

Why shop at your local farmers market?

Easy to find. There are both national and local farmers market directories available on-line.

Use your SNAP and WIC benefits. Most farmers markets (and/or their vendors) accept federal nutrition assistance benefits. Some even offer matching programs to double your SNAP benefits.

Try a new fruit or vegetable! Farmers Markets offer great variety and unique produce and herb options.

Enjoy tasty, healthy produce. Freshly picked, ripe produce is at its peak in flavor and nutrition. Find seasonality guides on-line.

Get good recommendations on ways to prepare products. Just ask your farmers and fellow market goers about the best way to prepare a dish featuring products from the farmers market!

Find foods that align with MyPlate guidelines. Pick up seasonal fruits and vegetables, as well as local dairy, grain and protein products so you can build your fresh and healthy plate.

Get your kids involved in healthy eating. Let them choose something new to try and have them help prepare a meal or snack.

Strengthen your community. Meet your local farmers, learn about foods grown in your area and catch up with friends and neighbors while stocking up with local goods.

Supports your local farmers and keeps the money you spend closer to your neighborhood.

Source: Adapted from Nutrition.gov.

SAVE THE DATE!

Buy Local Challenge Week: July 18–26
National Farmers Market Week: August 2–8



Visit pgcountyfarmfun.com for updates!

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University of Maryland Extension, Prince George's County
6707 Groveton Drive, Clinton, MD 20735

Kim Rush Lynch

Agricultural Marketing Consultant

301-868-8780 | kimrush@umd.edu

www.extension.umd.edu/prince-georges-county

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2015 PRINCE GEORGE'S COUNTY FARMERS MARKETS



Photo credit: Karl Gary Photography

From the farm to your plate...

Bowie Farmers Market

Sundays: 8am—noon, May 17- October 25
Bowie H.S. Parking Lot, 15200 Annapolis Rd.
301-809-3078 (Matt Corley)
bowiefarmersmarket.org

Branch Avenue in Bloom Farmers Market

Saturdays: 9am—2pm, April 25- November 21
Iverson Mall Parking Lot, 3737 Branch Avenue
301-702-2250 (Fleming Thomas)
branchavenueinbloom.org

Cheverly Community Market

Alternate Saturdays: 8am-noon, May 30-October 24
Holiday Markets: 8am- 12pm, Nov. 21 & Dec. 12
6401 Forest Road
646-621-6968 (Kim Nemire)
cheverlycommunitymarket.com

College Park Farmers Market

Saturdays: 7am-noon, May 2- December 19
5211 Paint Branch Parkway
(Wells rink/Linson swimming pool parking lot)
301-399-5485 (Phil Miller)
facebook.com/CollegeParkFarmersMarket

Downtown College Park Farmers Market

Sundays: 10am-2pm, April 12- November 22
4500 Knox Road- *FREE parking on Sundays in garage next to City Hall*
240-487-3543 (Michael Stiefvater)
downtowncollegepark.org

Glenn Dale Farmers Market

Saturdays: 9am-1:30pm, May 2-November 21
Marietta Mansion, 5626 Bell Station Road
301-806-0111 (Donny Oluokun)
facebook.com/GlennDaleFarmersMarket

Greenbelt Farmers Market

Sundays: 10 am-2pm, May 10- November 22
Holiday Market: December 6
25 Crescent Rd (Municipal Bldg Parking Lot)
240-476-8769 (Nancy Solomon)
greenbeltfarmersmarket.org

Hollywood Farmers Market

Saturdays: 9am-1pm, April 25- December 19
9801 Rhode Island Avenue, College Park
301-659-6295 (Fazlul Kabir)
hollywoodmarket.org

Hyattsville Farmers Market

Tuesdays: 3pm-7pm, June 2- September 29
3799 East-West Highway
(Redeemer Lutheran Church lot)
301-985-5000 (Ellarose Preston)
hyattsville.org/farmersmarket

Laurel Farmers Market & Bazaar

Thursdays: 9am-2pm, June 4- October 29
378 Main Street, Laurel
301-483-0838 (Maureen Rogers)
facebook.com/groups/LaurelMarket

MedStar Southern MD Hospital Ctr Farmers Market

Alt Wednesdays: 12pm-4pm, June 3- September 23
7503 Surratts Road, Clinton
301-877-4399 (Charmaine Smalley)

Our Local Bounty:

St. Thomas Church Farmers Market

Saturdays: 8am-12pm, June 6- September 26
14300 St. Thomas Church Road, Upper Marlboro
301-627-8469 (Jeff Colburn)
stthomascroom.org/ourlocalbounty

Riverdale Park Farmers Market

Thursdays: 3pm-7pm, April 2- March 31
Winter market indoors (January - March)
Queensbury Rd & Rhode Island Ave
(MARC station parking lot)
301-586-5973 (Jim Coleman)
rpfm.org

**FOR THE MOST UP TO DATE INFORMATION,
VISIT WWW.PGCOUNTYFARMFUN.COM.**



accepts FMNP/WIC/FVC



vendors accept SNAP



market accepts SNAP



producer only



So. MD vendors participating



matching program
(i.e. MD Market Money)

Roots & Stems Farmers Market at National Church of God

Saturdays: 9am-2pm, May 2 - October 31
6700 Bock Road, Fort Washington
301-910-8076 (Phyllicia Hatton)

Roots & Stems Farmers Market at WSSC

Wednesdays: 11am- 3pm, May 13 - October 28
14501 Sweitzer Lane, Laurel
301-910-8076 (Phyllicia Hatton)

Southern Maryland Regional Farmers Market *Agriculture Wholesale Auction*

Plants & Flowers: 10am, Saturdays
& 2pm, Wednesdays, April 25- June 6
Produce: 7pm, Thursdays, June 11- October 26
Produce & Pumpkins: 7pm, Mondays
& Thursdays, September 14- October 26
Hay/Straw: 12pm, 1st & 3rd Saturdays, Nov- April
11701 Crain Highway (Route 301), Cheltenham
301-372-1066 (Kris Williams)
smrfm.webs.com

The Farmers Market at Maryland

Wednesdays: 11am-3pm, March 25- November 18
Cole Student Activities Building, Univ of Maryland
(Take Campus Drive Entrance)
240-305-6485 (Larry Tumlin)
farmersmarket.umd.edu

Up on the Hill Flea & Farmers Market

Saturdays & Sundays: 8:30am— 4:30pm,
April 11- November 7
3100 Branch Avenue, Temple Hills
202-476-9029 (Barry Carey)
fleamarketdcmetro.com

USDA (Beltsville) Farmers Market

Thursdays: 9:30am-2pm, May 7- October 29
5601 Sunnyside Avenue
George Washington Carver Center (Parking Lot B)
301-504-1776 (Carletha McGriff)

