

Seven Peaks School

Extracurricular Activities Policy

2015-2016 School Year

Interscholastic athletics are valuable supplements to a student's education. Seven Peaks School shall endeavor to provide every student with opportunities to voluntarily participate in extracurricular physical activities that meet his or her needs, interests, and abilities. Each extracurricular physical activity program sponsored by in-school and non-school organizations shall be approved by the Athletic Director and principal and be supervised by the Athletic Director.

School authorities shall encourage and support the participation of all students in extracurricular activities, yet such participation is a privilege and not a right. Seven Peaks School will establish and equitably enforce reasonable eligibility requirements and probationary periods for participation in extracurricular activities such as:

- Satisfactory academic performance,
- Acceptable attendance record,
- Good conduct, including abstinence from the use of tobacco, alcohol, and other harmful drugs,
- Suitable health status of physical condition,
- Other criteria essential to safety and fairness and,
- Specific requirements of particular activities or sports.

Seven Peaks School shall adhere to the rules and regulations of the OSAA, Central Oregon Middle School Athletics Standard Operating Procedures, and the Bend Metro Park and Recreation rules and regulations. All coaches shall comply with the policies, regulation, rules and enforcement measures in this document.

Administrators, coaches, and other staff shall model sportsman-like attitudes and behaviors. Student athletes shall be taught good sportsmanship, such as treating opponents with fairness, courtesy, and respects, and shall be held accountable for their actions. School authorities shall evict spectators who do not handle themselves in a sportsman-like way.

In order for students to participate in interscholastic athletics, parents or legal guardians shall be informed in writing of potential risks associated with a given activity. Seven Peaks School will keep documentation on file for each participating student that includes;

- A statement signed by the students parent/guardian granting permission for the students participation;
- Emergency contact information for the student's parents/guardians and health care providers;
- Thorough health appraisal (physical examination) certifying the students fitness to participate, which is appropriate to the activity or sport, conducted within the past 12 months, and signed by a licensed physician;
- Proof of current accident or health insurance coverage; and
- A release signed by the parent/guardian that absolves the school from liability for injuries that may result from participant in school-sponsored physical activities unless negligence on the part of staff or coaches is proven.

Seven Peaks School charges a \$75.00 per year fee to participate in school-sponsored extracurricular sporting activities. Fees are used for purchase of new equipment and maintenance of the facility.

Family members and other adult volunteers are encouraged to become involved in extracurricular activities. All volunteers shall receive orientation about relevant state, district, and school policies, procedures, and standards of conduct and may be subject to background and reference checks.

Athletic Philosophy:

We believe that athletic participation provides a unique opportunity to fulfill many of the personal, social and physical needs common to middle school youth. Participation in appropriate competitive athletics increases and individual's sense of personal worth, self-discipline, respect and fair play, which can carry over into daily problem solving throughout life.

Coaches, teachers and parents have a shared responsibility to help guide, nurture and support youth in developing the confidence, skills and attitudes that will enable them to make good choices on and off the playing fields.

Through dedication, effort and practice, our youth will develop athletic skills, determination and attitudes that will contribute to personal success as well as team goals. Our goal is to develop life-long learners who enjoy and participate in a variety of healthful activities.

Rules, Regulation, and Expectations:

- Appropriate behavior for all athletes is mandatory at all times. Violations of school policies, Code of Conduct, building rules and athletic participation and training regulations will be dealt with according to school procedures and additional consequences may be applied, depending on the violation.
- Tobacco, Alcohol, and Other drugs are not permitted.
- Athletes must be on time (not tardy) the day of competition. Athletes must attend the full day of school the day of practice or competition.
- We expect athletes to be on time and attend the full day of school the day after competition.
- You must dress down for PE and participate to be eligible. Athletes who are sick or too injured to participate in PE classes shall be considered unavailable to and athletic event that same day or evening.
- Students shall not be allowed to participate in athletics or activities if they have outstanding fees, fines, or other charges due to the school.
- No athletes will be allowed to participate in a sport until all equipment from prior sports has been returned or proper restitution has been made.
- Students will be responsible for having written forms (physical, release, etc.) completed by parents/guardians on file with the athletic director prior to the first practice.
- Pay to participate is the responsibility of each student. Arrangements for payment must be completed prior to the first practice.
- Games and practices do not excuse the students from class work. It is the student's responsibility to make arrangements with appropriate staff members.
- Academic grade checks will occur at least one time during the season. Students must have a passing grade (C or above) in all subjects to be eligible for participation in athletic contests. However, they must still practice and attend all contests if they are ineligible.
- To become eligible for subsequent contests the athlete will need show that all grades have increased to a C or above in writing from the involved teacher(s).

Practice Schedules:

Practice times will be established by the school athletic director. Coaches will have the opportunity to choose which practice time will work best for their team. Practices will be no longer than one and one half hour per day. Athletes must participate in practice sessions for eight days prior to the first contest in that season.

