

## What's Happening in Our Members' Businesses

Stay informed about events happening in the **Town of Manchester**, by receiving periodic emails with news about voting, taxes, leaf collection, committee meetings, road construction, fire safety, Town jobs, dog licensing, special events, and programs offered by the libraries, schools, health and recreation departments. Residents and those who work in Town are invited to sign up online at **[www.townofmanchester.org](http://www.townofmanchester.org)** or call **860.647.5235**.

Congratulations to **Brown Sugar Catering** on their 10<sup>th</sup> Anniversary! See what they can do for you at [www.brownsugarcatering.net](http://www.brownsugarcatering.net).

**October Kitchen** is holding a seminar titled Eating for Energy: Using Food to Fight Fatigue on Friday, April 10 from 6:30-7:30pm at MCC on Main. Join Naturopathic Physician, Dr. Tonya Pasternak and Chef Paul Finney as they discuss how to get the most energy out of the food you eat. Topics discussed will include creating a well-balanced meal, how blood sugar affects energy, nutrition for fighting fatigue-related conditions, and more. The event is free to attend and free meal samples will be provided. Please RSVP to 860-533-0588.

**Channel 3 Kids Camp** is holding a T-shirt design contest for artists aged 6-17. They are to craft a design that demonstrates what camp means to them with the use of one of the following words: character, believe, pride, trust, inspiration, teamwork, commitment, courage, strength, or leadership. Those who have never attended camp are welcome to enter. Send designs by e-mail to [s.vining@channel3kidscamp.org](mailto:s.vining@channel3kidscamp.org) with the subject line of "Enter me in the #C3KC T=Shirt Contest" or mail to Channel 3 Kids Camp, 73 Times Farm Road, Attn: Sue Vining, Andover, CT 06232. Submissions must be e-mailed or postmarked on or before May 22, 2015 to be considered.

Join fellow cancer advocates from across Connecticut for the **American Cancer Society** Cancer Action Network's annual advocacy day at the statehouse in Hartford. Make a difference and help keep cancer a top priority for lawmakers at the Capitol in the Old Judiciary Room on Wednesday, April 22 from 9am until 2pm. Refreshments will be served. RSVP at [www.ACSCAN.org/CTLobbyDay](http://www.ACSCAN.org/CTLobbyDay) or contact [Natalie.Cullen@cancer.org](mailto:Natalie.Cullen@cancer.org) or 203-379-4888.

*Tell us what's happening in your business. Send announcements and press releases to Corinne Sheehan, Administrative Assistant, News & Views Highlights, GMCC, 20 Hartford Rd., Manchester, CT 06040, or via e-mail, [corinne@manchesterchamber.com](mailto:corinne@manchesterchamber.com).*