



Harold Klemp
Spiritual Leader of Eckankar

Divine Spirit in Action

Arizona

Volume One

The Year of the Shariyat

October-December 2015

ECK Spiritual New Year

"The Year of the Shariyat" is the title for the new spiritual year beginning October 22, 2015. *The Shariyat-Ki-Sugmad* is the body of spiritual writings that form the ECK holy scriptures. These scriptures cut through the illusions of temporal power and lead Soul to wisdom, spiritual power, and freedom."

Harold Klemp,
Cosmic Sea of Words, p. 189



ECKANKAR invites you to join the celebration of 50 years of being a world-wide religion and 25 years of enjoying the Temple of ECK on October 23-25, 2015 in Minneapolis, MN. Sri Harold Klemp, the Mahanta (the inner guide), the Living ECK Master (the

outer teacher) shares truth for today—and for all time—on Saturday evening. The seminar will also include a slide show on ECK-ANKAR's history, roundtable discussions on topics for today, morning HU Songs to attune you to the life current, special displays at the Temple of ECK in Chanhassen, and so much more. Make your housing reservations online at www.ECK-seminars.org. You'll be glad you did!

"October 22nd, the birth date of the modern-day founder of Eckankar, Paul Twitchell, is celebrated as the spiritual new year in ECK."

Traditionally in the autumn, it signifies the high point or spiritual harvest in the year's cycle. This is the beginning of a new, higher cycle for the next year. "

Harold Klemp, *Cosmic Sea of Words*, p.62

A Spiritual Exercise to Meet Rebazar Tarzs

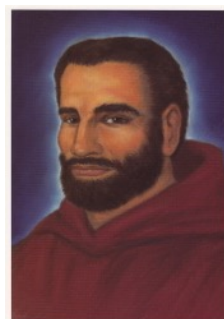
Relax in contemplation with eyes shut. Picture yourself on a beach, walking in sand at the ocean's edge. The warm waters dance about your feet, and a light ocean spray splashes a refreshing coolness on your face. Overhead, silent white gulls sail upon the wind.

Now breathe in as the waves gently wash toward you.

Then, on the outgoing breath sing *Rebazar* (REE-bah-zahr)

softly in rhythm with the waves fleeing back to the sea. Do this exercise twenty to thirty minutes a day. After you're skilled at it, Rebazar or another ECK Master will come and impart the wisdom of God to you.

Harold Klemp, *Those Wonderful ECK Masters*, p.117



Rebazar Tarzs (REE-bah-zahr TAHRZ) is the Torchbearer of Eckankar in the lower worlds. He was the spiritual teacher of many ECK Masters

The Value of Soul Travel

People ask, "Why is it so important in Eckankar to learn Soul Travel?"

Soul Travel, in a broad sense, is of much value because it is a link to the expansion of consciousness. The rule of destiny holds that people at some time will begin to awaken to who and what they are. A knowledge of past lives may also open to them by way of dreams or déjà vu. A few catch a glimpse of future events.

Note that Soul Travel means moving into the higher realms of God, to places people haven't yet dreamed of. Soul Travel reveals a majesty and security that abounds in the arms of God alone.



For this reason, Soul Travel transcends astral or mind travel, and rote prayer, elevating one into profound spiritual areas. Whenever Soul reaches the far orbits of the Inner planes through Soul Travel, the human heart opens to God's all-consuming love.

It is our very purpose to discover that love.

Harold Klemp
Spiritual Experiences Guidebook, p. 22-23

Truth is Here Now

"The Shariyat-Ki-Sugmad contains the wisdom and ecstatic knowledge of the spiritual worlds beyond the regions of time and space...."

The essence of God-knowledge is laid down here....

One will find within these pages an answer to every question man has ever devised to ask of any greater ones. All that which is truth is here now, within these pages."