Seven Peaks School fall athletics (Cross Country and Volleyball) will begin the second week of the school year and will usually end by mid-October. Boys Basketball is organized by Bend Metro Park and Recreation District (BMPRD) and will usually begin in the end of October and finish prior to Winter break. Girls Basketball through BMPRD will begin shortly after Winter break and end in the beginning of March. Seven Peaks School currently offers no spring sports; however, they will begin after Spring Break at other local Middle Schools.

Coaches will establish and review with their athletes the following information:

Class Work

- The athlete's first responsibility is to academic work.
- The athlete is responsible for any class work missed because of athletic involvement.
- If the athlete must remain with a teacher after school for class work, additional help, or classroom discipline, it is the responsibility of the athlete to inform the coach before practice.

Practice

- Time and location
- Equipment requirement
- Excuses from practice
- Entry and departure from building procedures

- Locker room responsibilities
- Expected responses to a coach's whistle or instructions
- Commitment to teammates

Pre and Post Game Procedures

- Transportation arrangements
- Time and Location to report
- Responsibilities while awaiting game time
- Care of Equipment
- Procedures when entering and leaving opponent's school

Parents

- Parents will be provided practice and game schedules
- Parents will be informed of equipment needs
- Parents will be personally informed of unacceptable attitude or behavior on part of their child
- Parents will be informed if their child resigns from a team

Game Day Release from Class:

In order to participate in practice or contests, the participants must be in attendance at school the full day of such practice or contest. Release time for students to travel to out of town events should be no more than 15 minutes before actual departure time.

Students participating in events at other local middle schools will need to make arrangements prior to dismissal with teachers of missed classes. Due to bussing schedule issues, other local schools may miss an excess of class time, therefore, Seven Peaks School families can make arrangements with the other schools to for separate transportation if desired.

Concerns:

Concerns about practices, player conduct, coaching issues, absence, etc., should first be brought to the coach's attention. If concerns are not met by the coach or coaching staff they can then be brought to the school's athletic director for review. The concerned party (ies) will be notified within three working days of the decision made by the athletic director or administration.

Seven Peaks School Athletic Eligibility Form

This section to be completed by Student/Parent/Guardian

Name _____ Parent/Guardian Names _____
Address _____ City _____ Zip _____
Phone _____ Bus. /Cell Phone 1. _____ 2. _____
Grade in School _____ Birthdate _____ Sex: Male _____ Female _____
Sports in which I plan to participate: Volleyball _____ Cross Country _____ Basketball _____
\$75 yearly fee: Check _____ Cash _____ Collected by/Date: _____

This application to compete in interscholastic athletic for Seven Peaks School is entirely voluntary on my part and is made with the understanding that I have not violated any of the eligibility rules or regulations of the school. I have read, understand and agree to follow the rules and regulations governing OSAA Athletic/Activity and school participation at Seven Peaks School as presented in the Parent/Student Handbook and attached document.

Student Signature _____ Date _____

Athletic Insurance Information

This section to be completed by Parent/Guardian

All school athletes must be covered by medical insurance provided by parent/guardian for the duration of the athletic activities in which they participate. *Inform the school immediately should there be a change in insurance coverage.*

Insurance Company Name _____ Policy # _____

Family Physician _____ Address & Phone # _____

CURRENT MEDICAL CONDITIONS

Medical Condition _____

Allergies _____

Medications _____

Parent/Guardian Permission

This section to be completed by Parent/Guardian

It is the parents/guardians responsibility to notify the school any time a medical problem occurs that would affect the health of the student as he/she participates in athletics.

I have read and completed all of the sections of this form and all statements are true to the best of my knowledge. I hereby give my consent for the above student to engage in school and state association approved athletic activities as a representative of Seven Peaks School. I also give my consent for this student to accompany the team when traveling to other schools. I am advised that students are held responsible for all players' equipment owned and issued by the school.

I have read and understand the implications of the rules and regulations governing the participation of my son/daughter in Seven Peaks School activities. I understand that he/she is expected to follow the rules and regulation for participation as outlined in the Parent/Student Handbook and attached document and should he/she violate the provision, he/she will be disciplined in accordance with procedures listed in the handbook.

In the event of an apparent or real emergency, in which medical treatment or hospitalization of my child may be necessary, after effort to contact me at the telephone number above, I the undersigned parent or guardian do hereby authorize and appoint Seven Peaks School, through its employees, to obtain any medical or hospitalization of the above named child as they believe necessary and proper for the immediate care and welfare of said child. I do further authorize and direct any medical doctor or hospital to render any and all treatment believed necessary and proper for the immediate care and welfare of the above named child and the undersigned agrees to pay for such medical treatment and expenses incurred on behalf of such child and shall hold Seven Peaks School harmless from any liability, claims, judgments, and cost incurred in or as a result of any such medical treatment or hospitalization.

I understand the school authorities will use their best judgment in determining emergency care and procedures. The school is authorized to obtain immediate medical treatment for my child.

Parent/Guarding Signature _____ Date _____