA

Course will be conducted at HSU
Physical Therapy Building Mabee Hall

Visit www.hsutx.edu for a detailed map

SCHEDULE

INSTRUCTOR

Day One: Fundamental Kinesio Taping Saturday, September 12th

7:30am	Sign In
8:00am	Instructor Introduction & Bio
8:10am	Intro Kinesio Taping Concepts, Theory, History, Tape Qualities, Finger Demo, Intro Five Major Physiological Effects; Skin, Circulatory & Fascia Function; Sacrospinalis Demo; Fascia & Muscle Function; Basic Application Concepts
10:00am	Break
10:15am	Joint Function; Biotensegrity; Application Basics, Preparation, Precautions; Intro to Kinesio Taping Assessment Tests; Q&A
11:30am	Lunch (on your own)
12:30pm	Kinesio Taping Assessments & Labs: Cervical Paraspinals; Scalenes Anterior; Rectus Abdominus; Pec Major & Rhomboid Major; Gluteus Medius
3:00pm	Break
3:15pm	Assessments/Labs Cont'd.: Quadriceps Femoris; Ext. Digitorum; Hamstrings; Ext. Policis Longus; Biceps Brachii; Deltoid
4:30 - 5:30pm	Assessment Q&A; KT1 Review & Q&A, Application Requests; Conclusion

Day Two: Advanced Kinesio Taping Sunday, September 13th

8:00am	Overnight Responses, Trouble Shooting: Basic Concepts of Corrective Techniques, Tension; Mechanical Correction: Patellar Tracking, Shoulder Instability
10:05	Break
10:20am	Fascia Correction: Lateral Epicondylitis, ITB
11:30am	Lunch (on your own)
12:30m	Space, Tendon & Ligament Correction: Elbow, Lumbar, Carpal Tunnel, MCL, Achilles
3:10am	Break
3:25am	Fascia/Ligament Correction: Plantar Fasciitis; Function Correction: Ankle & Wrist; Circulatory/Lymphatic Correction: Edema of Calf and/or Foot, Finger Sprain
5:10 - 5:30pm	Assessment Questions, Glossary Review, Application Requests; Q&A; Conclusion

**PT/PTA,
OT/OTA &
Athletic Trainers
Cost: \$425**

**Students
Cost: \$325**

Become KT certified!
The KT3 course will
be held at HSU
December 5, 2015.

Please bring your
own scissors
& proper attire
for taping
(tank top & shorts)

Pam Chua Samaniego, PT, CKTI, received her Physical Therapy degree from Cebu Doctors' University, Philippines in 1997. She has many years of experience in a variety of settings including acute care, outpatient, LTAC, home health, and skilled nursing facilities. She is currently employed by Encompass Home Health as Director of Specialty Programs. Pam was introduced to the Kinesio Taping method while working in an Outpatient clinic in 2003. She has used the Kinesio Taping method on a wide variety of patients for pain relief, edema control, post op joint replacement and muscle imbalance issues just to name a few. She has achieved good results with numerous types of patients using the Kinesio Taping method in addition to other PT treatment techniques. Pam's patients often refer to the Kinesio Tex Tape as "magic tape". Pam became a Certified Kinesio Taping Practitioner in 2004, Certified Kinesio Tape Instructor in 2005 and member of Kinesio Taping Association International. She is also a member of the American Physical Therapy Association(APTA) and Texas Physical Therapy Association (TPTA).