The Shariyat-Ki-Sugmad, Books One & Two



Celebrating Our Past, Building Our Future



Divine Spirit in Action

My Call to Action

—A Lesson on Self-Discipline Comes in a Dream

by Margaret Murphy

On my spiritual journey home to God, I've found that sometimes I can get off track and not even realize it. Yet I know that if I stay open to the guidance of the Mahanta, the Inner Master, he will show me how to right my course.

During one particularly busy time, I neglected to give my spiritual life the proper attention and began to take the blessings of the ECK for granted. The Mahanta quickly helped me recognize this through a dream.

I'm watching a shabby, skinny dog in the street. He is very hungry and obviously not well looked after by his owner.

As he walks by, the dog gives me a piercing accusatory glance as if to say, "This is your fault! You don't pay any attention to me."

At first, the dog looks unfamiliar. Suddenly, to my horror, I recognize this is my dog! I have forgotten to feed my own dog, who is my responsibility and in my charge. How can this be?

I run to get food and water, hoping it's not too late to save him.

When I awoke, I didn't understand the meaning of the dream. I would never treat Midge like that. As I got ready to leave home to attend an ECK class, I asked the Mahanta for some insight.

During the class, we talked about dreams. When I started to share mine, I had a realization.

Up until that point, I had not been able to develop the spiritual

stamina necessary to keep up the daily Spiritual Exercises of ECK. Though this lack of discipline bothered me, I comforted myself with the idea that I was making progress with the fundamentals of ECK. But I knew eventually I would have to address this lack of self-discipline.

I now understood my dream. The Mahanta was showing me



Photo Courtesy of Jade

that just as the dog was starving for food, I was starving myself by not practicing the Spiritual Exercises of ECK. These exercises were my spiritual food and the very thing that would help me experience my full potential as Soul.

I was so grateful to the Mahanta for that insight. Now I understand how important it is to practice the spiritual exercises daily. They fill me up spiritually and can help me grow into a true Co-worker with God.

2015 *Eckankar Journal*, p. 55.

The Master's Gaze



His loving look can bring healing, spiritual aid, and upliftment or remove karmic burdens. You can experience this in the Master's physical presence, in contemplation, in the dream state, or via a photograph or painting.

Upcoming ECK Events

All events are FREE and open to the public. Check www.eck-arizona.org for the monthly Eckankar calendar of events to confirm exact locations, dates, and times.

Northern AZ

Flagstaff, Prescott, Sedona, and Cottonwood are currently hosting [Community HU Songs*](#) and Spiritual Chats** in their areas.

Central AZ

The greater metropolitan Phoenix area is hosting [ECK Worship Services](#), [Community HU Songs*](#) and Spiritual Chats**.

Southern AZ

The greater Tucson metropolitan area hosts [ECK Worship Services](#), [Community HU Songs*](#), Spiritual Chats**, and open book discussions.

*[Community HU Song](#) - singing HU, a love song to God, with a group for a few minutes followed by a short quiet contemplation

**Spiritual Chat - open discussion on a selected spiritual topic (one hour)



Find us on
Facebook

www.facebook.com/EckankarArizona

The Next Step

You've always known there's something more...

Now explore!! To have your free copy of Eckankar's Spiritual Experiences Guidebook and CD sent to you by mail, use this link or go to: SpiritualExperience.org.

You can also request it by calling: 1-888-LOVE GOD, or writing: Dept. ISEG, ECKANKAR, PO Box 2000, Chanhassen, MN 55317-2000

This booklet is free to anyone not a member of Eckankar.

—from *Spiritual Wisdom Journal*
Jan-Mar 2015

Local Information

For questions or inquiries, contact the Arizona Satsang Society, Inc, a Chartered Affiliate of ECKANKAR at EckankarArizona@aol.com or 1-877-300-4949

This publication is produced by the Arizona Satsang Society, Inc., A Chartered Affiliate of ECKANKAR. Copyright © 2015 ECKANKAR, All rights reserved. The terms ECKANKAR, ECK, EK, MAHANTA, SOUL TRAVEL, and VAIRAGI, among others, are trademarks of ECKANKAR, P.O. Box 2000, Chanhassen, MN.55317-2000 USA.